SNOW & ICE

PREPARE YOURSELF
- Wear several layers of loose fitting, lightweight, warm clothing rather than one layer of heavy clothing. Outer garments should be tightly woven and water repellent
- Wear mittens, which are warmer than gloves
- Wear a hat
- Cover your mouth with a scarf to protect your lungs

PREPARE YOUR HOME:
- Winterize your home
- Cut away tree branches that could fall on a house during a storm.
- Insulate with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing.
- Learn how to shut off water valves (in case a pipe bursts).
- Hire a contractor to check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow - or water, if drains on flat roofs do not work.

PREPARE YOUR CAR:
- Perform or have a mechanic perform winter maintenance.
- Place a winter emergency kit in each car
- Install good winter tires
- Maintain at least a half tank of gas during the winter season.
More information available at:
http://www.emd.wa.gov/preparedness/prep_travel_preparedness.shtml

SUPPLIES:
- ROCK SALT to melt ice on walkways
- SAND to improve traction
- SNOW SHOVELS to remove snow
- HEATING FUEL—dry wood, etc.
- FIRE EXTINGUISHERS
(alternate heating sources increase fire risk)