

# LAKEWOOD

CONNECTIONS MAGAZINE • FALL 2015



## LEGISLATIVE UPDATE

Untangling traffic on JBLM/I-5 Corridor

## NAGC AWARD

Lakewood social media recognized nationally

### PARKS & RECREATION GUIDE

#### SENIOR ACTIVITY CENTER

*New Fall Schedule*

#### YOUTH BASKETBALL SIGN-UP

*Leagues for boys and girls*



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**PUBLISHER'S NOTE**

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Serving Lakewood quality handmade donuts for over 55 years. Stop on by and get happy with us!

**HOUSE OF DONUTS**

@OriginalHouseOfDonuts

Coffee and a Donut **\$1**  
(Buy one donut with coffee and donut w/ hole)  
Limit 1 per customer per day. Not good except on line of purchase. Not valid with any other offer. Expires 12/31/15

Buy 1 Donut Get 1 **FREE**  
(of equal or lesser value)  
Limit 1 per customer per day. Not good except on line of purchase. Not valid with any other offer. Expires 12/31/15



Welcome to the new Lakewood Connections Magazine!

Lakewood Connections is a collaborative partnership between the City of Lakewood and Philips Publishing Group. I am delighted to be able to work with Lakewood on this new project. My wife Denise graduated from Clover Park High School, and my father-in-law still lives in Lakewood.

As publishers of city magazines for the surrounding communities of Auburn, Burien, Des Moines, Edgewood and Normandy Park, our experience tells us that Lakewood residents can benefit from a four-color, glossy magazine that the City can use to inform the community about City services, as well as civic and cultural events—all the activities that make Lakewood a vibrant and healthy residential city.

The City owns the magazine and generates all the editorial content. As a resident of Lakewood, you will learn the details of City initiatives from the City leaders themselves. You'll learn about local civic and cultural events, and what's happening with the schools, the roads and the parks.

Lakewood Connections is also designed as an economic development tool to help the local retail community grow foot traffic from the residents who are your customers. This magazine offers Lakewood-based retailers access to affordable advertising rates, with revenues from advertising going directly to the City to help underwrite the costs of producing the magazine, allowing us to continue to provide local retailers with an effective and affordable marketing tool.

We hope you enjoy this issue of the new Lakewood Connections and I hope you will share with me your feedback on what we've provided here so that we can continue to offer you a quarterly magazine tailored to the specific needs of your community.

I look forward to hearing from you! — *Peter Philips, Publisher*



Partners for Parks presents  
**Walk the Waughop Walk-a-thon**  
Sunday, October 25, 2015  
from 11 a.m. – 1 p.m.

Take a walk to support the restoration of the Waughop Lake Trail. For more information check out [www.Partnersforparks.net](http://www.Partnersforparks.net)



**DID YOU KNOW?**

**10%**

**Between 2010 and 2013,** that's how much the number of Lakewood residents who are employed in educational services, health care and social assistance fields increased. In terms of people, we're talking almost 550 people. This was the fastest-growing field in Lakewood during that time.

**OPENING IN 2016**

The new Marriott TownePlace Suites extended stay hotel is expected to open in Summer 2016 and will feature 120 spacious suites with neighborhood-style living, free Wi-Fi with enhanced bandwidth and superior speed, fully-equipped kitchens, flat-screen TVs, and spacious desks - perfect for one night or an extended stay.

Start the day with a free continental breakfast. Relax in the pool or fitness room. Pet-friendly and conveniently located off Exit 125 at Bridgeport Way Southwest, and north of the Holiday Inn on Pacific Highway, this hotel will be a catalyst for further improvements along I-5 here in Lakewood.



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# LETTER FROM THE EDITOR

## New Magazine, Same Quality Content



Notice any difference between this and our previous newsletters that have been mailed and distributed Citywide? Shiny. Glossy. More appealing to the eyes.

To put it another way, the new Lakewood Connections Magazine is a better product to see and feel. One thing that hasn't changed, however, is the quality of our content. We'll be delivering news, statistics, features and other information about

what's happening in your city and what your tax dollar is paying for. It's the same content that earned Lakewood an award from this year's National Association of Government Communicators' Blue Pencil & Gold Screen Awards Competition. (See article on page 11). Lakewood was the only city in Washington to do so.

Another difference you might notice is the inclusion of ads from local businesses. As with anything, producing and distributing a publication to all of Lakewood costs money. These ads – which will be screened with Lakewood residents in mind – will help offset that cost.

As always, you will find the seasonal guide to the City's award-winning Parks and Recreation Department. It's full of information on sports, classes, programs, events and other activities that the City offers on a regular basis.

The new Lakewood Connections Magazine represents another step in the evolution of the City's efforts to deliver information to its residents and businesses. We will continue to deliver quality content with Lakewood residents and businesses as our focus.

Sincerely,

Brent Champaco  
COMMUNICATIONS MANAGER  
& EXECUTIVE EDITOR

253.983.7761 ■ [bchampaco@cityoflakewood.us](mailto:bchampaco@cityoflakewood.us)

## U.S. OPEN RECAP

The City of Lakewood was a key partner in the region's presentation of the 2015 U.S. Open golf championship. By all accounts, the event was a huge success and brought national attention to the area, as 56,000 spectators visited Lakewood during the week of June 15-21. The City supported transportation, planning, security and emergency management, as well as hosted one of the main public parking areas for the event at Fort Steilacoom Park. The park supported a daily average of more than 3,750 cars, and there was a noticeable reduction in criminal activity and traffic accidents in the area. The City won't know for several months the economic impact to the area, but many event guests raved about our community and its hospitality. We hope they'll return to visit, shop and play in Lakewood.



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[facebook.com/LakewoodWA](https://facebook.com/LakewoodWA)

Twitter:  
[@CityofLakewood](https://twitter.com/CityofLakewood)

Instagram:  
[@cityoflakewoodwa](https://instagram.com/cityoflakewoodwa)

YouTube:  
[youtube.com/user/cityoflakewoodwa](https://youtube.com/user/cityoflakewoodwa)

The Lakewood City Council,  
from left to right:  
Councilmember Mike Brandstetter,  
Councilmember John Simpson,  
Councilmember Mary Moss,  
Mayor  Anderson,  
Councilmember  Barthelemy,  
Councilmember Paul Bocchi,  
and Deputy Mayor John  Patten.



# FIRST FINANCIAL REPORT • 2015

## FINANCE DIVISION ACHIEVEMENTS:

- 2013 Comprehensive Annual Financial Report (1st CAFR prepared since 2005)
- Received Award for Excellence in Financial Reporting from the Government Finance Officers Association for the 2013 CAFR
- Washington State Auditor's Case Study (financial policies)
- No audit findings for Fiscal Year 2014
- Developed comprehensive, detailed 2015/2016 biennial budget document (process, transparency)
- Increase in Bond Rating from A to AA-
- Investment Policy Certification from Washington Public Treasurer's Association

The City of Lakewood has released its first financial report of 2015. Overall, the first quarter 2015 report indicates that Lakewood, despite working under a tight bottom line, continues to operate efficiently and deliver high-quality services to residents.

Some highlights of the report, which is posted online:

- Operating revenues are exceeding expenditures by \$1.35 million. However, this operating income is temporary as there are timing differences in both revenues and expenditures.
- Revenues that are up from 2014 due to timing differences include property tax and police contracts. Fines and forfeitures revenue increase may potentially be due to the amnesty program. Gambling tax and franchise fees are experiencing an overall increase.
- Revenues that are down from 2014 include licenses & permits and utility tax.
- By year-end, revenues are projected to come in on target. Revenues that are showing increases will help offset the anticipated decreases in utility tax revenue.
- On the expenditure side, the primary reason for the increases/decreases compared to YTD 2014 is due to a change in accounting. The internal service functions (risk management and information technology) were previously accounted for under the Administrative Services department but are now being charged directly to user departments. Property Management is also now being accounted for as an internal service fund and charged directly to user department. Contributions to the fleet and equipment fund previously reported as a separate line items is now charged directly to the user department.
- Expenditure budget is very tight and does not have much flexibility. However, the City continues to monitor and be conscientious on spending.
- Expenditure savings and revenue increases above and beyond estimates will be used to replenish the Fleet & Equipment fund. (The City Council approved a transfer of \$233,000 from the Fleet and Equipment Fund to the Information Technology Fund to providing resources for much needed technology services/programs).

Updated projections for the 6-year financial forecast are currently in progress and will be presented to the City Council in the near future. The 6-year financial forecast will be prepared in a manner consistent with the City Council's adopted financial policies.



Following the longest single-year session in history, the City of Lakewood ended up accomplishing every one of its goals by the time the Washington State Legislature adjourned July 10.

As part of the negotiations that took 176 days to complete, the Legislature passed a \$16.1 billion transportation package that includes projects in the Puget Sound region and across the state.

In Lakewood, it means some of the City's most pressing needs – especially unlogging the regular traffic mess on the I-5/JBLM corridor – will finally be addressed.

Before the legislative session began in January, the City of Lakewood developed an ambitious legislative agenda in the hopes that some of the items would be accomplished and others would create momentum for the future.

Lakewood's local state legislators embraced the City's agenda and included each and every objective into the state budget.

By the time the Legislature adjourned, its budget included all of the City of Lakewood's requests.

*“Overall, the City of Lakewood had a very successful session. It starts with collaboration and we saw a great deal of that among South Sound legislators. We would like to thank our 28th and 29th District legislators who pushed for improvements that will make the region, the state and our city better places to live.”*

Don Anderson  
LAKEWOOD MAYOR

It's rare – especially during these unsure financial times – for a state Legislature to check off all of the items on a local government's legislative agenda.

## I-5/JBLM CORRIDOR

Here's a breakdown of Lakewood's priorities that the Legislature addressed: The \$16.1 billion package addressed the most pressing need in the eyes of many in Lakewood, on Joint Base Lewis-McChord and the rest of the South Sound region - fixing an aging and outdated infrastructure system along the Interstate 5/JBLM corridor between Lakewood and DuPont.

This 7-mile stretch of I-5 continues to be one of the state's most congested points. This section of I-5 has not been improved or expanded since it was first built in the 1950's. Its current design is not capable of sustaining the traffic volumes it encounters today.

The Legislature authorized \$494.4 million worth of work to the I-5/JBLM corridor to include:

- Addition of a fourth lane - north and south - along the corridor.
- A local connector road between Gravelly Lake Drive and Thorne Lane, essentially opening up the Tillicum neighborhood to the rest of Lakewood for the first time.
- Interchanges at Thorne Lane, Berkeley Street and Steilacoom-DuPont Road will be reconstructed and rebuilt.

## OTHER LEGISLATIVE SUCCESSES:

### Safety Enhancements

- Point Defiance Rail Bypass safety enhancements (**\$2 million**)
- Gravelly Lake Non-Motorized Trail project (**\$2.6 million**)
- Lake City Business District Sidewalks project (**\$2 million**)

### Capital Projects

- Springbrook Park Bridge/ Connector (**\$300,000**)
- Springbrook Park acquisition and development (**\$193,950**)
- Waughop Lake Trail at Fort Steilacoom Park (**\$360,000**)

### Police at Western State Hospital

- Community Policing Program at Western State Hospital (**\$462,000**)

# SUMMER OF CONSTRUCTION



As the busy Summer of Construction winds down in 2015, the City of Lakewood has a message for the community: There are more improvements to come.

In 2015-16, the City is conducting an unprecedented amount of transportation improvement projects that will make Lakewood safer and easier to navigate,

whether you're behind the wheel, on a bike or on foot.

Lakewood is making \$27 million worth of improvements on some of its busiest thoroughfares.

"Lakewood is going to see the biggest amount of construction in the next two years than it has ever seen since incorporation," said Desiree Winkler, Transportation Division Manager with the City.

Winkler said she understands that the road work is causing some headaches for drivers and residents, as it is can cause periodic delays and lane closures. But she said she hopes that residents remember the headaches are temporary, and the benefit to the Lakewood community will be worth it.

"We just ask that people pack their patience," Winkler said. "Slow down and give 'em a brake. They're doing some great work for the community."

To learn more about Lakewood's transportation projects, check out our video on YouTube.

## 2015

### Pavement Preservation (Chip Seal Program)

- Local streets with Oakbrook 3rd Addition

### Pavement Preservation (Asphalt Overlay)

- Bridgeport Way (Pacific Highway to 112th St.)
- Steilacoom Boulevard (Lakewood Dr. to 300 feet west of South Tacoma Way)
- Main Street (Gravelly Lake Dr. to 108th St.)
- 59th Avenue (100th St. to Bridgeport Way)

### Street & Sidewalk Improvements

- Bridgeport Way (83rd St. to 75th St.)
- LED streetlight conversion - Citywide
- Traffic Management System - Phase 4
- Madigan Access Project

### Sewer Projects

- Woodbrook Sewer Project

**TOTAL WORTH: \$13.5 MILLION**

## 2016

### Pavement Preservation (Chip Seal Program)

- Local streets within Oakbrook - Phase II

### Pavement Preservation (Asphalt Overlay)

- Lakewood Drive (100th St. to Steilacoom Blvd.)
- 108th Street (Main St. to Bridgeport Way)

### Street & Sidewalk Improvements

- South Tacoma Way (Steilacoom Blvd. to 88th St.)
- South Tacoma Way (S.R. 512 to 96th St.)
- Bridgeport Way (JBLM to I-5)
- Traffic Management System - Phase 5
- Design for Steilacoom Boulevard (Farwest Dr. to Phillips Rd.)

**TOTAL WORTH: \$13.5 MILLION**

## ONLINE PERMITTING

The public now has a faster, more convenient method of meeting many of its permitting needs through the City of Lakewood.

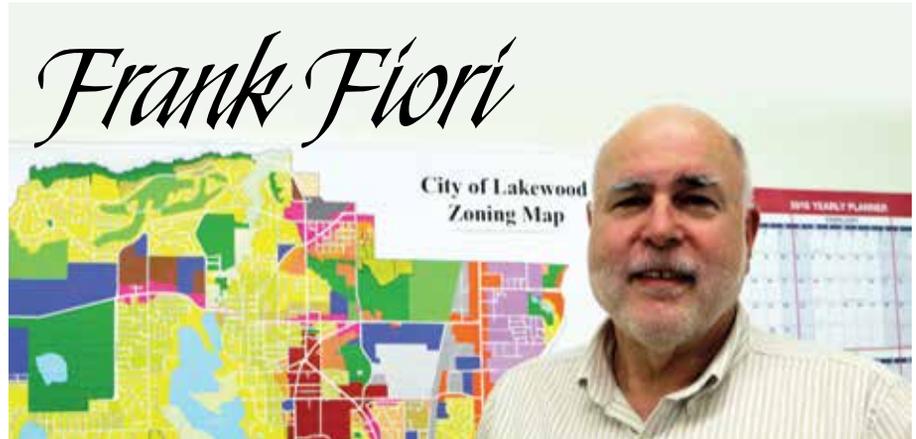
The Community and Economic Development Department has introduced an online permitting system that residents can utilize via the City's website: [www.cityoflakewood.us](http://www.cityoflakewood.us).

The City's new online module allows users to run queries and view the different permits for a specific property. If you're a contractor who has applied for a permit, you can check the status of your permit as well. You can also schedule inspections online and check the status of the inspection request.

**But that's not all.** The City's new system allows users to apply and pay online for two types of permits: hot water tank replacement and furnace replacement.

**Finally, business owners can renew their City business licenses online.** (Note: Those applying for a new business license will still have to print an application and bring it to City Hall, or apply directly at City Hall, 6000 Main Street SW).

If you'd like to learn more about permits and other services in the City of Lakewood, visit [www.cityoflakewood.us](http://www.cityoflakewood.us)



### ■ A LITTLE BIT ABOUT MYSELF:

*I have been with the City of Lakewood since October of 2014 as the Planning Manager for Current Planning. My primary functions are to oversee the planning, zoning and land use permitting of the City as they relate to land use and development that is occurring in the City, and to manage the current planning staff. I provide information and assistance to citizens, property owners and developers in regard to zoning regulations and the City's land use application processes, and oversee the processing of land use applications to ensure that applications are being reviewed in a timely manner. I enjoy assisting citizens and property owners with their questions and concerns in regard to zoning issues, providing answers and finding solutions to problems and working with the City's development services team.*

### ■ A LITTLE MORE ABOUT MYSELF:

*Prior to coming to Lakewood, I worked for the City of North Las Vegas, Nevada, where I was the Director of Community Services and Development. I have also served as a director for a town in Maine and for a rural county in Virginia, as well as holding other planning positions with the cities of Las Vegas and Henderson, Nevada and Pocatello, Idaho. I have served as an interim town manager on two occasions. I have been working in planning and community development for 30 years.*

### ■ EVEN MORE ABOUT ME:

*I am originally from Maine, received a bachelor's degree from St. Michael's College in Vermont and a graduate degree from the University of Oregon. I enjoy the outdoors, fishing, motor sports, bicycling, football and baseball, travel and spending time with my wife, children, family and friends. I love to cook and prepare and enjoy food with family and friends.*

### ARE YOU PREPARED TO SURVIVE WITHOUT ESSENTIAL SERVICES, SUCH AS RUNNING WATER, ELECTRICITY, OR PHONES FOR 7-10 DAYS?

Being prepared can change everything and by planning ahead you can increase the chances of survival for you, your family and pets. The City of Lakewood is working with our local partners to help during a major incident. Check the City's website for snow routes, emergency response procedures and other information to help you during the winter storm season.

# Lakewold Gardens



## Community Kids Day

Arts & Crafts,  
Fun Activities, Raffle,  
Storytelling, Face Painting,  
Explorer's Passport Adventure,

Join us at one of the Northwest's great gardens and help your child discover the joys of nature and our connection to Community and the Earth! It's fun for everyone and your donation to the Lakewood Area Shelter Association will help support families toiletry needs throughout Pierce County.

SPECIAL APPEARANCE BY

**Rhubarb**

**Tacoma Rainiers' Mascot  
at 12 noon**



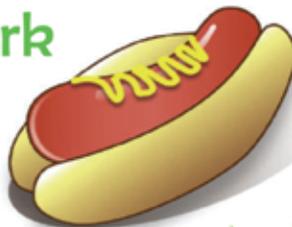
**Saturday, September 19th, 2015 10am to 2pm**

Admission \$1 per person, OR one personal care item to benefit

**Lakewood Area Shelter Association**

**Kiwanis Club of Clover Park**

will be serving up hot dogs,  
\$5/meal (includes chips & soda).



**253.584.4106**

[lakewoldgardens.org](http://lakewoldgardens.org)

12317 Gravelly Lake Dr. SW

Lakewood, WA 98499

*(entrance is just north of  
Intersection with Veterans Drive).*

brought to you by

Lakewold Gardens • Valet Parking Systems • Lakewood Ford



# Full-Day Kindergarten

## All Clover Park School District kindergartners now benefit from full-day classes.

All new kindergartners will start their educational careers with full-day classes this fall in Clover Park School District! Thanks to increased funding from the state, six more elementary schools will have kindergarten for a full day. During the first three days of school (Wednesday-Friday, Sept. 2-4), kindergarten teachers will hold family connection conferences. Kindergarten students begin attending school on Tuesday, Sept. 8. The daily schedule is 8 a.m. to 2:30 p.m.

“Full-day kindergarten allows for increased instructional time which leads to improved student achievement,” said superintendent Debbie LeBeau. “In addition to reading, writing and math, students will also spend more time learning about science, social studies and the arts.”

The 2015-17 state biennial operating budget passed June 30 increased funding for the number of kindergarten students in the state to receive full-day kindergarten to more than 71 percent. Next year, legislators plan to fund 100 percent of kindergarten classes in the state for the full school day.

To receive state funding, districts must participate in the Washington Kindergarten Inventory of Developing Skills (WaKIDS). WaKIDS focuses on family connections with teachers, whole-child assessments and early learning collaboration among kindergarten teachers and early learning professionals. School staff will contact families with kindergartners to schedule the family connections conferences.

*Parents can contact their child’s school if they have questions.*



*“Full-day kindergarten allows for increased instructional time which leads to improved student achievement. In addition to reading, writing and math, students will also spend more time learning about science, social studies and the arts.”*

Debbie LeBeau  
SCHOOL SUPERINTENDENT



# #IamLakewood

The City of Lakewood has been nationally recognized for its #IamLakewood social media and community pride campaign.



**One of the judges in the NAGC competition wrote about #IamLakewood:**

*"Very creative on minimal budget. YouTube engagement extends hashtag value. This campaign has additional value in reaching out to younger Lakewood families through social media activities."*



On June 3 at the National Association of Government Communicators conference in Memphis, the City of Lakewood was one of the winners in the organization's 2015 Blue Pencil & Gold Screen Awards which recognize superior government communication products and those who produce them. Categories cover everything from printed materials to broadcast and online material to public education campaigns.

The City of Lakewood won second place in the "Shoestring Budget" category – a new category this year that recognizes the best communication efforts with limited funds – for its #IamLakewood social media/community pride campaign. According to the City of Lakewood's entry:

*"At the beginning of 2014, one of the Lakewood City Council's goals was to better promote the positive aspects of its community. However, the City had little to no funding to engage in a traditional, far-reaching promotional campaign. Instead, Communications Manager Brent Champaco decided to leverage two resources available to the City: social media and community pride. He coined the Twitter hashtag: #IamLakewood. The meaning and power behind the hashtag is simple: Lakewood residents are proud to live and work in the community, and they want to let others know about it. The hashtag served as a free, yet far-reaching, method of spreading this message."*

At that point, #IamLakewood became a regular feature of the City's social media posts. The

Original House of Donuts, an iconic Lakewood business, began printing the hashtag on some of its bags and stickers. The Lakewood Boys & Girls Club began using the hashtag in its posts and photos.

Today, a search of #IamLakewood on Twitter, Instagram, Facebook and YouTube will generate a trove of posts and images from the City and others throughout Lakewood.

One of the judges in the NAGC competition wrote about #IamLakewood: "Very creative on minimal budget. YouTube engagement extends hashtag value. This campaign has additional value in reaching out to younger Lakewood families through social media activities."

This is the first year that the City of Lakewood has entered the prestigious national government communications competition. City, county, state and federal governments from across the U.S., as well as private companies that work with local governments, submitted more than 250 entries for 43 categories. NAGC awarded first, second and Awards of Excellence prizes for each category.

The City of Lakewood was the only government – local, state or federal – from Washington to receive a NAGC award this year.

Mayor Don Anderson said the Blue Pencil & Gold Screen Award speaks to the City of Lakewood's commitment to transparency and engaging its residents: "Our citizens deserve more than 20th Century newsletters. We needed to embrace new technologies to not only inform our residents but allow them to interact and feel that they are part of a team moving the community forward."

"This national honor is just another sign that we're moving in the right direction," Anderson added.

# GOOD FOOD, BEER & ATMOSPHERE



For customers in the Puget Sound or Midwest who are starved for great food, beer and atmosphere, chances are the letters “R,” “A,” and “M” will beckon to their calling.

The RAM Restaurant and Brewery has more than 30 locations in Washington, Oregon, Idaho, Colorado, Illinois and Indiana. Soon, the folks in Ohio will get a RAM of their own.

The restaurant has grown into a semi-national brand on the strength of its award-winning beer, great cuisine and 2,000-plus team members/owners who take pride in serving guests.

But for those of us in Lakewood, there’s another sense of pride - one that comes with knowing no matter how popular the RAM ultimately becomes, it all began here in our community.

“The whole thing started in Lakewood,” said Mark Patterson, who started out as a server at the Lakewood location in 1989 and today is a Regional Leader for the company. “It’s our home.”

To be more specific, the RAM Pub opened on Feb. 26, 1971 at the former Villa Plaza. The original founders of the restaurant decided to become entrepreneurs after learning the craft while working at the former Shakey’s Pizza. The founders included

Jeff Iverson Sr. His sons - Jeff and Dave - sit at the helm of the RAM today, although don’t call them CEO’s. Fancy job titles aren’t big at the RAM.

Back then, it had more of a “deluxe-tavern” feel, which is a far cry from the family atmosphere it offers today. Customers went mostly for the beer and wine, and the tavern offered a cook-your-own-burgers-and-steaks menu.

The rest, as we say, is RAM history. For its exponential success and commitment to our community, the City of Lakewood is proud to recognize The RAM Restaurant and Brewery as its Business Showcase.

To read about the RAM and the City’s other Business Showcases, visit [cityoflakewood.us](http://cityoflakewood.us).



## Ray Evans Memorial Fishing Event

On Saturday, May 16, the City of Lakewood held its annual Ray Evans Memorial Fishing Event at American Lake Park.

The event - and the person it honors - is truly something special. Commander Ray Evans was one of only six US Coast Guard recipients of the Navy Cross during WWII. During the battle at Guadalcanal, Ray and his shipmate, Doug Munro, piloted landing craft vessels to transport a battalion of marines to shore. The marines immediately came under heavy fire, so Ray and Doug were ordered to go back to the beach and evacuate the marines. Doug Munro was killed during the evacuation and remains the only USCG recipient of the Medal of Honor. Ray Evans received the Navy Cross. Ray was later given a rare field promotion by ADM Halsey on his flagship in Noumea, New Caledonia.

Ray and his wife Dottie have been longtime Trout Unlimited members and were mainly known for generously donating their time to rig the rods & reels for our kids fishing event. They used to rig over 500 rods & reels for our event. Ray never spoke of his heroic actions during WWII as was the case of many servicemen from his era, “The Greatest Generation.

Ray passed away in June 2013 and was laid to rest at Mountain View Funeral Home with full military honors.

This year’s event featured children casting their lines, hoping for a bite. Members of the City of Lakewood, West Pierce Fire & Rescue and others attended and shared their expertise.

**DID YOU KNOW?**

**23%**

That's how much the number of robberies reported to Police fell this year compared to 2014. The number of burglaries also fell by nearly 12 percent.

**FALL SAFETY DAY**

Hosted by West Pierce



From 10 a.m. to 1 p.m., Saturday, Oct. 24, 2015, West Pierce Fire & Rescue will host its annual Fall Safety Day event at Station 21, located at 5000 Steilacoom Boulevard SW in Lakewood.

At Fall Safety Day you can:

- Purchase a custom-fit helmet. Prices are: bicycle \$7, multi-sport \$10, and ski \$15. Cash only please. Rider must be present for a custom fit.
- Spin the Wheel of Safety.
- Practice calling 9-1-1.
- Learn about disaster preparedness.
- Gain information about fire and injury prevention.
- Jump in the City of Lakewood's jumpy castle.
- GET A FREE PUMPKIN!

In addition, the Pierce County Passenger Safety Team will be providing free car seat inspections.

Come and join us for loads of fun and a free pumpkin! If you have questions, or for more information, please contact Michelle Johnson at (253) 983-4553.

# Officer of the Year



On Aug. 7, the Pierce County Prosecuting Attorney's Office awarded Jeff Martin its Lakewood Police Department Officer of the Year Award for 2014-15. Prosecutor Mark Lindquist presented the award during his office's annual Picnic in the Park, at Tacoma's Wright Park.

Martin's work contributed to several high-profile arrests and, ultimately, convictions, according to the Prosecutor's Office. They include:

★  
A cold case gang shooting in which the jury convicted the defendant of the attempted murder. He was sentenced to **28 years in prison.**

★  
Solving a case of attempted prostitution that resulted in the shooting of a man. The shooter was convicted of attempted murder, and she was sentenced to **25 years in prison.**

★  
Identifying a suspected gang member who shot two men as they walked to their jobs. He pleaded guilty to first-degree assault and was sentenced to **28.5 years in prison.**

★  
Identifying a suspect in the unsolved stabbing of a Good Samaritan trying to protect a gas station worker from being attacked. He was sentenced to **17.5 years in prison.**

## National Night Out

Wherever you were in Lakewood on Aug. 4, chances were good that neighbors were celebrating National Night Out nearby.

Nearly 30 neighborhood NNO parties took place in Lakewood, all of which were intended to strengthen communities, make neighborhoods safer and, quite simply, to have fun.

The parties offered their own neighborhood vibes, whether it was eating hot dogs and bouncing in the bouncy house at North American Lake Park (an event generously sponsored again by American Lake Credit Union)



or watching the annual Parents-Crushers baseball game at Harry Todd Park in Tillicum.

To view pictures of some of the National Night Out events that took place throughout Lakewood, visit the City's Facebook page.

# MILITARY DRAWDOWN

The Army's plan to draw down the number of active personnel at its installations includes a reduction of 1,250 soldiers at Joint Base Lewis-McChord (JBLM).

Local officials say given the Department of Defense's (DoD) original plans for an 11,000-soldier reduction, the official figures are figures are relatively good news.

"I think it's even better than we expected we could come out," Lakewood Mayor Don Anderson was quoted as saying by KUOW .

"It's good for our community, but it's also good for our Army and national defense given the pivot to the Pacific," Anderson added. "JBLM is the most important power projection platform in the Western United States, so seeing it cut substantially would I think be a problem."

As the largest single-point employer in the state and the second-largest overall only behind The Boeing Co., JBLM is a vital economic engine for the City of Lakewood and all of Washington. After the DoD released its initial estimates in 2014, the South Sound rallied to voice its concerns to Army officials during a public forum in Lakewood earlier this year. Some 600 people attended the event, which was organized by South Sound Military & Communities Partnership.

The Army will draw down its number of active personnel from 490,000 to 450,000 by the end of fiscal 2018.

JBLM will be one of 10 posts that will suffer a loss of more than 500 soldiers :

- Fort Benning, Ga. — (net loss of) 3,402 soldiers
- Fort Hood, Texas — 3,350
- Joint Base Elmendorf-Richardson, Alaska — 2,631
- Joint Base Lewis-McChord, Wash. — 1,251
- Fort Bliss, Texas — 1,219
- Schofield Barracks, Hawaii — 1,214
- Fort Stewart, Ga. — 947
- Fort Bragg, N.C. — 842
- Fort Leonard Wood, Mo. — 774
- Fort Riley, Kan. — 615

*Washington Gov. Jay Inslee said given the potential scale of reduction that could have taken place, "we're in an especially good position to manage these reductions. Today's news is as good as we could have hoped for."*

Still unknown is the impact of potential future cuts at JBLM should the Army be forced to drawdown to 420,000 personnel as a result of federal cuts known as sequestration.

The Army's reduction and realignment plan also includes conversion of the Washington National Guard's 81st Armored Brigade Combat Team to a Stryker Brigade, a move Inslee's office says he has been requesting. The conversion means the Washington National Guard's Abrams Tanks and Bradley Fighting Vehicles will be replaced with more modern Stryker vehicles.

## JOINT BASE LEWIS-MCCHORD COMMANDER COL. H. CHARLES HODGES JR. RETIRES

At the Lakewood City Council meeting on July 20, the Lakewood City Council read a proclamation recognizing retiring Joint Base Lewis-McChord Commander Col. H. Charles Hodges Jr.

Col. Hodges helped build a special relationship with the base's host community. Hodges worked with the City toward meeting common goals and created an open line of communication. It was his commitment, in fact, to engage with the communities.

The City of Lakewood thanks Col. Hodges for his commitment to working with, as well as make stronger, the relationship between Lakewood and JBLM.



# VECI *Ground Zero*



As we all know, Lakewood is a military community – one that’s been home to generations of military personnel, families and veterans of what’s now known as Joint Base Lewis-McChord.

So it was only fitting that on July 31, Lakewood became Ground Zero for the official launch of the Veterans Economic Communities Initiative (VECI) in Washington, a national effort by the U.S. Department of Veteran Affairs to increase the number of educational and employment opportunities for veterans and their families at the community level.

Mayor Don Anderson was one of the featured speakers at the event that also featured Lakewood Mayor Emeritus Bill Harrison and Lourdes Alvarado Ramos, Director of the Washington State Department of Veteran Affairs.

Fittingly, the event took place at Rally Point 6, a Lakewood-based center that serves transitioning members of the military and their families by providing a centralized location for resources and various services. Not only did the event mark the launch of VECI, but it also recognized a Memorandum of Understanding between RP/6 and the VA to help veterans and their families.

The Tacoma-Seattle area became the 12th community in the U.S. to officially launch the VECI, which involves the assignment of an Economic Liaison/Consultant who will collaborate with government leaders, businesses, educational institutions and nonprofit organizations to help build a network of support and resources for their families.

In Lakewood, the Economic Liaison is Dan Pass, who will work out of the RP/6 office at 9881 Bridgeport Way SW.

With Pass’ assignment encompassing the entire Puget Sound area, “you’re going to find me scurrying around the area working on behalf of veterans,” he said.

Pass said the VA will place liaisons in 25 communities across the U.S. this year and another 25 in 2016.

**Lakewood’s New VECI Economic Liason, Dan Pass, will be working around the Puget Sound helping veterans by:**

- Raising awareness of the benefits of investing in veterans
- Equipping employers with information and tools that will help them hire and retain veteran employees
- Working with community partners and policy experts to find ways to overcome education and career challenges that veterans and their families face
- Encouraging educational institutions to help veterans use their education benefits to gain the skills they need for career success
- Making connections among the numerous community organizations that serve veterans and their families to maximize their impact

Enjoy the remainder of the season at Lakewood's

# Farmers Market

**WHEN:**

Tuesdays, 10:00 a.m.-3:00 p.m.  
Through September 15

**WHERE:**

City Hall  
6000 Main St. SW  
Lakewood, WA 98499



*Lakewood's Farmers Market  
is presented by*



Thank you to all of our key sponsors who help bring the market to life. **You are so appreciated!**



Thank you to our wonderful and consistent volunteers **Tom Jakubowski** and **Larry Bell**

For those who are regular customers, thank you for your support of our local businesses! If you are a newcomer, we welcome you to experience this unique market right in our own backyard. It offers a wide array of handcrafted lotions and soaps, jewelry, homemade pies and breads, locally made honey, fresh local flowers and produce, and a variety of food vendors. Vendors come from as close as Lakewood and Puyallup, and as far as Yakima!





# 2015 LAKEWOOD SummerFEST Triathlon



First and second place men's overall winners:

**Nick Johnson and Ryan Engledow**



First and second place women's overall winners:

**Dana Robertson Halter and Gina Estop**



First and second place team winners:

**Relay Islanders and Relay Team Lakewood**

Congratulations to the winners of the SummerFEST Sprint Triathlon that took place on July 11, 2015.

View all race results and a fabulous video that highlights the 1/2-mile swim that started and ended at the American Lake Park shore, the 14-mile bike course that looped through the streets of Lakewood, Steilacoom, JBLM, and Pierce County, and the 3.1-mile run that took place at Fort Steilacoom Park. [www.lakewoodsummerfesttriathlon.com](http://www.lakewoodsummerfesttriathlon.com)

New this year was our Triple Threat Triathlon Series with the Black Hills Triathlon in Lacey, the Lakewood SummerFEST Triathlon, and finally the JBLM Deuces Wild Triathlon.

Start training now for SummerFEST Triathlon 2016 on Saturday, July 9. To find out more and register visit: [www.lakewoodsummerfesttriathlon.com](http://www.lakewoodsummerfesttriathlon.com)



Relay Team "Tri-ing Our Best" L-R: Andy Henshaw, Laurie and Reed Kelley.

This triathlon is a perfect event for first timers and we will work with you to set up a training program to get you ready. Call today! 253.983.7758.

## THANK YOU TO THE STUDIO FITNESS TEAM!

Your donation of \$8,000 makes such a significant and meaningful contribution to our cause. Your fundraising efforts directly support the **Healthy Start Program**, an after-school activity club focused on providing a safe atmosphere with physical activity and nutritious snacks for low-income children. The program begins with a nutritious snack that includes uncommon fruits and vegetables. After snack, the children write in their journals, engage in warm-up exercises, play large group games, and receive lessons in nutrition. Healthy Start teaches these children the value of sportsmanship, fair play, and teamwork, and encourages them to strive to perform their personal best. Studio Fitness and City of Lakewood residents who participated in your 5k run have taken the initiative to raise enough money to help sustain the program and cover the cost of transporting children to the Healthy Start locations. To know that you value this program enough to have made this effort is truly an inspiring gift!





City of Lakewood's "Inspiring Young Creators"

# Building Competition Using LEGO® Bricks



**FREE FOR AGES 6-14**

**FABULOUS PRIZES** for 1st & 2nd place winners in each of 4 categories:  
boy/girl ages 6-9/10-14

**WINNERS ANNOUNCED** during the Tree Lighting Festival at City Hall on Dec 4th!

**WINNERS' CREATIONS PICTURED** in Connections Magazine (30,000 residents)!

**WINNERS' CREATIONS DISPLAYED** at the Children's Museum of Tacoma!

## DONATE LEGO BRICKS

Do you know anyone who has outgrown their LEGO Bricks? If so, please encourage them to share with children in need. Thank you!

### Receptacle locations:

- Bowlero Lanes, 3852 Steilacoom Blvd SW
- Fleet Feet, 3812 N 26th St
- Children's Museum, 1501 Pacific Ave
- City of Lakewood, 6000 Main Street SW
- Lakewood Racquet Club,  
5820 112th St SW

**REGISTER BY OCT 23<sup>RD</sup>, HERE'S HOW:**

Online at: [www.brick4kidz.com/tacoma](http://www.brick4kidz.com/tacoma)  
or Lakewood City Hall, 6000 Main Street SW  
or Bowlero Lanes, 3852 Steilacoom Blvd SW  
or Children's Museum, 1501 Pacific Ave

**SEE ADDITIONAL RULES AND DETAILS  
PROVIDED ON REGISTRATION FORM**



LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

## OFFICIAL BRICK BUILDING CONTEST REGISTRATION FORM

**DEADLINE FOR REGISTRATION:** Forms are due on or before 5:00 pm, October 23, 2015.

LEGO® enthusiasts are invited to participate and submit original brick creations using LEGO Bricks. Submit this completed paper registration form to any of the following locations during normal business hours: Lakewood City Hall, 6000 Main Street SW, Lakewood, WA 98499 or Bowlero Lanes, 3852 Steilacoom Blvd SW, Lakewood, WA 98499 or Children's Museum, 1501 Pacific Ave, Tacoma, WA 98402. Alternatively, register online anytime at [www.bricks4kidz.com/tacoma](http://www.bricks4kidz.com/tacoma). Judging will be by a panel of business professionals, educators and youth. Awards will be presented at the Lakewood Tree Lighting Festival on December 4th 6:00-8:00 pm at City Hall. Entrants must be present in order to accept their prize or the prize will go to the runner-up. Winning creations will be on display at the Children's Museum of Tacoma for a period of time following the building contest. Photos of the winning creations will be published in a future edition of Lakewood Connections Magazine.

**PRIZES:**

A LEGO Set valued at up to \$120 will be given to each of the following winners:

- |                         |                          |
|-------------------------|--------------------------|
| 1st Place Boy Age 6-9   | 1st Place Girl Age 6-9   |
| 2nd Place Boy Age 6-9   | 2nd Place Girl Age 6-9   |
| 1st Place Boy Age 10-14 | 1st Place Girl Age 10-14 |
| 2nd Place Boy Age 10-14 | 2nd Place Girl Age 10-14 |

Additional prizes may be awarded for participation and/or special recognition at judge's discretion without advance notice.

**ELIGIBILITY & JUDGING:**

Open to children ages 6-14. Entries will be judged on originality, complexity, and creativity. Participation is FREE.

**BUILDING CHALLENGE RULES:**

Use your own LEGO Bricks and elements to build an original creation at home and submit your registration form on or before October 23, 2015. Creations must rest on a 2 foot by 2 foot plywood base and not extend beyond the dimensions

of the base. You can cut out your own base or if you register by October 1st and indicate on the form that you are requesting a base, you may pick one up for free from any of the locations listed above for submitting registration forms between October 12th and 23rd (see address above). Then bring your creation with base to the Lakewood City Hall on or before Monday, November 30, 2015 by 5:00 pm. All creations will be on display at City Hall until the awards ceremony on December 4th.

- Use only genuine LEGO Bricks, elements and pieces. Construction made from specialty themed LEGO Brick Kits are not eligible and will not be allowed in the competition. In other words, your creation should be completely original and made entirely of LEGO components.
- One creation per child and there must be a registration on file.
- Contestants are not permitted any outside help from others and must enter solely as an individual and not as a team entry.
- Must be deliveries-secure with no loose parts and ready for display. No construction will be permitted on site. 2'x2' plywood support platforms are required. Pieces may be reinforced with glue/adhesive if desired for security.
- The Official Brick Building Contest Submission Label must be completely filled out and affixed securely to the creation or base.

**GUIDELINES**

By entering your creation into the building challenge, entrants and their parents/guardians agree to these official rules and regulations and the decision of the judges and release contest sponsors of all liability that could result from participating in the contest. By submitting an entry into this contest, entrants and their parents/guardians grant permission for sponsors and media coverage to use any photographs and/or video of the entrant's submitted model for any promotional use. Entrants agree that registration information may be added to sponsors contact lists. Entrants also agree to have their creation kept in a safe and secure location and displayed at City Hall and/or Children's Museum of Tacoma for a period of time following the contest. However, outside of the secure location of the display entrants release the sponsors of any liability of damage and loss to any display.

LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

Child First Name: \_\_\_\_\_ Child Last Name: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_  Boy  Girl School: \_\_\_\_\_  Check box if requesting to pick up a free plywood base  
 Parent/Guardian First Name: \_\_\_\_\_ Parent/Guardian Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

*Fill out box below, cut out, and affix to creation or its base. Fill out form above and return it to City Hall*

**OFFICIAL BRICK BUILDING CONTEST SUBMISSION LABEL**

Child's First Name \_\_\_\_\_ Child's Last Name \_\_\_\_\_  
 Age \_\_\_\_\_  Boy  Girl School \_\_\_\_\_  
 Name of LEGO® Creation \_\_\_\_\_  
 (optional) Description of your LEGO creation in 150 words or less:

**IMPORTANT DATES! Oct 12-23: pick up base (if requested). Oct 23: registration deadline. Nov 30: creation submission deadline.**

JOIN US FOR CITY OF LAKEWOOD'S  
**9th Annual Truck  
and Tractor Day**

Date: **October 17, 2015**

Time: **12:00 p.m.-3:00 p.m.**

Climb on dozens of giant trucks and tractors.  
Free hayrides, hard hats, and pumpkins (while supplies last).

Enjoy pumpkin painting, crafts,  
and a giant slingshot for pumpkin chucking!



**NEW PHOTO  
CONTEST!**



**Photo Contest:** Submit your photo taken at this event. The winning photo will appear in Connections Magazine, seen by 30,000 residents!

**Admission  
is Free!**

Location: **Fort Steilacoom Park, 8714 87th Ave. SW,  
Lakewood, WA 98499**



**MAKE A  
DIFFERENCE DAY**  
NATIONAL DAY OF DOING GOOD

**25TH ANNUAL**

**Make a  
Difference  
Day**

**Saturday, October 24, 2015**

8:30 a.m.-12:00 noon

**Lakewood City Hall**

6000 Main St. SW

Make a Difference Day is the largest community service day in the nation. Drive change in your own city by joining the millions of Americans whose volunteer efforts help to improve their communities and assist neighbors in need. The Lakewood Youth Council is coordinating various volunteer projects throughout the City of Lakewood to celebrate this event. The kick-off event begins at 8:00 a.m. If you would like to volunteer or need more information, please contact Dennis Higashiyama, Youth Council Advisor at (253) 983-7835.

(This is not a chip timed run.)



# FREE Jinglebell 5k Fun Run

PRESENTED BY ST. CLARE HOSPITAL

## RACE TIME:

December 5, 2015  
Saturday • 10:00 a.m.

Fort Steilacoom Park  
8714 87th Ave SW  
Lakewood, WA 98499

## PACKET PICKUP TIME:

December 4, 2015  
Friday • 5:00-8:00 p.m.

Lakewood City Hall  
6000 Main Street SW  
Lakewood, WA 98499

December 5, 2015  
Saturday • 9:00 a.m.  
Fort Steilacoom Park

Dig out your favorite elf hats, Santa beards, striped stockings, and other holiday-themed costumes. Everyone is welcome, including dogs, so bring the whole family and get your jingle on (bells provided).

Free T-shirt (while supplies last) and swag bag with registration. Warm up around the fire pit at the finish with s'mores and cider.

## COSTUME CONTEST:

**Family prize:** 4 free tickets to the show *Treasure Island* at the Lakewood Playhouse.

**Individual prize:** 8 private sessions and one month of classes at Studio Fitness.

**Dog prize:** Homemade treats from The Hound Dog Bakery.

Register today at [www.active.com/lakewood-wa/running/distance-running-races/jingle-bell-rock-5k-fun-run-2015](http://www.active.com/lakewood-wa/running/distance-running-races/jingle-bell-rock-5k-fun-run-2015)



YOU ARE INVITED TO THE CITY OF LAKEWOOD'S

## 19<sup>th</sup> Annual Christmas Tree Lighting Festival

Friday, December 4, 2015

6 p.m. - 8 p.m.

Lakewood City Hall

6000 Main Street SW 98499

View all entries in the "Inspiring Young Creators" Competition using Lego Bricks. Winners will be announced.

(See page 18 for entry information.)

VISIT  
with  
SANTA



### Free crafts and games!

See the Clover Park Marching Band perform and hear the Lakes High School Choir sing.

For more information visit [cityoflakewood.us](http://cityoflakewood.us)  
or call 253.983.7758



## YOUTH BASKETBALL ■ 2015-2016

The City of Lakewood and the Clover Park School District are partnering to offer a recreational basketball league for boys and girls in kindergarten through 5th grade. The kindergarten/1st grade league is coed. All other grades are separated into boys' and girls' leagues.

### COACHES:

The league relies on volunteer coaches to keep registration affordable. If interested, please mark the **"I would like to be a coach"** box on the registration form.

### SPONSORS:

Sponsors needed! For more information call Lakewood Parks and Recreation at (253) 983-7887.

### REGISTRATION:

Final registration deadline is Friday, November 6, 2015.

Early bird registration deadline is Friday, October 23, 2015 (save \$10 on each child's registration fee).

### COST:

\$55 if you register by Friday, October 23, 2015.

\$65 if you register between Friday, October 23 and November 6, 2015.

### PRACTICES:

Practices will begin the week of November 30. They will be held on weekdays, during the evening, at Clover Park Schools. There will be no practices during winter break.

### GAMES:

Games will begin the week of January 11, 2016. Teams will play one game per week. All games will be held on weeknights.

### PICTURES:

Picture day will be Saturday, January 23 at Lakewood City Hall Council Chambers 9:00am-noon



# City of Lakewood • YOUTH BASKETBALL

Player Name, Last	First	Players Date of Birth
Street Address	Cirt/State/Zip	School
Email Address		Grade
Phone, Daytime	Phone, Evening	Select a League: <input type="checkbox"/> K/1 Coed <input type="checkbox"/> 2/3 Boys <input type="checkbox"/> 2/3 Girls <input type="checkbox"/> 4/5 Boys <input type="checkbox"/> 4/5 Girls
Emergency Contact Phone	Emergency Contact Phone	
T-Shirt Size (Please check one)		
Pertinent Info (Allergies, medical concerns, etc.)		
Player/Coach Request (Every resonable effort will be made to honor requests, but no guarantee can be made.)		

Parent's Name, last	First	<input type="checkbox"/> I would like to be a coach
Phone, daytime	Phone, evening	<input type="checkbox"/> I would like to be an assistant coach

PAYMENT DETAILS (Payment is due in full at time of registration)	
Total Fee: \$	
<input type="checkbox"/>	Scholarship Fund-Due Oct. 23
<input type="checkbox"/>	Cash
<input type="checkbox"/>	Check #
<input type="checkbox"/>	Credit Card (indicate below):
<input type="checkbox"/>	Mastercard Visa
<input type="checkbox"/>	Card #
<input type="checkbox"/>	Epiration Date:

Participants and parents/guardians of all participants are required to sign the following release. I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Lakewood, City of Lakewood Parks and Recreation Department, stadd, instructors, coaches and volunteers for any claim arising from injury to my/our child. Furthermore, in case of emergency, if my child or I require medical attention, I give, permission for a City of Lakewood representative, or the representatives designee, to secure the emergency medical attention required. Any direction to the contrary should be noted on the backside of this form and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

Signature (of participant, or parent/guardian of child participant)

Date

**SPONSORS NEEDED**  
 We need both player and team sponsors. A team sponsorship is \$175 and helps pay for uniforms, referees, etc. Individual sponsorships are by donation and fund scholarships for player in need. These sponsors are recognized in 2015/16 marketing materials.

Sponsor/Business Name:	Phone
------------------------	-------

Additionally, I under that the purpose of this progra is to provide youth with a fun, safe, and healthy opportunity. I agree to conduct myself in a manner that is respectful to my child, all league participants, coaches, officials, fellow parents, facilities and spectators. I understand that failure to comply with the parent behavior rules set by the legue coordinator may result in action up to suspension of myself and my child from the league.

# Senior Activity Center Fall Classes

## ART

### BEGINNING DIGITAL PHOTOGRAPHY- New!

This course covers camera handling and operations, composition, exposure controls, and how to effectively use them to capture the photographs you desire. The class will also cover downloading and saving files to the computer and some basic post-processing, which will enable you to enhance the appearance of your photographs for emailing, printing, or posting to the web.

**Wednesdays**

September 23-October 14  
1:00-3:00 p.m.

**Members: \$45 ■ Non-members: \$50**

### SUMI PAINTING

Experience the simple pleasure of Asian ink painting. With practice, a few brush strokes can evoke images of bamboo, birds, boats, flowers, and Mt. Rainier. Beginners are welcome. Call for supply list.

**Session A: Wednesdays**

September 9-October 14  
9:30-11:30 a.m.

**Session B: Wednesdays**

October 28-December 16  
9:30-11:30 a.m.

(No class Nov. 11 or Nov. 25)

**Members: \$56 ■ Non-members: \$62**



### PRINCIPLES OF PHOTOGRAPHY

This course is designed to give the experienced and the beginner photographer additional insight into the art, science, and craft of photography. Learn photographic basics including composition, light, and color, as well as how to use electronic flashes, filters, and lenses.

**Thursdays**

September 10-November 12  
9:00-11:00 a.m.

**Members: \$34 ■ Non-members: \$37**

### OIL PAINTING FOR FUN

Beginners and experienced artists alike will find Carol's class to be a relaxed and creative environment for painting. All skill levels welcome!

**Session A: Mondays**

September 14-December 7  
9:00 a.m.-12:00 p.m.

**Session B: Mondays**

September 14-December 7  
12:30-3:30 p.m.

**Session C: Mondays**

December 14-March 14  
9:00 a.m.-12:00 p.m.

**Session D: Mondays**

December 14-March 14  
12:30-3:30 p.m.

**Members: \$56 ■ Non-members: \$62**

### WOODCARVING

This class is dedicated to the art and skill of woodcarving. Carving enthusiasts of all skill levels will develop a solid foundation in the art of woodcarving, and the skills to add personal and creative touches to your projects. Bring your projects, tools, and enthusiasm!

**Session A: Fridays**

September 4-November 6  
9:00 a.m.-12:00 p.m.

**Members: \$48 ■ Non-members: \$53**

**Session B: Fridays**

November 20-December 18  
(mini-session)

9:00 a.m.-12:00 p.m.

**Members: \$24 ■ Non-members: \$28**

### COLLAGE WITH ASIAN PAPERS

Explore the world of collage. We will play with a variety of materials, from Asian papers to treasures from the recycle bin and more.

Additional materials fee: \$8.

**Fridays, September 11-October 16**  
1:00-3:00 p.m.

**Members: \$50 ■ Non-members: \$55**

### SKETCHING AND COLORED PENCIL COMBO

Have you always wanted to try your hand at drawing or to enhance your current skills? Explore sketching techniques and pencil methods while learning about tones, values, and textures. We will use both colored pencils and a sketching pencil. Call for supply list.

**Session A: Thursdays**

September 24-October 29  
1:30-3:30 p.m.

**Session B: Thursdays**

November 12-December 17  
1:30-3:30 p.m.

**Members: \$32 ■ Non-members: \$37**



### KNOTTY KNITTERS

Meet, mingle and knit! If you have a passion for knitting, join our group of knitters—from beginners to seasoned stitchers. Drop in and learn the basics or share your talent and techniques. Grab your yarn and be knotty for a day! Beginners welcome.

Wednesdays, 1:00 p.m.

**FREE**

## SASSY SCRAPPERS

Grab your photos and supplies and join us for an afternoon of scrapbooking. Expand your horizons, explore new techniques, try something new, and meet new friends. Join us every first Thursday of the month from 1:00-3:00 p.m. Bring a snack and your creativity!

**Session A:**  
September 3, 1:00-3:00 p.m.

**Session B:**  
October 1, 1:00-3:00 p.m.

**Session C:**  
November 5, 1:00-3:00 p.m.

**Session D:**  
December 3, 1:00-3:00 p.m.

**FREE**

## COMPUTER

### I HAVE AN IPAD, IPHONE, IPOD...NOW WHAT?

Learn how to set up and personalize your device. This class will cover the internet, maps and driving directions, calendar, camera and photos, texting, music, and more! Learn how to share your calendar with all your apple devices, how to download and use "apps", and learn all about the amazing "Siri" who will listen to your voice commands.

**Session A: Mondays**  
September 14-October 5  
10:00 a.m.-12:00 p.m.

**Session B: Mondays**  
November 23-December 7  
10:00 a.m.-12:00 p.m.

**Members: \$40 ■ Non-members: \$45**

### OPEN COMPUTER LAB

This computer lab is open for use by older adults who would like to practice what they have learned in class, work on special projects, and get hands-on experience using a computer. Volunteers are available each month to share information and answer questions.

Fridays, 10:00 a.m.-12:00 p.m.

**FREE**



### THURSDAY OPEN COMPUTER LAB - NEW

Learn about general computer concepts, components, and applications, such as navigating the internet and using browsers, Google, Cloud Suites, and more. Come check it out each Thursday!

Thursdays, 3:00-5:00 p.m.

**FREE**

### COMPUTER CONCEPTS - NEW

Learn to use your keyboard more efficiently, along with other tips and tricks. This class is a great opportunity to explore and hone your computer skills!

Mondays, October 19-November 9,  
10:00 a.m.-12:00 p.m.

**Members: \$40 ■ Non-members: \$45**

### FACEBOOK FUNDAMENTALS

Have you heard about Facebook? Connect securely with your grandkids, friends, colleagues, and other family members. You will learn the basics like how to open a Facebook account, post messages, and upload pictures. Jump on the bandwagon and get connected! If you own a laptop, please bring it to class.

**Session A: Wednesdays**  
September 16-September 30  
1:00-2:00 p.m.

**Session B: Wednesdays**  
November 18-December 2  
1:00-2:00 p.m.

**Members: \$25 ■ Non-members: \$28**

## Health & Fitness

### Introduction to Yoga - New!

Empower your mind and strengthen your body as you move through poses. Build strength, increase flexibility, and find focus. Poses may also be modified by doing chair yoga (using a chair to adapt positions and poses, either by sitting or using the chair for support).

**Session A: Tuesdays & Thursdays**  
September 8-October 15  
11:00-11:45 a.m.

**Session B: Tuesdays & Thursdays**  
October 20-November 24  
11:00-11:45 a.m.

**Session C: Tuesdays**  
December 1-December 29  
11:00-11:45 a.m. (mini-session)

**Session A & B:**

**Members: \$32 ■ Non-members: \$37**

**Session C (mini-session):**

**Members: \$27 ■ Non-members: \$31**

### ZUMBA GOLD

Want to get in on the latest fitness trend? Jump on the Zumba Gold bandwagon! It is a combination of Latin dance and low-impact aerobic exercise for older adults with a little cha-cha-cha. Give it a try!

**Session A: Tuesdays & Thursdays**  
September 8-October 15  
9:00-9:55 a.m.

**Session B: Tuesdays & Thursdays**  
October 20-November 24  
9:00-9:55am

**Session C: Tuesdays & Thursdays**  
December 1- 29, 9:00-9:55 a.m.  
(mini-session)

**Session A & B:**

**Members: \$32 ■ Non-members: \$37**

**Session C (mini-session):**

**Members: \$27 ■ Non-members: \$31**



## FITNESS & FUN

Enjoy this total-body-conditioning class that will help strengthen both your cardiovascular and muscular fitness. Balance exercises and stretching help round out this total body workout. Join the fun and meet new friends!

**Session A: M/W/F**  
September 9-October 16  
9:30-10:30 a.m.

**Session B: M/W/F**  
October 19-November 25  
9:30-10:30 a.m.

**Session C: M/W/F**  
November 30-December 23  
9:30-10:30 a.m. (mini-session)

Session A & B:  
**Members: \$32 ■ Non-members: \$37**  
Session C (mini-session):  
**Members: \$27 ■ Non-members: \$31**

## SAIL CLASS (Stay Active & Independent for Life)

Join us for a fun hour of exercise that includes light aerobics and strength training while focusing on preventing falls through balance and coordination.

**Session A: M/W/F**  
September 9-October 16  
10:35-11:35 a.m.

**Session B: M/W/F**  
October 19-November 25  
10:35-11:35 a.m.

**Session C: M/W/F**  
November 30-December 23  
10:35-11:35 a.m. (mini-session)

Session A & B:  
**Members: \$32 ■ Non-members: \$37**  
Session C (mini-session):  
**Members: \$27 ■ Non-members: \$31**

## STRETCH & STRENGTHEN

Improve your core strength and balance while improving your posture. Class includes warm up, abdominal and other muscle-specific exercises, and stretching.

**Session A: Tuesdays & Thursdays**  
September 8-October 15  
10:00-10:45 a.m.

**Session B: Tuesdays & Thursdays**  
October 20-November 24  
10:00-10:45 a.m.

**Session C: Tuesdays & Thursdays**  
December 1- 29  
10:00-10:45 a.m. (mini-session)

Session A & B:  
**Members: \$32 ■ Non-members: \$37**  
Session C (mini-session):  
**Members: \$27 ■ Non-members: \$31**

## BEGINNING & INTERMEDIATE BALLROOM DANCE

Learn basic and advanced steps, techniques, and choreography. From waltz to swing, cha-cha to tango—your instructor will teach you how to identify music and give you the confidence to dance at most social events. Partner suggested, but not required.

**Session A: Mondays**  
September 28-November 2  
4:00-5:00 p.m.

**Session B: Mondays**  
November 9-December 14  
4:00-5:00 p.m.

**Members: \$32 ■ Non-members: \$37**

## DROP-IN CLASS - LINE DANCING

Grab your friends and exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Drop in for a swingin' good time!

Tuesdays, 2:30 p.m.

**FREE**

## FIT HAPPENS

Instructor Judi Floyd incorporates fun choreography with low-impact aerobics, uses light weights for muscle strength, and concentrates on endurance, flexibility, balance, and core strength.

**Session A: M/W/F,**  
September 9-October 16  
8:00-9:00 a.m.

**Session B: M/W/F**  
October 19-November 25  
8:00-9:00 a.m.

**Session C: M/W/F**  
November 30-December 23  
8:00-9:00 a.m. (mini-session)

Session A & B:  
**Members: \$32 ■ Non-members: \$37**  
Session C (mini-session):  
**Members: \$27 ■ Non-members: \$31**

## LIFELONG LEARNING

### BRAIN FITNESS - NEW!

Help keep your brain engaged and challenged. Research shows that keeping your mind active can help reduce age-related cognitive disorders. Join us and supercharge your brain with interactive games and challenges.

**Session A: Thursday**  
September 10, 2:00 p.m.

**Session B: Thursday**  
October 8, 2:00 p.m.

**Session C: Thursday**  
November 12, 2:00 p.m.

**Session D: Thursday**  
December 10, 2:00 p.m.

**FREE**

### CREATIVE WRITING WORKSHOP 101

This workshop offers a small, informal, and friendly class for those wanting to write and receive feedback. Participants share their stories, articles, or poetry and receive helpful suggestions and encouragement.

**Mondays, September 14-November 16, 9:30-11:30 a.m.**

**Members: \$42 ■ Non-members: \$47**

### ADULT ENRICHMENT WORKSHOP

#### OH MY GOSH—NOW WHAT?

There's no diagnosis like an Alzheimer's or Dementia diagnosis. More and more families are facing the long road of caring for a loved one with Dementia. There is a lot of uncertainty both before the diagnosis and in the early stages after. Take a look at the questions and the answers in this six-part series for families and individuals beginning the journey. Sponsored by Pierce County Community Connections Aging and Disability Resources.

*"What is Dementia? What are the warning signs?"*

**Session A: Monday**  
September 14, 6:00-7:00 p.m.

*"How does the disease progress? What should I expect?"*

**Session B: Monday**  
September 28, 6:00-7:00 p.m.

*"How do I start the conversation? How do I cope with the shock?"*

**Session C: Monday**  
October 12, 6:00-7:00 p.m.

*"What are the typical behaviors? How do I manage them?"*

**Session D: Monday**  
October 26, 6:00-7:00 p.m.

*"How do I pay for care? What are the legal things I should do?"*

**Session E: Monday**  
November 2, 6:00-7:00 p.m.

*"Where can I turn for help? What are the resources I can rely on?"*

**Session F: November 16**  
6:00-7:00 p.m.

**FREE**

### COFFEE WITH A COP

Building community one cup at a time! Coffee with a Cop brings police officers and the community members they serve together, over coffee, to chat in this friendly open forum.

**Thursday, October 8, 9:30 a.m.**

**FREE**

### PIERCE COUNTY COMMUNITY CONNECTIONS SERVICES

Join us and learn about benefits, programs, and services offered by Pierce County Community Connections. Offerings include food assistance, energy assistance, transportation, Medicare savings programs, home repair, in-home care, respite care, property tax exemptions, and more. Enjoy a delicious dessert too!

**Wednesday, October 14, 10:00 a.m.**

**FREE**

### LET'S ENJOY HISTORY TOGETHER - "HOLIDAY TRADITIONS: THEN AND NOW"

We will be reviewing some of the traditions associated with celebrating Thanksgiving and Christmas in the United States and the Pacific Northwest. Attendees are encouraged to share their favorite memories of holidays.

**Thursday, November 19, 1:00 p.m.**

**FREE**

### BEGINNING YOUR FAMILY HISTORY - NEW!

With TV's current programs like "Who Do You Think You Are?" and "Finding Your Roots", do you ever wonder about your own roots? Join Dee Haviland Fournier, as we research our ancestors. Dee has over 30 years' experience and currently volunteers as an instructor at Heritage Quest Research Library.

**September 24, 1:00 p.m.**

**October 22, 1:00 p.m.**

**November 23, 1:00 p.m.**

**December 21, 1:00 p.m.**

**FREE**

### HAPPY BOOKERS BOOK CLUB

Do you love to read? Do you enjoy meeting others who love good books? Escape the everyday, read a great book, and make new friends. Happy Bookers meet once a month to discuss the current book from the Pierce County Library System's Book Club Collection (both fiction and non-fiction award-winning books).

**Session A: Thursday**  
September 10, 10:30 a.m.

**Session B: Thursday**  
October 8, 10:30 a.m.

**Session C: Thursday**  
November 12, 10:30 a.m.

**Session D: Thursday**  
December 10, 10:30 a.m.

**FREE**

## "BETTER EVERY DAY"- BOOK SIGNING WITH DOROTHY WILHELM

Join special guest Dorothy Wilhelm! She will be signing her new book, "Better Every Day", a collection of her readers' favorite columns written over the last twenty-five years for the Tacoma News Tribune. From "There's the Frog That Came in from the Cold" to "The Cane Mutiny", it all adds up to the fact that getting older is "Not for Sissies". Dorothy is a professional humorist and national speaker. You may also remember her from her long-running TV show, "My Home Town". Be sure to come and meet Dorothy and celebrate the first day of fall.

Wednesday, September 23  
10:00 a.m.-12:00 p.m.

**FREE**

## CARD & BOARD GAMES

Mah-jongg: Tuesdays, 1:00 p.m.  
Cribbage: Thursdays, 10:30 a.m.

## AARP SMART DRIVER COURSE

Drivers who are older than 55 can qualify for a reduction in their auto insurance rates by attending the AARP Driver Safety Program. We are a host site for the AARP Driving Class and offer one session every month. Space is limited. You must attend both days on the two-day classes. (Class length totals eight hours.)

**Session A: Wednesday & Thursday**  
September 9-10, 12:30-4:30 p.m.

**Session B: Wednesday**  
October 14, 9:00 a.m.-5:30 p.m.

**Session C: Thursday & Friday**  
November 12-13, 12:30-4:30 p.m.

**Session D: Wednesday**  
December 9, 9:00 a.m.-5:30 p.m.

AARP members: \$15.00  
Non-AARP members: \$20.00

## FUN EVENTS

### PIE IN THE SKY!

It's easy as pie! What better way to celebrate the first day of fall than by enjoying a delicious piece of pie with special guest Dorothy Wilhelm. She will be signing her new book, "Better Every Day"—a collection of her readers' favorite columns written over the last twenty-five years for the Tacoma News Tribune. From "There's the Frog That Came in from the Cold" to "The Cane Mutiny", it all adds up to the fact that getting older is "Not for Sissies". Dorothy is a professional humorist and national speaker. You may also remember her from her long-running TV show, "My Home Town". Be sure to come and meet Dorothy, have a piece of pie, and celebrate the new season! Pie sponsored by Family Resource Home Care.

Wednesday, September 23  
10:00 a.m.-12:00 p.m.



### SOUP-TACULAR - NEW!

**FREE!** Join us for a hot, light lunch with dessert, all provided by Bridgeport Place. But it's not just about the food; enjoy the camaraderie and the opportunity to eat, sit, and chat with friends! Please feel free to invite a new friend.

**Session A: Thursday**  
September 17, noon

**Session B: Thursday**  
October 15, noon

**Session C: Thursday**  
November 19, noon

**Session D: Thursday**  
December 17, noon

### OKTOBERFEST

We're having a party to spread some October cheer, with great food and lots of German (root)beer. Ingredients: Great music, games, lots of German food, and time well-spent with friends. Come and help us make this Oktoberfest celebration a success! Bring a German dish to share. RSVP.

Thursday, October 1, 1:00 p.m.

**Members: Free**

**Non-members: \$3.28**

### MONSTER MASH BASH

Join us for the Monster Party of the year! We're having a party, you're in for a scare. It's a Halloween bash, so dress up if you dare! Please bring a healthy dish to share. RSVP.

Thursday, October 29, 1:00 p.m.

**Members: Free**

**Non-members: \$3.28**

### VOLUNTEER APPRECIATION RECEPTION: You Are an Essential Piece of the Puzzle

We would like to honor all of the special people who have donated their time and talents at the Lakewood Senior Activity Center over the last year! Volunteers are an essential piece of the puzzle and without them our puzzle would not be complete! This reception is our opportunity to celebrate our volunteers and return the honor. Volunteers can pick up their free ticket at the Activity Desk. All others need to purchase a ticket prior to November 12.

Tuesday, November 17, 2:00 p.m.

**Volunteers: Free ■ Guests: \$3.28**

### NORTH POLE HOLIDAY PARTY

It's that time of year again—time to go to the North Pole—so be sure to sign up and join us for a lively holiday celebration. Warm up with a steaming cup of hot chocolate, bring a healthy holiday dish to share, meet and mingle with friends, and indulge yourself in holiday cheer! RSVP.

Wednesday, December 9, 1:00 p.m.

**Members: Free**

**Non-members: \$3.28**

## MEMORY SOCIAL HOUR

Join us for food, activities, and fun. This is a support group for people with early stage memory loss and serves people with Alzheimer's or dementia, their caregivers, and families. It gives everyone an opportunity to be themselves in a safe, supportive environment while enjoying activities and entertainment. For more information, call Elizabeth at 798-4090.

### FALL FESTIVITY:

Kick off the beginning of fall with us!

**Session A: Thursday**  
September 24, 2:00 p.m.

### HALLOWEEN HAPPENINGS:

Join us for some treats, entertainment, and maybe even a couple of tricks.

**Session B: Thursday**  
October 22, 2:00 p.m.

### GRATITUDE GATHERING:

November is the month to remember all the things for which we are grateful.

**Session C: Thursday**  
November 19, 2:00 p.m.

### HOLLY JOLLY PARTY:

Time to mingle with friends and spread some holiday cheer!

**Session D: Thursday**  
December 17, 2:00 p.m.

## WELCOME WEDNESDAY

"Sometimes you want to go where everybody knows your name, and they're always glad you came." Let the Lakewood Senior Activity Center be that place for you! Join us on the second Wednesday of each month at 11:00 a.m. for a tour and introduction to our programs. Dessert of the Month takes place at the same time. Don't miss it!

**Session A: September 9, 11:00 a.m.**

**Session B: October 14, 11:00 a.m.**

**Session C: November 18, 11:00 a.m.**  
(Third Wednesday)

**Session D: December 9, 11:00 a.m.**

## RED HAT CHAPTER: AMETHYST & RUBY DIVAS

"Where there is fun after fifty (and before) for all women." Silliness is the comedy relief of life, so we've joined Red Gloved Hands and will go for the gusto together. We share the bond of affection and an enthusiasm for whatever life takes us. Call (253) 798-4090 for more information.

## MEN'S COFFEE HOUR

Enjoy conversation and a great cup of coffee. This is a fellowship time for men. Now join us every Tuesday of the month (see below).

Tuesdays, 10:00 a.m.  
(except the first Tuesday)

## DESSERT OF THE MONTH

Enjoy a scrumptious dessert on the second Wednesday of the month. Sponsored by Narrows Glen.

**Session A: September 9**  
10:00 a.m.-12:00 p.m.

**Session B: October 14**  
10:00 a.m.-12:00 p.m.

**Session C: November 18**  
10:00 a.m.-12:00 p.m.  
(Third Wednesday)

**Session D: December 9**  
10:00 a.m.-12:00 p.m.

Cost: **FREE**



## CAKE DAY

You are the guest of honor! Celebrate your birthday on the first Tuesday of the month. Not your birthday? You are still welcome to join us for cake—everyone is invited! Sponsored by the Weatherly Inn.

**New!!!** Each month will feature a service available in our community for older adults:

**Session A: September 1, 10:00 a.m.-12:00 p.m.** - Integrity Hearing

**Session B: October 6, 10:00 a.m.-12:00 p.m.** - Rite Aide (Flu & pneumonia shots)

**Session C: November 3, 10:00 a.m.-12:00 p.m.** - Hearthside Manor

**Session D: December 1, 10:00 a.m.-12:00 p.m.** - TACID

## VOLUNTEER OPPORTUNITIES

We have many volunteer opportunities at the Lakewood Senior Activity Center. Our volunteers help us build a strong sense of community by donating their time, services, and expertise. Volunteering helps develop new skills and abilities, increases self-esteem, and builds new friendships. We are looking for volunteer instructors for a variety of classes including art, exercise, computers, and more. We are also looking for special-event hosts, van drivers, and "Senior Ambassadors" to help in the office. If you are interested in growing and getting connected, call Elizabeth Scheid at 798-4090.

## MEMBERSHIP

Explore new adventures with us! Sign up for a 2015 membership at the Lakewood Activity Center and enjoy all the benefits from January through December. Membership includes discounts on classes, activities, and our award-winning programs. You will also receive our monthly newsletter delivered to your home. Can't imagine us without you!

**MEMBERSHIP FEE: \$30/Individual ■ \$40/Couple**

## Recreation is for everyone!

Everyone in the Lakewood community will have the opportunity to equally participate in, benefit from and enjoy parks and recreation programs and facilities. We are dedicated to enriching the lives of all people participating in Lakewood Parks, Recreation and Community Services programs. If you are interested in a class or program, but hesitate to register because of a developmental or physical limitation, please contact the Parks, Recreation and Community Services Department at (253) 983-7887 or by e-mail at parks@cityoflakewood.us for assistance. Reasonable accommodations for special needs require a minimum of three weeks notice in advance of the program start date. Participants needing individual assistance in programs, including toileting, transferring, eating, dressing or behavior intervention, must bring an attendant/ companion to the program.

## REGISTRATION

Most programs have a minimum and a maximum enrollment to ensure a quality experience for all participants. Please register at least five (5) business days in advance (payment must be received at the time of registration.) Programs may be cancelled (or combined) if minimum enrollments are not met at least five (5) business days prior to the start date of a program.

## GENDER EQUITY STATEMENT

The City of Lakewood does not discriminate against any person on the basis of gender in the operation, conduct or administration of community athletic programs or sports facilities.

Any citizen who feels he/she has been the victim of discriminatory treatment in violation of this policy should report the concern to Parks,

REGISTRATION/PAYMENT OPTIONS	
In Person	Lakewood City Hall, 3rd Floor M - F 8:30am - 5pm Cash/Check/Credit Card
By Phone	253.983.7887 M - F 8:30am - 5pm Visa/MasterCard Only
By Fax	253.583.7474 24 hour convenience Complete form on page 26. (Please Print Clearly)
By Mail	Send completed registration form (pg. 26) & payment to: Parks, Recreation & Community Services 6000 Main Street SW, Lakewood, WA 98499
Online	<a href="https://www.cityoflakewood.us/parks-and-recreation/program-registration">https://www.cityoflakewood.us/parks-and-recreation/program-registration</a> 24 hour convenience Visa/MasterCard only
Lakewood Senior Activity Center Programs	To register for any of the older adult programs, please contact the Lakewood Senior Activity Center - 253.798.4090 9112 Lakewood Drive SW #121 Lakewood, WA 98499

Recreation and Community Services Department staff at (253) 983-7887.

## INCLEMENT WEATHER

Lakewood Parks, Recreation and Community Services will follow the Clover Park School District's Weather Advisory. If the school district is closed, all recreation programs will be cancelled. If children have already arrived, parents will be notified to pick up their children immediately. If school opening is delayed, programs will operate as normally scheduled, unless special circumstances exist. Please call (253) 983-7887 or (253)798-4090 for the Lakewood Senior Activity Center for up-to-date program information. Inclement weather can also affect park use and trail conditions. Please use caution

when visiting parks and trails during poor weather.

## REFUNDS

A \$10 administrative fee will be charged on all refund requests. Refund requests must be made in writing at least one week before the start date of a program, and sent to the Parks, Recreation and Community Services Department by mail, fax or e-mail. Refund requests will not be accepted beyond one week prior to the start of a program. Full refunds will be issued if we cancel a program due to insufficient registration. No refunds will be issued once an activity has begun. All refunds will be made in the form of a check. Trip/tour refund requests must be made 15 days in advance of the scheduled trip/tour date.



# Parks, Recreation & Community Services

Creating community through people, parks and programs.

600 Main Street SW, Lakewood, WA 98499 • Phone: 253.983.7887 • Fax: 253.537.3774

Adult First Name		Last Name		Would you like to receive e-mails about upcoming programs and events from Lakewood Parks, Recreation and Community Services?  <input type="checkbox"/> Yes  <input type="checkbox"/> No
Street Address		City/State/Zip		
Phone, Home		Phone, Work		
Email				
Role in Family		Gender	Birthdate	
Emergency Contact Name (other than parent)		Emergency Contact, Relation		Emergency Contact, Phone

PARTICIPANT NAME	M/F	BIRTHDATE	ACTIVITY NAME	SESSION	DAY/TIME	FEE

<b>PAYMENT DETAILS</b> (Payment is due in full at time of registration)		
Total Fee: \$		
<input type="checkbox"/>	Cash	
<input type="checkbox"/>	Check #	
<input type="checkbox"/>	Credit Card	
<input type="checkbox"/>	Mastercard	<input type="checkbox"/> Visa
Card #		
Expiration Date:		

Participants and parents/guardians of all participants are required to sign the following release. I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Lakewood, City of Lakewood Parks and Recreation Department, staff, instructors, coaches and volunteers for any claim arising from injury to my/our child. Furthermore, in case of emergency, if my child or I require medical attention, I give, permission for a City of Lakewood representative, or the representatives designee, to secure the emergency medical attention required. Any direction to the contrary should be noted on the backside of this form and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

Signature (of participant, or parent/guardian of child participant)

Date:

Registration is NOT VALID without signed waiver and release.

## Come See Our Farmers Market Vendors



### FARMS AND GARDENS

McDonald Farms ■ Amador Farms ■ El Punto's Community Garden  
 Moua Garden ■ Robbins Honey Farm ■ Country Classics Farm ■ Peto Garden  
 Ayala Farms ■ Hayton Farms Berries ■ Dao Lee Garden ■ The Purple Geranium  
 Smith Brothers Farms

### PREPARED FOODS

Josefina's Burrito Boy ■ Shelton's Dogongood Dogs ■ The Whistle Stop  
 Gibson's Frozen Yogurt ■ Da-Van That Know "The Man"  
 Ferris Fun Foods Kettle Corn ■ Purely from Scratch ■ Happy Days Cool Treats  
 Tea Madame Tea Shop ■ The Hound Dog Bakery

### SKIN CARE

Aloha Therapeutics ■ Hello Skin

### CRAFTS

Hot Flash Art ■ Shugies Jewelry ■ LAK Woodworks ■ The Power Crew, LLC  
 GN Creations ■ T & T Crafts ■ Aspirations by Paula ■ Authentic African Arts  
 All about the Rhinestones

To join our wonderful list of vendors or to learn more about  
 Lakewood's Farmers Market,  
 visit [www.cityoflakewood.us/parks-and-recreation/farmer-s-market](http://www.cityoflakewood.us/parks-and-recreation/farmer-s-market)

*Thank you  
 to our Sponsors!*

### SUMMERFEST TRIATHLON

A special thank you to our  
 Presenting Sponsor



Thank you to our Partner Sponsors



Thank you to our Sponsors



ARMY STRONG:



### WEST PIERCE FIRE AND RESCUE



TACOMA MARITIME  
 INSTITUTE

### TOWN OF STEILACOOM

Thank you to all of our partners  
 and volunteers who made this  
 event a success!



We would like to express our appreci-  
 ation to all of our sponsors, partners,  
 and the Tacoma South Sound Sports  
 Commission for their involvement.