

# LAKEWOOD

CONNECTIONS MAGAZINE • WINTER 2016

## CELEBRATING 20 YEARS



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**2016 BOAT LAUNCH PASSES for American Lake Park boat launch facility are now available.**

Passes are valid from Jan. 1, 2016 through Dec. 31, 2016.

Resident rate is \$100, non-resident rate is \$130 and commercial rate is \$250 plus Washington State tax. An application packet is available at City Hall, 6000 Main St. SW, or online at [cityoflakewood.us](http://cityoflakewood.us).

Individuals must provide boat trailer license numbers. Those requesting a resident discount must show proof of residency at City Hall. The \$15 daily rate hasn't changed but, new in 2016, the kiosk at the boat launch site will only take credit or debit cards. No cash transaction will be available.

**For more information please contact parks and recreation at 253-983-7887.**



**New Look a Success!**

This is the second issue of the new-look **Lakewood Connections** and I am happy to report that community support has been fantastic.

Our aim is to make re-invent the **Lakewood Connections** magazine to better serve the community with a resource for learning about city of Lakewood initiatives, cultural events, regulation and policy.

The printed word continues to be the most trusted source of news and information. In fact, it is even more trusted now than it ever has been. A recent international media survey conducted by New York public relations firm Edelman, found that even the 18-to-34-year-old demographic trusts printed media at a rate three times that of websites. Social media platforms barely registered on Edelman's trust scale.

**Lakewood Connections** is trusted too, because we vet the information within it. **Lakewood Connections** is dedicated to the factual accounting of city initiatives, cultural events and community events.

The news and information we report comes directly from the city, and/or bylined authors. Credible, trusted and knowledgeable sources, all.

Advertiser participation is the reason we are able to publish this community asset, and we rely on their continued support to allow us to publish **Lakewood Connections Magazine** every quarter.

Please be sure to patronize our advertisers and make sure they know you recognize that they are the reason we can produce this magazine.

As long as our advertisers support us, we'll continue to provide you with accurate news about your community.

And thank you for your continued support and feedback. I always enjoy hearing from my neighbors!

- Peter Philips, Publisher

**JBLM Soldiers Collect Litter on Veterans Day**

This past Veterans Day 2015, soldiers with the 2-3 Infantry Battalion from Joint Base Lewis-McChord contributed their time and effort by picking up 20 – yes, 20 – bags of litter in Lakewood. It was all part of the City's Adopt-A-Street program.

Even bigger than cleaner streets, this kind of effort speaks to the great relationship and teamwork between JBLM and its host City, Lakewood. Great job, everyone!

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# LETTER FROM THE EDITOR



## We Love That You Love Lakewood Connections Magazine



If emails, phone calls, Facebook posts and Tweets are any indication, then Lakewood residents have spoken.

Their message: They loved the inaugural edition of the new-look *Lakewood Connections Magazine*.

The City of Lakewood introduced this newer, shinier product in September 2015. In the days after it began arriving in mailboxes, residents went digital to share

their impressions of the publication's new look.

Wrote Twitter user @ItsRiaJ: "Love the New Upgrade."

Facebook user Lora: "Very informative."

The email from Lakewood resident Bob was to the point: "GOOD WORK!"

For those of us here at the City, the feedback is gratifying. We're here to serve you, the public. The fact that you offered such an overwhelming positive response means we're tuned into the community. That's a good thing.

What's more exciting for us is that it's only the start for *Lakewood Connections* in terms of the magazine's offerings. We're developing creative and interesting methods of delivering information to households and businesses across Lakewood.

Take this issue for example. We're focused on the 20th anniversary of Lakewood's incorporation, a historic milestone for our City. There are articles on Lakewood's recently appointed Police Chief, an update on major street projects and the City's new online commercial property listings feature.

This is the kind of relevant and educational content we strive to bring you via our magazine, website, social media, videos and other communication outlets. We are open and engaging with our information.

When you tell us how much you love our work, it means that we're doing our jobs. Thanks for the feedback, and as always, keep it coming.

Sincerely,

Brent Champaco  
COMMUNICATIONS MANAGER  
& EXECUTIVE EDITOR

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253.798.4090

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# COUNCIL ADOPTS COMMUNITY VISION STATEMENT



The Lakewood City Council, from left to right: Councilmember Mike Brandstetter, Councilmember John Simpson, Councilmember Mary Moss, Mayor Don Anderson, Councilmember Marie Barth, Councilmember Paul Bocchi, and Deputy Mayor Jason Whalen.

After more than a year's worth of public outreach and discussion, the Lakewood City Council adopted its official Community Vision Statement in October, formalizing what we want our community to look like a decade from now.

The effort included gathering significant public input via online community surveys, meetings with community groups and an open community interactive workshop. From this, the City Council identified several community values that led to the development of its vision, i.e., what Lakewood will look like and be known for on its 30th anniversary.

The next steps involve developing a work plan to initiate actions and activities that support the community values identified by the City Council and realize the goals identified in the Vision Statement. We would like to thank all members of the public who contributed to this invaluable process. Your voice is helping shape Lakewood.

## VISION

Our VISION for Lakewood is a thriving, urban, South Puget Sound City, possessing the core values of family, community, education, and economic prosperity. We will advance these values by recognizing our past, taking action in the present, and pursuing a dynamic future.

The City Council's VISION for Lakewood at its 30 Year Anniversary is a community:

- Inspired by its own sense of history and progress;
- Known for its safe and attractive neighborhoods, vibrant downtown, active arts and cultural communities;
- Sustained by robust economic growth and job creation;
- Recognized for the excellence of its public and private schools, and its community and technical colleges;
- Characterized by the beauty of its lakes, parks and natural environment;
- Acknowledged for excellence in the delivery of municipal services;
- Leveraging and embracing of our diversity; and,
- Supportive of Joint Base Lewis McChord (JBLM), Camp Murray, service members and their families.

- Lakewood City Council, Adopted Oct. 19, 2015

# Celebrating 20 Years as a City

The faded pictures and clippings in the scrapbook of Lakewood City Clerk Alice Bush tell the story of a city’s humble beginnings, a vision buoyed by the love and passion of its residents to control their future.

There are pictures of the first incarnations of the City of Lakewood’s headquarters – cramped, plain spaces stuffed with boxes of paperwork.

The images depict a staff that worked with a blank canvas to create the foundation of what suddenly was Pierce County’s second-largest city.

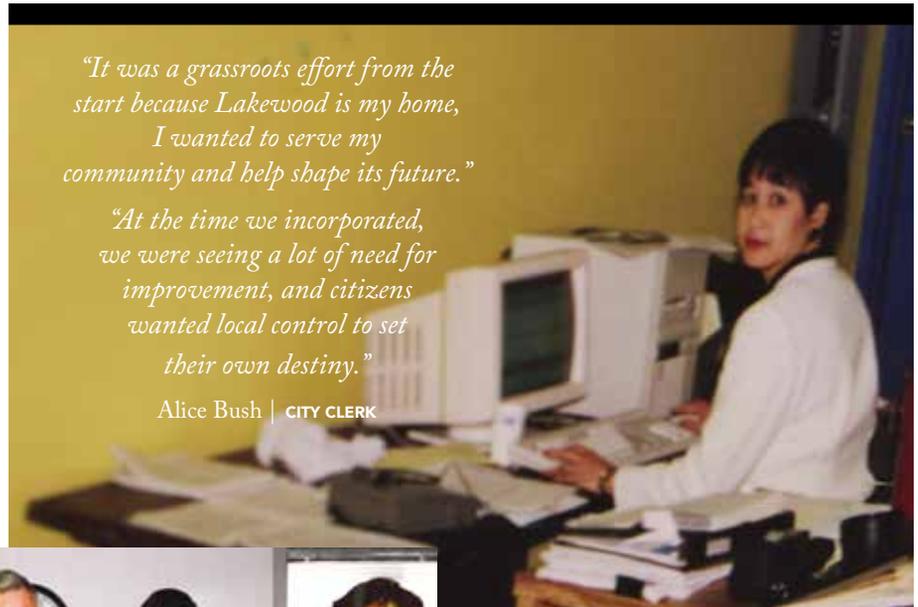
On Feb. 28, 1996, the City of Lakewood officially incorporated and opened its doors for business.

This year marks the 20th anniversary of that historic day, as well as the work required to assure that it happened.

For longtime employees such as Bush, the anniversary prompts reflection on what it was like during the City’s infancy. Bush was the first hire by then-City Manager Scott Rohlfs outside of the team he brought with him to Lakewood, and Bush is affectionately referred to as “Employee No. 1.”

After a handful of failed measures, voters finally approved Lakewood’s incorporation. She recalled how she joined the “Transition Team” of volunteers that formed the blueprints of future City services departments – a job that required research, gathering data, crunching numbers and talking with other cities and residents to formulate recommendations for a new city.

The then-employee with the City



*“It was a grassroots effort from the start because Lakewood is my home, I wanted to serve my community and help shape its future.”*

*“At the time we incorporated, we were seeing a lot of need for improvement, and citizens wanted local control to set their own destiny.”*

Alice Bush | CITY CLERK



■ (Above)  
City Clerk Alice Bush joined the “Transition Team” of volunteers that formed the blueprints of future City services departments, then was hired full-time in October 1995.

■ (Left)  
The first Lakewood City Council celebrates the City’s incorporation. From left to right: Councilmember Ann Kirk Davis, Councilmember Colleen Henry, Mayor (now “Mayor Emeritus”) William “Bill” Harrison, Deputy Mayor (and former Mayor) Claudia Thomas, Councilmember (and former Mayor) Doug Richardson, Councilmember Sherry Thomas, Councilmember Jose` Palmas.

■ (Right Top)  
The first Lakewood City Council gets officially sworn in at its first official meeting.

■ (Right Bottom)  
Community Development Director David Bugher with then-City Attorney Dan Heid.

of Tacoma was Co-Chairperson of Lakewood’s general administration team.

One of the things employees of the new city weren’t prepared for was the volume of foot traffic and questions from an excited public.

Assistant City Manager/Community Development Director Dave Bugher was hired a few weeks after Bush. He recalled how in the months leading up to the City’s opening, the then-City Council met twice a week and into the late-night hours to adopt local codes and regulations.

When the Community Development Department opened for business on Day 1, a three-person team was immediately overwhelmed with permit activity.

Bugher also recalled how, at the City’s

location in the People’s Plaza, there was such a lack of space that he’d often have to take his laptop and use the men’s restroom as a workspace.

Then there was the time Bugher and his fellow employees were celebrating



his 40th birthday in the basement of the City's early home. The candles on his birthday cake, he recalled, refused to blow out, and the cake turned into a "pillar of fire" with flames reaching toward the ceiling. Had employees with the then-Lakewood Fire District not been in attendance, the City's early history might have taken a drastic turn.

Human Resources Director Debi Young's first day was two weeks before the City opened its doors. There were less than 10 total employees, "basically a couple of department directors plus a couple of employees in Finance to process payroll and pay bills."

Needless to say, Human Resources had the daunting task of hiring City staff. There was no pay plan or hiring policies. It became an exercise of creating positions and advertising as quickly as possible. "The community supported us and sent volunteers to help."

Despite the growing pains that accompanied incorporation, the City of Lakewood survived the first year. Then the second. By the time it celebrated its 10th birthday, it had moved into a new City Hall, formed its own Police Department,

rejuvenated its streets, sidewalks, parks space and other infrastructure and was financially stable.

Today, crime in Lakewood has plummeted thanks to its policing efforts. The community boasts some 500 acres in parks and open space, including the popular Fort Steilacoom Park. Neighborhoods such as Tillicum and Woodbrook have seen millions of dollars invested in sewer, street, sidewalk and other infrastructure improvements. Even more is being invested in local roads and - due to Lakewood's partnerships with federal, state and local government - into relieving congested nearby highways.

Lakewood's court system is innovative. The community is seeing more business move to the area and stay. It was named one of the best communities in the country for youth.

The list of tangible and intangible pieces of evidence pointing to Lakewood's improvement over the last 20 years is seemingly endless.

For employees who have seen Lakewood's progress since Day 1, even they couldn't predict how far the community would come in such a relatively small amount of time.

"I cannot help but think back on all the progress we have made cleaning up the City," Young said. "We have so many areas where people meet to enjoy the beautiful amenities, and it is so much safer than it was 20 years ago."

Bugher said he's most proud of the changes that he and his department helped kick-start in areas such as South Tacoma Way, Pacific Highway and Tillicum. Longtime residents might not necessarily recognize the improvements because they're incremental, but there is a difference.

For Bush, looking back on the past 20 years brings a sense of pride.

"I feel really honored and privileged to have served and had a hand in the history and future of making Lakewood a great place to live, work and play."

**HISTORY?**  
WHY, LAKEWOOD DIDN'T EVEN HAVE  
A HISTORY BEFORE IT BECAME  
A CITY IN 1996!

**We beg to differ!**

Find out why. Meet these and other  
local legends at [lakewoodhistorical.org](http://lakewoodhistorical.org)

# MOUNTAIN VIEW FUNERAL HOME

## Memorial Park & Crematory



The manicured grounds of Mountain View Funeral Home, Memorial Park & Crematory seemingly whisper a century's worth of South Sound history.

The cemetery boasts some of the region's most noted figures, but those historical celebrities mingle amongst thousands of mothers, fathers, sons, daughters, brothers, sisters, uncles, aunts and friends who have come and gone.

James Richard Thompson started Mountain View Memorial Park in 1915 to "provide a service for the community that was badly needed," according to General Manager Clarke Thomson. The first burials took place Dec. 15, 1915 – three people, to be exact. Over the next century, more than 100,000 families and friends have buried or cremated loved ones

*"Our role is to provide assistance so families can focus on the emotional part"*

Clarke Thomson  
GENERAL MANAGER

through Mountain View, according to the funeral home's records. It has supported and guided Lakewood and South Sound residents during their most difficult times.

As the funeral home celebrates its 100th year – an astonishing feat for

any business or organization – nearly everyone who works or is associated with Mountain View can marvel at the role it has played in the Lakewood community.

One thing that hasn't changed, and perhaps is the biggest reason for the cemetery's century of success, is Mountain View's mission: Provide quality service to the community when it's most hurt.

"Our role is to provide assistance so families can focus on the emotional part," Thomson said. "You have three to 14 days to plan for a funeral. You only have one chance to do it right. Families should not have regrets. When they look back at the decision, they should feel that they made the right one."

Read the rest of Mountain View's story at [cityofflakewood.us](http://cityofflakewood.us).

# City Launches Online Commercial Property Listings Feature

Looking for available commercial property space in Lakewood? Look no further than cityoflakewood.us.

The City's Economic Development Department, working with Officespace.com, has launched a feature that lists available commercial property in Lakewood that's up for sale or for lease. No more searching different real estate sites or placing faith in ones that you've never heard of.

It's good for those selling or leasing property, too. Brokers and property owners can list their properties in Lakewood for free by simply registering with Officespace.com.

Each listing on the City of Lakewood's website includes information such as:

- Building Name/Address
- Sale price/lease rate
- Square footage
- Year built/renovated
- Number of buildings
- Number of floors
- Parking ratio
- How long space has been on the market

Economic Development Manager Becky Newton says the feature is simply another way the City can help anyone who wants to or may be interested in investing in the community.

"We really want people to see the kinds of investment opportunities that are available in Lakewood," she said. "We want to give people a one-stop shop to find opportunities, as well as to let them know that the City is here to assist them."

To view the new feature, visit [cityoflakewood.us/economic-development/available-commercial-properties](http://cityoflakewood.us/economic-development/available-commercial-properties)

### City of Lakewood Commercial Real Estate Availabilities

All (33)   Office (16)   Retail (16)   Industrial (12)   For Lease (33)   For Sale (34)



**100th Street Plaza**  
6101 100th St SW, Lakewood, WA 98499  
Total SF: 650

**Space 6101**  
Total SF: 650   Rate: \$12.92/sf/yr FSG   Floor: 6101   On Market: about 4 years  
Updated: 09/15/11

---



**11711 Pacific Highway SW**  
11711 Pacific Hwy SW, Lakewood, WA 98499  
For Sale \$750,000.00   Total SF: 5,000   Buildings: 2   Floors: 1

**Space 1**  
Total SF: 5,000   Rate: N/A NNN   Floor: 1   On Market: almost 5 years  
Updated: 11/18/14  
Property size: ±32,000 SF. Lot is completely fenced and has 250 feet of frontage on Pacific Highway. Easy access to I-5 from Bridgeport Way SW. \$2,000/month, NNN.

---



**2514 92nd Street South**  
2514 92nd St S, Lakewood, WA 98499  
For Sale \$2,400,000.00   Total SF: 23,634   Buildings: 1   Floors: 1



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Dermatologist  
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# Industrial Boom in Lakewood

Lakewood is poised for its own industrial revolution, so to speak.

The City has more than 1,100 acres that it can use for industrial purposes and is home to some of the busiest industrial activity in the region. There are several reasons for that, including the fact that Lakewood is located in a “Foreign Trade Zone,” its proximity to the Port of Tacoma, direct access to Interstate 5 and direct connection to the Northwest Seaport Alliance.

In all, Lakewood has the potential to create more than an estimated 1,600 industrial-related, family wage jobs.

Here’s what’s happening at three major industrial sites in Lakewood:

## LAKWOOD INDUSTRIAL PARK

- 2.5 million square feet of leasable space.
- Companies employ a combined 1,300 people.
- Fourth-largest private, for-profit employer in Pierce County.
- Recently completed 136,000-square-foot building; 268,300-square-foot building to be completed January 1, 2016.
- Sampling of Companies:
  - **Manufacturing:** Cascades Sonoco, Richards Plastics, Custom Choice Door, Relm West Labels, Inc., Glacier Packaging, CR Coachworks LLC., Stina’s Cellars Boutique Winery, Newly Weds Foods, Inc., and Tacoma Glass.
  - **Warehousing and distribution:** McLane Northwest, Worldpac, Inc., Tractor Supply Company, Shelter Logic (West Coast Distribution Center), Simply Healthy, Guitar Center, and Dal-Tile.
  - **Trucking:** Watkins and Shepard, Penske.
  - **Retail:** People’s Furniture, Fastenal.

## SOUTH TACOMA WAY

- Pierce Transit recently sold 13 acres at the corner of South Tacoma Way and 96th Street.
- The majority of the property is located in the Air Corridor (military zoning in the flight path of JBLM) which allows for industrial development. The parcels fronting South Tacoma Way are in the Commercial Zone, allowing for retail development.
- Dermody Properties, a development company based out of Reno, Nev., purchased the property this year. They are planning a 300,000-square-foot, light-industrial manufacturing plant in the Air Corridor and retail on South Tacoma Way.

## WOODBROOK INDUSTRIAL BUSINESS PARK

- 150 acres zoned industrial and prime for redevelopment.
- The City of Lakewood completed a \$6.8 million sewer upgrade to Woodbrook in 2011. It was named a top priority by City leaders upon incorporation and has remained a top priority with the current City Council.
- Phase II, which will complete the necessary upgrades to support the park, will be finished in 2016. This phase will cost \$1.6 million.
- Nearly all upgrade costs are grant-funded.
- City leadership has been committed to provide the necessary infrastructure for those neighborhoods to provide the platform for economic revitalization.
- A 440,000-square-foot logistics center on 20 acres was approved by the City of Lakewood in 2013.
- According to the Woodbrook Industrial Business Park Plan, completed in 2009, the area will support 1,170 to 3,500 family-wage jobs.
- Based on just 1600 family-wage jobs jobs, the estimated economic impact of the Woodbrook IBP is nearly \$507 million. This includes the direct impact of the new facilities plus the indirect change in employment through vendors and expenditures into the economy. This means great opportunities for the region, particularly Lakewood. These high quality jobs are transformational for local families.

## City Awarded Certificate for Excellence in Financial Reporting

The City of Lakewood has earned the Certificate of Achievement for Excellence in Financial Reporting by the Government Finance Officers Association of the United States and Canada (GFOA) for its 2014 comprehensive annual financial report (CAFR).

The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting. Its attainment represents a significant accomplishment by a government and its management. The CAFR has been judged by an impartial panel to meet the high standards of the program, including demonstrating a constructive "spirit of full disclosure" to clearly communicate its financial story and motivate potential users and user groups to read the CAFR.

In all, 39 cities and nine counties across Washington State received this award for fiscal year 2014.

This is the latest in a slew of awards and honors the City has received over the last year and a half for its financial reporting, policies and practices. Other notable achievements include:

- **2013 CAFR Award**  
(last award was in 2005)
- **2015/2016 Biennial Budget**  
(last award was in 2007)
- **Investment Policy Certification**  
(First certification)

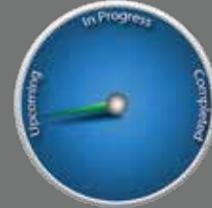
City Manager John Caulfield credited the Certificate of Achievement for Excellence in Financial Reporting distinction - along with the City's strong financial management - to Assistant City Manager of Administrative Services Tho Kraus and the members of the Finance Division: Carolyn Whipple, Cathi Short, Eric Lowell, Valerie Bonner, Tammi Dove and Teresa Mattson.



## City of Lakewood Transportation Project Status

Throughout Lakewood, improvements to the City's roads and sidewalks are complete, underway or slated for next year. Below is a list of those projects, along with their costs.

To learn more about these projects, please visit [cityoflakewood.us](http://cityoflakewood.us).



Custer/John Dower Intersection sidewalk and road improvements  
**Cost: \$681,000 in 2014**

Signal Upgrade - Intelligence Transportation Systems - Phase 4  
**Cost: \$757,000 in 2015**

Signal Upgrade - Intelligence Transportation Systems - Phase 5  
**Cost: \$520,000 in 2015**

Bridgeport Way - 83rd to 75th road reconstruction  
**Cost: \$4,160,000 in 2015**

Madigan Access Improvements - Phase 1 road improvements  
**Cost: \$917,000 in 2014**

City-wide Safety Improvements  
**Cost: \$971,000 in 2014**

Bridgeport Way Overlay - Pac Hwy to 112th  
**Cost: \$410,000 in 2015**

Steilacoom Blvd. Overlay - Lakewood Dr. to 300 feet west of S. Tacoma Way  
**Cost: \$805,000 in 2015**

Main St. Overlay - Gravelly Lake Dr. to 108th  
**Cost: \$246,000 in 2015**

59th Ave. Overlay - 100th to Bridgeport Way  
**Cost: \$293,000 in 2015**

**Total Investment:  
\$9.8 million**

Chip Seal program  
**Cost: \$745,000 in 2016/2017**

Madigan Access Improvements - Phase 2 bridge and road improvements  
**Cost: \$6,100,000 in 2016**

Bridgeport Way - JBLM to I-5 road reconstruction  
**Cost: \$3,760,000 in 2016**

LED Street Light retrofit (City-wide)  
**Cost: \$2,372,000 in 2016**

**Total Investment:  
\$13 million**

South Tacoma Way - SR 512 to 96th St. road reconstruction  
**Cost: \$4,265,000 in 2016**

108th St. pavement overlay - Main to Bridgeport  
**Cost: \$730,000 in 2016**

Lakewood Dr. pavement overlay - 100th to Steilacoom  
**Cost: \$997,000 in 2016**

Gravelly Lake Dr. sidewalk and traffic signal upgrade - 100th to Bridgeport  
**Cost: \$2,230,000 in 2016/2017**

Steilacoom Blvd. corridor safety improvements  
**Cost: \$2,686,000 in 2016/2017**

South Tacoma Way road improvements - Steilacoom to 88th  
**Cost: \$1,800,000 in 2016**

Military Rd./112th safety improvements  
**Cost: \$805,000 in 2017**

Roadway safety 96th St. to 40th  
**Cost: \$842,000 in 2017**

Lakewood Dr. to Flett Cr. to north City limits road improvements  
**Cost: \$1,210,000 in 2017**

Gravelly Lake Dr. Non-Motorized Trail - 112th to Washington  
**Cost: \$3,140,000 in 2016/2017**

Steilacoom Blvd. sidewalk and bike lanes - Phillips to Weller  
**Cost: \$650,000 in 2018**

Phillips Rd. sidewalk and bike lanes - Hudtloff to Steilacoom  
**Cost: \$700,000 in 2016/2017**

John Dower Rd. sidewalk and bike lanes - Custer to Steilacoom  
**Cost: \$750,000 in 2016/2017**

**Total Investment:  
\$20.8 million**

## Clover Park School District Board proposes replacement levy

The Clover Park School District Board of Directors is proposing a four-year educational programs and operations levy in a special election on Tuesday, Feb. 9, 2016.

### FACTS ABOUT THE FEB. 9, 2016 SPECIAL ELECTION:

- This levy will replace the district's current educational programs and operations levy, which expires in December 2016. This is not a new tax.
- The estimated levy rate is \$4.76 per \$1,000 of assessed property value.
- When approved, the replacement levy will generate \$23.5 million for each of four years, 2017-2020.
- Eighty percent (80%) of these funds provide classroom support including maintaining reduced class sizes, purchase of textbooks and classroom instructional materials, purchase of library materials and funding librarians, elementary and career guidance counselors, educational program improvements (advanced placement classes, gifted program, services for English Language Learners and students who qualify for special education programs and state and district assessments), districtwide teaching and learning activities (including training), and after-school, extended-learning programs,

- Ten percent (10%) of these funds support school technology including classroom computer stations, instructional software, upgraded wiring and Internet access costs.
- Five percent (5%) of these funds support school maintenance and operations including building maintenance (painting, roofing, flooring and lighting), custodians, grounds maintenance (athletic fields and school landscaping), classroom furniture, fixtures and equipment.
- Five percent (5%) of these funds support school safety and security including school resource officers (police), campus supervisors, increased health room support, emergency management preparation, and facility alarm and monitoring systems.

**MORE INFORMATION IS AVAILABLE BY CALLING THE DISTRICT'S BUSINESS SERVICES DEPARTMENT, 253-583-5010 OR BY VISITING THE DISTRICT'S WEBSITE AT [WWW.CLOVERPARK.K12.WA.US](http://WWW.CLOVERPARK.K12.WA.US).**



#### Did You Know?

##### IF SELLING:

- I can help you find ways to sell your home quickly.
- I can help you with suggestions on updating to maximize you money.

##### IF BUYING:

- I can help you find a home that meets your needs, wants and budget.

## THINKING OF BUYING OR SELLING?

Residential  
Condominiums  
Land  
Investment Property

### CALL TODAY!

Marie Barth  
253-777-8889



## NEW ELEMENTARY SCHOOL HONORS LAKEWOOD'S 'Four Heroes'

On Thursday, Sept. 10, 2015, the Lakewood community gathered to celebrate the opening of **Four Heroes Elementary School**.

After an in-depth selection process, the Clover Park School District Board decided the new school's namesake should honor Lakewood's Fallen Four - Sgt. Mark Renninger, Officer Tina Griswold, Officer Greg Richards, and Officer Ronald Owens. The four officers were gunned down on the morning of Nov. 29, 2009 while filling out paperwork.

Four Heroes Elementary School is named in their honor to commemorate and acknowledge the dedication and sacrifice public servants make every day.

"It is more than just the name of a school to us," Police Chief Mike Zaro said.



### ■ A LITTLE BIT ABOUT MYSELF:

I am the Assistant Chief for the Lakewood Police Department. I began my Law Enforcement career in 1998, when I was hired by the Pierce County Sheriff's Department. I was assigned to Lakewood as a Patrol Deputy in 1998 and have remained here ever since. I joined the new Lakewood Police Department in 2004 as a Detective in the Special Operations Unit. Besides Special Operations, I have worked in Patrol, Community Policing, Professional Standards and Criminal Investigations. I was promoted to Assistant Chief in December 2015. I have always loved working for Lakewood PD and look forward to the challenges of this new position.

### ■ A LITTLE MORE ABOUT MYSELF:

I was born and raised in Milwaukie, OR (just outside Portland). I am the youngest of five kids and have four older sisters. After high school, I joined the U.S. Army and served 6 years in the Army as a Combat Engineer, serving tours in Korea and Germany before ending my enlistment here at Ft. Lewis (now Joint Base Lewis-McChord). I am very active in local emergency management, both here in Lakewood and with the county's Incident Management Team (IMT). I deployed to Snohomish County during the Oso Mudslide and to Okanogan (twice) for wildfires with the IMT.

### ■ EVEN MORE ABOUT ME:

I live in Lakewood with my wife, Randi, and four sons, ages 3 years old to 16 years old. My wife grew up here in Lakewood and has many ties to the area. When I'm not busy chasing down one (or more) of my boys, I enjoy the outdoors, camping, woodworking, and photography. I have done a lot of woodworking and photography projects for friends and co-workers recently, which I thoroughly enjoy.

# Michael Zaro Appointed Police of Chief

The Lakewood Police Department has a familiar face at the helm.

In October, City Manager John Caulfield appointed Michael Zaro as Chief of Police for the City of Lakewood.

Chief Zaro had served as Interim Police Chief since April 2015, as part of the transition when former Police Chief Bret Farrar retired. Even before his term as Interim Police Chief, he had been in charge of the Police Department on several occasions as Acting Police Chief the past three years.



*"I've had the opportunity to observe Mike's performance as Interim Police Chief the last six months and I have been very pleased. His calm demeanor, demonstrated leadership and proven track record will serve the Lakewood community well."*

John Caulfield  
CITY MANAGER

Chief Zaro's career includes 21 years in law enforcement, the last 11 of which with the City of Lakewood Police Department. Before becoming Interim Police Chief in April, he had served the past seven years in a command role as Assistant Police Chief, as well as a supervisory role as Sergeant responsible for patrol, professional standards, training, background investigations for new hires and supervision of volunteers. He joined the Police Department as a detective in 2004, responsible for homicide and felony investigations, forensic investigation, public information officer (PIO) and a

member of the Crime Response Unit, a multi-agency investigative unit in Pierce County. He also served 10 years as a Deputy Sheriff and Detective with the Pierce County Sheriff's Department.

Chief Zaro earned his Master of Arts in Administrative Leadership from the University of Oklahoma and a Bachelor of Arts in Criminal Justice and Sociology from Washington State

University. He is also a graduate of the FBI National Academy in Quantico, Va., and the FBI's Law Enforcement Executive Development Seminar.

Chief Zaro will oversee a Police Department with 116 full-time positions, including 100 commissioned law enforcement personnel, and an annual budget of \$21 million.



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And More!

## CONNECT WITH "MYLAKEWOOD311"

The City of Lakewood has launched the new "MyLakewood311" app that will serve as the official platform for residents to access their government via cell phone or tablet.

The mobile app builds on the City of Lakewood's recently revamped website and award-winning social media presence, and is part of an overall effort by the City to stay connected to residents. In fact, one of the Lakewood City Council's goals is a commitment to "honest, open, and transparent government."

With the "MyLakewood311" app, residents can submit, track and view nearby service requests through their smartphones and online. Residents can also use the in-app widgets to find information about events, public meetings and view City news.

Once requests are submitted, the relevant staff redirects and responds to requests through a customized workflow management system.

The City will also use the system to provide residents with real-time status updates and comments on submitted requests.

"MyLakewood311" is an application launched in partnership between the City of Lakewood and PublicStuff. This is a free service and is available in the Apple App Store and Google Play for immediate use. Search "MyLakewood311" in the stores to download.



## *Thank you Sponsors and Community Partners*

- Allen Realtors
- America Credit Union
- Barnes & Noble
- Bowlero Lanes
- Bricks4Kidz
- Charisma School of Dance
- Children's Museum of Tacoma
- Drangsholt Orthodontics
- First Baptist Church of Lakewood
- Fleet Feet Sports
- James Guerrero Architects
- Jersey Mikes Sub
- Kiwanis Club
- Lakewood Play House
- Lakewood Ford
- Lakewood Sister Cities
- Lakewood YMCA
- Lemay
- Lions Club
- Little Church on the Prairie
- Original House of Donuts
- Partners for Parks
- Pinnacle Lumber
- Safeway
- St. Clare Hospital
- Starbucks
- Studio Fitness
- SuperSupplements
- Tacoma South Sound Sports Commission
- WSECU

### **THANK YOU TRUCK AND TRACTOR DAY PARTICIPANTS!**

- CalPortland
- Carlile Transportation
- Cascade Regional Blood Services
- ESE Corp
- Gene's Towing
- Kenworth
- Lakeview Light and Power
- Lakewood Ford
- Lakewood Towing
- Lemay
- Manke Lumber
- Patriot Fire Protection
- Smith Brothers Farm
- U.S. Coast Guard & Homeland Security
- Washington Tractor

# Breathe in the Fresh Air. WHERE?

## Any one of Lakewood's Fourteen Parks.

Boasting views of beautiful lakes, expansive lawns and miles of trails, our parks give you reason to come outdoors this winter.

### CITY OF LAKEWOOD PARKS



Map Date: December 17, 2015



Photo provided courtesy of Drew Peirine

## FORT STEILACOOM PARK: A Premier International Sports Venue

Fort Steilacoom was the site of the International Cycling Union's Subaru Cyclo Cup, Nov. 14-15, attracting racers from around the world. "True cyclocross. That's how many of the pro racers who finished on the podium Saturday at Fort Steilacoom Park described the first day of racing at the Subaru Cyclo Cup," as reported by Craig Hill from The News Tribune.

This amazing venue is in your own backyard. Experience first-hand the 340-acre park featuring an expansive trail system, baseball, softball and soccer fields, state-of-the-art playground, an off-leash dog park, two picnic shelters and year-round restrooms. Find More Information at [Cityoflakewood.us/parks-and-recreation](http://Cityoflakewood.us/parks-and-recreation)

### WHAT'S NEW FOR DOG LOVERS?

Riley Pace with troop 148 installed a new dog agility course for his Eagle Scout project at Fort Steilacoom Park. Working closely with Protect Our Pets, safety was top of mind when designing and choosing materials for the course. Come experience this new feature in our 22 acres of off-leash dog space.



## PARKS & RECREATION GUIDE



### MAKE AN IMPACT!

Volunteer to beautify your neighborhood parks. Adults, youth and teams are welcome. Please register and learn more at [cityoflakewood.us/parks-and-recreation/events](http://cityoflakewood.us/parks-and-recreation/events).

Date: Saturday, April 23, 2016

Time: 9:00 a.m. – 12:00 p.m.

### Park Clean Up Sites:

- Fort Steilacoom Park
- American Lake Park
- Wards Lake Park
- Harry Todd Park
- Springbrook Park
- Other sites as scheduled



## Lakewood Community Garden

If you love to get your hands dirty, like to watch your vegetables grow, and enjoy being outside; a garden plot is in your future! Grow an assortment of fruits, vegetables and flowers in raised beds. The Lakewood Community Garden is now in its fifth year of operation and offers plots to those who do not otherwise have a place for their own garden.

### HOW TO BUY A PLOT

**Jan. 1-22:** Returning Gardener Registration

**Jan. 24:** New Gardener Registration (Second plots will be released on April 1, 2016)

**Cost:** \$20/year for a 4' x 8' plot

Please call Dennis Higashiyama at 253-983-7835 or visit [cityoflakewood.us](http://cityoflakewood.us)

**Location:** Arrowhead Road SW & 113th St SW



## SAVE THE DATE

Eat well and shop local in 2016!

Mark your calendar  
for opening day of

**Lakewood's Farmers Market,**  
Tuesday, June 7!

Experience live music,  
cooking demos, food trucks,  
fresh produce, over 50  
vendors and fun giveaways to  
kick off the season!





## SAVE THE DATE

City of Lakewood's  
SummerFEST

Saturday July 9, 2016.  
11:00 a.m. – 11:00 p.m.  
at Fort Steilacoom Park.

Look What's New at  
SummerFEST! Healthy  
activities for the entire family.

**NEW!** 5k and 10k race,  
and 1 mile children's run  
hosted by Evergreen Trail  
Runs. Register today at [www.evergreentrailruns.com/jul-09-lakewood-summerfest](http://www.evergreentrailruns.com/jul-09-lakewood-summerfest)

**NEW!** SummerFest  
Orienteering Race hosted  
by Cascade Orienteering  
Club. Bring the whole family  
and navigate the trails at Fort  
Steilacoom Park using a map  
and compass! All ages and  
degrees of fitness welcome.  
Beginners receive training  
prior to the race! Register  
today at [cascadeoc.org](http://cascadeoc.org).

Watch for a complete  
SummerFEST schedule at  
[www.cityoflakewood.us/parks-and-recreation/special-events](http://www.cityoflakewood.us/parks-and-recreation/special-events).

### MOVIE IN THE PARK

Weigh in on the SummerFEST  
movie at dusk, presented by  
America's Credit Union. Tell us  
what family friendly movie you  
would like to see. Contact  
Amber Young, at [ayoung@youracu.org](mailto:ayoung@youracu.org) by February 20.



# SummerFEST



## HAPPY NEW YEAR! DIVE INTO A NEW CHALLENGE IN 2016

Experience the thrill of your first  
sprint triathlon! Stay motivated to  
train through the winter. Register  
today for the Lakewood Summer-  
FEST Triathlon at [www.active.com](http://www.active.com).  
Intimidated by a particular leg of  
the swim, bike or run? Simply put  
together a relay team! We will help  
you every step of the way. Learn  
how by visiting [www.lakewoodsummerfesttriathlon.com](http://www.lakewoodsummerfesttriathlon.com).



### EXPERIENCED ATHLETE READY FOR MORE?



Dive into the Triple Threat Series.  
Compete in all three local triathlons  
this summer: Black Hills in Lacey,  
Lakewood SummerFEST Triathlon  
and JBLM's Dueces Wild Triathlon.  
You will receive a special Triple  
Threat medal and access to amaz-  
ing individual and team prizes. Sign  
up today on [active.com](http://active.com).



Come to a galaxy far, far away for the  
City of Lakewood's 14<sup>th</sup> Annual

# STAR WARS

## Father Daughter Dance

Let the force awaken on the dance floor!

*Tunes from Tatooine!*



*Treats from Admiral  
Ackbar's snack bar!*



**Date:** March 12, 2016  
**Time:** 6:00 p.m.-8:00 p.m.  
**Location:** Lakes High School Commons,  
10320 Farwest Drive SW, 98498  
**Dress:** Casual to semi-formal or costumes

**Register:** [cityoflakewood.us/events](http://cityoflakewood.us/events)  
\$35/couple  
\$10/Each additional daughter  
**Contact:** Sally Martinez  
[smartinez@cityoflakewood.us](mailto:smartinez@cityoflakewood.us)  
253.983.7758



## Ray Evans Memorial Fishing Event

Children will enjoy a day on the lake at this annual event that honors former Lakewood resident and WWII hero Ray Evans. Ray was a Navy Cross recipient for his heroic actions during the battle of Guadalcanal. He and his wife Dottie have been long-time supporters of our local fishing event through their association with Trout Unlimited. It continues to be a wonderful testament to his many years of promoting fishing as a family. Feel the excitement of reeling in a big fish!

**Date:** Saturday, May 21, 2016

**Time:** 9:00 a.m. - 2:00 p.m.

**Location:** American Lake Park, 9222 Veterans Drive SW, 98498

**Cost:** \$10

(includes a rod & reel and up to 2 fish)

**Ages:** 5 - 14

Please note that participants must be accompanied by an adult

**Sessions:**

9:00 a.m. - 9:30 a.m.

10:00 a.m. - 10:30 a.m.

11:00 a.m. - 11:30 a.m.

12:00 p.m. - 12:30 p.m.

1:00 p.m. - 1:30 p.m.

**Registration required:**

Visit [www.cityoflakewood.us/parks-and-recreation/program-registration](http://www.cityoflakewood.us/parks-and-recreation/program-registration) and go to ActiveNet Online Registration. Or, fill out the form on the last page of this issue and return to Lakewood City Hall.

**Contact:** Dennis Higashiyama  
253.983.7835



*Congratulations*

## Creativity Shines in Lego® Contest

Congratulations to all of the children who entered the City of Lakewood's "Inspiring Young Creators" Lego® Building Contest presented by Bricks4Kidz.

Every creation was unique, well built, creative and added so much life to City Hall during the Christmas Tree Lighting Ceremony. The hard work, talent and creativity of every participant shined through! A special congratulations to each winner whose creations are on display at the Tacoma Children's Museum through Tuesday, January 5, 2016. Pictures and videos of the creations can be seen on the City of Lakewood's



(Top) Group photo of all first place winners  
(Above) Brendan Ee with his winning entry

Facebook page and at [www.cityoflakewood.us/parks-and-recreation/special-events](http://www.cityoflakewood.us/parks-and-recreation/special-events).

- Brendan Ee, first place, boys 6-9
- Austin Mayor, second place, boys 6-9
- Rachel Moore, first place, girls 6-9
- Kieran Knudsen, second place, girls 6-9
- Mathew Todd, first place, boys 10-14
- Joshua Sikoff, second place, boys 10-14
- Phoenix Schumacher, first place, girls 10-14
- Myra Fehling, second place, girls 10-14
- Ava & Annabelle Monner, first place, team category





# Orienteering Training and Race

Photo provided by Rebecca Jensen

## How well do you know your local Fort Steilacoom Park?

The Cascade Orienteering Club is teaming up with the City of Lakewood to provide a special newcomer instruction and training, followed by your choice of the beginner, intermediate or advanced course. You have a map, a compass, and a mission to find all of the checkpoints (control markers) on your map in the least amount of time, relying on your own wits. Finding checkpoints is like a treasure hunt. Please bring your own compass (compasses are optional and courses can be completed without them). Go solo or with a group; run, walk, it's up to you! Orienteering brings the whole family outdoors. Are you a Scout? This activity helps fulfill some badge requirements.

This event will take place during the Junior ROTC National Championships. Come participate in your own course while watching local teams compete for a national championship!

**When:**  
Sunday  
March 6, 2016

**Where:**  
Fort Steilacoom Park,  
8714 87th Ave SW,  
Lakewood, WA 98498

**Training Times:** 10:30 a.m., 11:00 a.m., 11:30 a.m., or 12:00 a.m.

Participation by pre-registration only: go to [www.cascadeoc.org/exteevents/2016/lakewood-parks-nav-training](http://www.cascadeoc.org/exteevents/2016/lakewood-parks-nav-training) and sign up for the Lakewood Parks & Rec Training and Orienteering Course.

**Cost:** \$15 entry (group/family/team/solo) includes training.

Limited Number of spots; this activity may sell out! Registration closes February 29, 2016.

**Course distance:** The beginner course is about 1 mile, the intermediate course is about 2 miles, and the advanced course is about 3 miles.

**Advanced Level:** Simply register before the race, or day of the event for the "Ultimate O." No training is involved.

### SNOWSHOEING BASICS

Session A: Saturday, February 20  
Session B: Saturday, March 19

Time: 8 a.m. – 6 p.m.

Depart & return to City Hall

Ages: Adult

Cost: \$30

To register call Dennis Higashiyama at (253) 983-7835

**Location:**

Mardee Lake at Snoqualmie Pass (location may change due to snow or weather conditions. It may also change if a number of participants have already been to the location).

**Equipment provided:**

Snowshoes & pole

**Equipment needs:**

Wear comfortable clothes as you would for a walk but with an extra layer for winter warmth. A knit hat and gloves are very helpful. Footwear should be light hiking boots if possible and bring an extra pair of dry socks to leave in the van for the trip home. Pack a sack lunch and bring water & of course your camera.



# Senior Activity Center Winter Classes

## ART



### BEGINNING DIGITAL PHOTOGRAPHY

This course covers camera handling and operations, composition, exposure controls and how to effectively use them to capture the photographs you desire. The class will also cover downloading and saving files to the computer and basic post-processing to enhance the appearance of photographs whether you are emailing, printing or posting them to the web.

**Wednesdays**

January 13 - February 3  
1:00-3:00 p.m.

**Members: \$45 ■ Non-members: \$50**

### SUMI PAINTING

Experience the simple pleasure of Asian ink painting. With practice, a few brush strokes can evoke images of bamboo, birds, boats, flowers and Mt. Rainier. Beginners are welcome. Call for supply list.

**Session A: Wednesdays**

January 6-February 10  
9:30-11:30 a.m.

**Session B: Wednesdays**

February 24-March 30  
9:30-11:30 a.m.

**Session C: Wednesdays**

April 13-May 18  
9:30-11:30 a.m.

**Members: \$56 ■ Non-members: \$62**

### COLLAGE WITH ASIAN PAPERS

Explore the world of collage. We will play with Asian papers, treasures from the recycling bin, and more. Be prepared to cut and paste! Additional material fee: \$8.

**Fridays**

February 12-March 18  
1:00-3:00 p.m.

**Members: \$50 ■ Non-members: \$55**

### WOODCARVING

This class is dedicated to the art and skill of woodcarving. It will give all levels of enthusiasts a solid foundation in the art of carving. Participants develop the skills to add a personal and creative touch to projects. Bring your projects, tools and enthusiasm.

**Session A: Fridays**

January 8-March 11  
9:00-12:00 p.m.

**Session B: Fridays**

March 25-May 27  
9:00-11:00 a.m.

**Members: \$48 ■ Non-members: \$53**

### OIL PAINTING FOR FUN

Beginners and experienced artists alike will find Carol's class to be a relaxed and creative environment for painting. All skill levels welcome!

**Session A: Mondays**

March 21-June 13  
9:00-12:00 p.m.

**Session B: Mondays**

March 21 -June 13  
12:30-3:30 p.m.

**Members: \$56 ■ Non-members: \$62**

### PRINCIPLES OF PHOTOGRAPHY

This course is designed to give the experienced, as well as the beginner photographer additional insight into the art, science and craft of photography. Learn basics including composition, light, color, electronic flash, filters and lenses.

**Session A: Thursdays**

January 7-March 24  
9:00 -11:00 a.m.

**Session B: Thursdays**

April 7-June 16  
9:00-11:00 a.m.

**Members: \$34 ■ Non-members: \$37**



## SKETCHING AND COLORED PENCIL COMBO

Have you always wanted to try your hand at drawing or enhance your current skills? Explore sketching techniques and pencil methods while learning about tones, values, and textures. We will use both colored pencils and a sketching pencil. Call for supply list.

**Session A: Thursdays**  
January 7-March 10  
1:30-3:30 p.m.

**Session B: Thursday**  
March 24-May 26  
1:30-3:30 p.m.

**Members: \$32 ■ Non-members: \$37**



## KNOTTY KNITTERS

Meet, mingle and knit! If you have a passion for knitting, join this group of knitters – from beginners and seasoned stitchers. Drop in and learn the basics or share your talent and techniques. Grab your yarn and be knotty for a day! Beginners welcome!

**Wednesdays, 1:00 p.m.**  
**FREE**

## SASSY SCRAPPERS

Grab your photos and supplies and join us for an afternoon of scrapbooking. Expand your horizons, explore new techniques, try something new and meet new friends. Join us every first Thursday of the month. Bring a snack and your creativity!

**Session A:** January 7, 1:00 -3:00 p.m.  
**Session B:** February 4, 1:00-3:00 p.m.  
**Session C:** March 3, 1:00-3:00 p.m.  
**Session D:** April 7, 1:00 -3:00 p.m.

**FREE**

## COMPUTER

### OPEN COMPUTER LAB

This computer lab is open for use by older adults who would like to practice what they have learned in classes, work on special projects and get hands-on experience using a computer. Volunteers are available each month to share information and answer questions.

**Fridays, 10:00 a.m.-12:00 p.m. • FREE**

### THURSDAY OPEN COMPUTER LAB

Learn about general computer concepts, components and applications such as navigating the internet, Google, Cloud Suites and using browsers. Come check it out each Thursday!

**Thursdays, 3:00-5:00 p.m. • FREE**

### COMPUTER CONCEPTS

Learn to use your keyboard more efficiently, along with other tips and tricks. This class is a great opportunity to explore and hone your computer skills!

**Session A: Mondays**  
March 7-March 28  
10:00 a.m.-12:00 p.m.

**Members: \$40 ■ Non-members: \$45**

### I HAVE AN IPAD, IPHONE, IPOD...NOW WHAT?

Learn how to set up and personalize your device. This class will cover the internet, maps and driving directions, calendar, camera and photos, texting, music, and more! Learn how to share your calendar with all your apple devices, how to download and use "apps", and learn all about the amazing "Siri" who will listen to your voice commands!

**Session A: Mondays**  
January 25-February 22  
10 a.m.-12p.m.

**Members: \$40 ■ Non-members: \$45**

## FITNESS

### INTRODUCTION TO YOGA

Empower your mind and strengthen your body as you move through poses. Build strength, increase flexibility and find focus. Poses may be modified by doing chair yoga which is a unique style that adapts yoga positions and poses through creative use of a chair either by sitting or using a chair for support.

**Session A: Tuesdays & Thursdays**  
January 5 - February 11  
11:00-11:45 a.m.

**Session B: Tuesday & Thursday**  
February 16-March 24  
11:00-11:45 a.m.

**Session C: Tuesday & Thursdays**  
March 29-May 5  
11:00-11:45 a.m.

**Members: \$32 ■ Non-members: \$37**

### ZUMBA GOLD

Want to get in on the latest fitness trend? Jump on the Zumba Gold bandwagon. It is a combination of Latin dance and low-impact aerobic exercise for older adults with a little cha-cha-cha. Give it a try!

**Session A: Tuesdays & Thursdays**  
January 5 - February 11  
9:00-9:55 a.m.

**Session B: Tuesday & Thursday**  
February 16-March 24  
9:00-9:55 a.m.

**Session C: Tuesday & Thursdays**  
March 29-May 5  
9:00-9:55 a.m.

**Members: \$32 ■ Non-members: \$37**

## DROP-IN LINE DANCING

Grab your friends and exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Drop-in for a swingin' good time.

**Mondays, 1:00 p.m.- New!**  
**Tuesdays, 2:30 p.m.**  
**FREE**

## STRETCH & STRENGTHEN

Improve your core strength and balance while improving your posture. Class includes warm up, abdominal and muscle-specific exercises, and stretching.

**Session A: Tuesdays & Thursdays**  
 January 5 - February 11  
 10:00-10:45 a.m.

**Session B: Tuesdays & Thursdays**  
 February 16-March 24  
 10:00 -10:45 a.m.

**Session C: Tuesday & Thursdays** March  
 29-May 5  
 10:00 -10:45 a.m.

**Members: \$32 ■ Non-members: \$37**

## BEGINNING & INTERMEDIATE BALLROOM DANCE

Learn basic and advanced steps, techniques and choreography. From Waltz to Swing, Cha-Cha to Tango-your instructor will teach you how to identify music and be confident to dance at most social events. Partner suggested, but not required.

**Session A: Mondays**  
 January 11-February 29  
 4:00 -5:00 p.m.

**Session B: Mondays**  
 March 7-April 11  
 4:00 -5:00 p.m.

**Session C: Mondays**  
 April 18-May 23  
 4:00-5:00 p.m.

**Members: \$32 ■ Non-members: \$37**

## FIT HAPPENS

Instructor, Judi Floyd incorporates fun choreography with low-impact aerobics, uses light weights for muscle strength, and concentrates on endurance, flexibility, balance and core strength.

**Session A: M/W/F**  
 January 4-February 12, 8:00-9:00 a.m.

**Session B: M/W/F**  
 February 17-March 25, 8:00-9:00 a.m.

**Session C: M/W/F**  
 March 28-May 6, 8:00-9:00 a.m.

**Members: \$32 ■ Non-members: \$37**

## FITNESS & FUN

Enjoy this total body conditioning class that will help strengthen both your cardiovascular and muscular fitness. Balance exercises and stretching help round out this total body workout.

Join the fun and meet new friends!

**Session A: M/W/F**  
 January 4-February 12  
 9:30 -10:30 a.m.

**Session B: M/W/F**  
 February 17-March 25  
 9:30-10:30 a.m.

**Session C: M/W/F**  
 March 28-May 6  
 9:30-10:30 a.m.

**Members: \$32 ■ Non-Members: \$37**

## SAIL CLASS

(Stay Active & Independent for Life)

Join us for a fun hour of exercise that includes light aerobics and strength training while focusing on balance, coordination, and falls prevention.

**Session A: M/W/F**  
 January 4-February 12  
 10:35-11:35 a.m.

**Session B: M/W/F**  
 February 17-March 25  
 10:35-11:35 a.m.

**Session C: M/W/F**  
 March 28-May 6  
 10:35-11:35 a.m.

**Members: \$32 ■ Non-Members: \$37**

# FUN EVENTS

## SOUP-TACULAR - NEW!

Join us for a free hot, light lunch with dessert, all provided by Bridgeport Place. But it's not just about the food; enjoy the camaraderie and the opportunity to eat, sit and chat with friends! Please feel free to invite a new friend.

**Session A: Thursday**  
 January 21, noon

**Session B: Thursday**  
 February 18, noon

**Session C: Thursday**  
 March 17, noon

**Session D: Thursday**  
 April 21, noon

## MEMORY SOCIAL HOUR

Join us for food, activities, fun and enjoyment. This is a support group for people in the early stages of Alzheimer's, Dementia or memory loss and for their caregivers and families. It gives everyone an opportunity to be themselves in a safe, supportive environment while enjoying activities and entertainment. For more information, call Elizabeth at 253.798.4090.

## SNOWMAN SOCIAL

The weather outside is frightful but a snowman social is delightful. Come in from the cold and warm up and enjoy some fun.

**Session A: Thursday**  
 January 28, 2:00 p.m.

## SWEETS & TREATS

Celebrate Valentine's Day and join us for a treat that will be sweet and meet new friends!

**Session B: Thursday**  
 February 25, 2:00 p.m.

**ST. PATRICK'S DAY**

It is your lucky day! Join us for some luck and shamrock fun! Don't forget to wear green!

**Session C: Thursday**  
March 24, 2:00 p.m.

**WHEN PIGS FLY**

Come celebrate National Pigs in a Blanket with us!

**Session D: Thursday**  
April 28, 2:00 p.m.

**SWEET & SASSY VALENTINE FRIENDSHIP LUNCHEON**

Grab your sweet & sassy friends and join us for lunch and an afternoon of heartwarming fun. The best time shared is with our best friends. Come celebrate with us and have a sweet time. Wear your red, white and pink and don't forget to RSVP.

**Session A: Thursday**  
February 11  
1:00 p.m.

**Members: Free ■ Non-members: \$3.28**

**LEAP DAY**

Take a lucky leap into the Senior Center. You only have this opportunity once every four years so make the most of this extra day! Hop to it and don't forget to RSVP!

**Monday, February 29, 1:00 p.m.**

**ST. PATRICK'S DAY FESTIVAL**

Calling all lads and lassies! Where you go, and whatever you do, may the luck of the Irish, be there with you. A four leaf clover will bring luck your way...especially if you join us on St. Patrick's Day. Please RSVP! Soup and dessert provided by Bridgeport Place.

**Session A: Thursday**  
March 17  
12:00 p.m.

**Members:Free ■ Non-members: \$3.28**



**SPRING SURPRISE**

Celebrate the first day of spring with a surprise. It's time to end the winter blues, so stop by the Center for a surprise and a sweet treat. Sponsored by Family Resource Home Care.

**Friday, March 18**  
10:00 a.m.-12:00 p.m.

**WELCOME WEDNESDAY**

"Sometimes you want to go where everybody knows your name and they're always glad you came." Let the Lakewood Senior Activity Center be that place for you! Join us on the 2nd Wednesday of each month at 11:00 a.m. for a tour and introduction to our programs. Dessert of the Month takes place at the same time. Don't miss it!

**Session A: January 13, 11:00 a.m.**  
**Session B: February 10, 11:00 a.m.**  
**Session C: March 9, 11:00 a.m.**  
**Session D: April 13, 11:00 a.m.**

**DESSERT OF THE MONTH**

Enjoy a scrumptious dessert on the second Wednesday of the month, sponsored by Narrows Glen.

**Session A: January 13**  
10:00 a.m.-12:00 p.m.

**Session B: February 10**  
10:00 a.m.-12:00 p.m.

**Session C: April 13**  
10:00 a.m.-12:00 p.m.

**Cost: Free**

**RED HAT CHAPTER: AMETHYST & RUBY DIVAS**

Welcome to "Where there is fun after fifty (and before) for all women". Silliness is the comedy relief of life, so we join red gloved hands and go for the gusto together. We share a bond of affection and an enthusiasm for wherever life takes us. Call 253.798.4090 for more information.

## MEN'S COFFEE HOUR

Enjoy conversation and a great cup of coffee. This is a fellowship time for men. Join us every Tuesday and Wednesday of the month (except 1st Tuesday).

Tuesdays, 10:00 a.m.  
Wednesdays, 2:00 p.m. **New!**

Don't miss special guest, City Manager, John Caulfield on Tuesday, February 23 at 10:00 a.m.

## CAKE DAY

You are the guest of honor! Celebrate your birthday on the first Tuesday of the month. You are more than welcome to join us for cake, even if it's not your birthday. Everyone is invited! Sponsored by the Weatherly Inn.

New - each month will feature a service available in our community for older adults.

**Session A:** January 5  
10:00 a.m.-12:00 p.m.  
Lakewood Historical Society

**Session B:** February 2  
10:00 a.m.-12:00 p.m.  
Family Resource Home Care

**Session C:** March 1  
10:00 a.m.-12:00 p.m.  
Bridgeport Place

**Session D:** April 5  
10:00 a.m.-12:00 p.m.  
Heart Warming Care



## LIFELONG LEARNING

### BRAIN FITNESS-NEW!

Brain Fitness is for everyone! Keep your brain engaged and challenged. Research shows that keeping your mind active can help reduce age-related cognitive disorders. Join us and super charge your brain with interactive brain games and challenges.

**Session A: Thursday**  
January 14, 2:00 p.m.

**Session B: Thursday**  
February 11, 2:00 p.m.

**Session C: Thursday**  
March 10, 2:00 p.m.

**Session D: Thursday**  
April 14, 2:00 p.m.

**FREE**

### CREATIVE WRITING WORKSHOP 101

The workshop offers a small, informal and friendly class for those wanting to write and receive feedback. Participants share their stories, articles or poetry and receive helpful suggestions and encouragement.

**Session A: Mondays**  
January 11-March 28  
9:30-11:30 a.m.

**Session B: Mondays**  
April 11-June 20  
9:30-11:30a.m.

**Members: \$42 ■ Non-members: \$47**

## ADULT ENRICHMENT WORKSHOPS

### OH MY GOSH-NOW WHAT?

There's no diagnosis like an Alzheimer's or Dementia diagnosis. More and more families are facing the long road of caring for a loved one with dementia. There is a lot of uncertainty both before the diagnosis and in the early stages after. Take a look at the questions and the answers in this six-part series for families and individuals beginning the journey. Sponsored by Pierce County Community Connections Aging and Disability Resources.

*"What is Dementia? What are the warning signs?"*

**Session A: Monday**  
April 11, 6:00-7:00 p.m.

*"How does the disease progress? What should I expect?"*

**Session B: Monday**  
April 25, 6:00-7:00 p.m.

*"How do I start the conversation? How do I cope with the shock?"*

**Session C: Monday**  
May 9, 6:00-7:00 p.m.

*"What are the typical behaviors? How do I manage them?"*

**Session D: Monday**  
May 23, 6:00-7:00 p.m.

*"How do I pay for care? What are the legal things I should do?"*

**Session E: Monday**  
June 6, 6:00-7:00 p.m.

*"Where can I turn for help? What are the resources I can rely on?"*

**Session F: Monday, June 20**  
6:00-7:00 p.m.

**FREE!**

### CARD & BOARD GAMES

Mah-Jongg: Tuesdays, 1:00 p.m.  
Cribbage: Thursdays, 10:00 a.m.

## EARLY STAGE MEMORY LOSS SEMINAR

Concerned about memory loss? If memory problems are affecting your life, attend this seminar to learn more about early stage memory loss. This seminar provides education specific to those experiencing mild memory loss. You are invited and encouraged to bring a family member or support person with you. This program aims to provide education and supportive discussion on topics such as: medical causes and treatments, planning next steps for the future, and strategies for coping and communication. Sponsored by the Alzheimer's Association. Registration required. Please call 206.529.3868 to sign up.

**Wednesday, February 17**  
1:00-4:00 p.m.

## BEGINNING YOUR FAMILY HISTORY - NEW!

With TV's current programs of "Who Do You Think You Are?" and "Finding Your Roots", do you ever wonder about your roots? Join Dee Haviland Fournier, as we research our ancestors. Dee has over 30 years' experience and currently volunteers as an instructor at Heritage Quest Research Library.

**Session A: January 28, 1:00 p.m. Free**  
**Session B: February 25, 1:00 p.m.**  
**Session C: March 24, 1:00 p.m.**  
**Session D: April 28, 1:00 p.m.**

## COFFEE WITH A COP

Building community one cup at a time! Coffee with a Cop brings police officers and the community members they serve together, over coffee, to chat in this friendly open forum. Sponsored by Lakewood Police Department.

**Thursday, March 24**  
9:30 a.m.

**FREE**

## HAPPY BOOKERS BOOK CLUB

Do you love to read? Do you enjoy meeting others who love good books? Escape the everyday, read a great book and make new friends. Happy Bookers meet once a month to discuss the current book from Pierce County libraries' Book Club Collection (both fiction and non-fiction award-winning books).

**Session A: Thursday, January 14**  
10:30 a.m.

**Session B: Thursday, February 11**  
10:30 a.m.

**Session C: Thursday, March 10**  
10:30 a.m.

**Session D: Thursday, April 14**  
10:30 a.m.

## START OFF ON THE RIGHT FOOT!

Put both feet forward and meet with board certified pedorthists to learn about proper foot wear for unique conditions such as diabetes, arthritis, neuropathy, bunions, calluses and ulcers. They can evaluate footwear on the patient to assure optimum fit, function, and workmanship.

**Wednesday, April 13**  
1:00 p.m.

## LIVE ON THE RADIO WITH DOROTHY WILHELM

Join Dorothy Wilhelm for the live recording for her Internet Radio Show, "Never Too Late on The (wait for it) Spunky Old Broads Network". Want to be on the air? Share your stories and ideas that you'd like the world to know.

**Friday, March 25**  
10:00 a.m.

## AARP SMART DRIVER COURSE

Drivers who are older than 55 can qualify for a reduction in their auto insurance rates by attending the AARP Driver Safety Program. We are a host site for the AARP Driving Class and offer one session every month. Space is limited. You must attend both days on the two-day classes. (Class length totals eight hours).

**Session A: Tuesday & Wednesday**  
January 12 & 13, 9:00 a.m.-1:00 p.m.

**Session B: Tuesday, February 16**  
9:00 a.m.-5:30 p.m.

**Session C: Tuesday & Wednesday**  
March 8 & 9, 12:30-4:30 p.m.

**Session D: Tuesday**  
April 12  
9:00 a.m.-5:30 p.m.

**Fee: \$15.00 AARP members**  
**\$20.00 Non AARP members**

## VOLUNTEER OPPORTUNITIES

We have many volunteer opportunities at the Lakewood Senior Activity Center. Our volunteers help us build a strong sense of community by donating their time, services and expertise. It develops new skills and abilities, increases self-esteem, and builds new friendships. We are looking for volunteer instructors for a variety of classes including art, exercise, computers and more. We are also looking for special event hosts, van drivers and "Senior Ambassadors" to help in the office. If you are interested in growing and getting connected, call Elizabeth at 253.798.4090.

## MEMBERSHIP

"This is a new day, a new beginning". Explore new adventures with us! "The Force is strong with this one!" Sign up for 2016 membership at the Lakewood Activity Center and enjoy all the benefits from January through December. Membership includes discounts on classes, activities and our award winning programs. We offer a galaxy full of programs. You will also receive the delivery of our monthly newsletter to your home. Can't imagine us without you! Join our team and "May the force be with you!"

**MEMBERSHIP FEE: \$30/Individual**  
**\$40/Couple**

**Recreation is for everyone!**

Everyone in the Lakewood community will have the opportunity to equally participate in, benefit from and enjoy parks and recreation programs and facilities. We are dedicated to enriching the lives of all people participating in Lakewood Parks, Recreation and Community Services programs. If you are interested in a class or program, but hesitate to register because of a developmental or physical limitation, please contact the Parks, Recreation and Community Services Department at (253) 983-7887 or by e-mail at parks@cityoflakewood.us for assistance. Reasonable accommodations for special needs require a minimum of three weeks notice in advance of the program start date. Participants needing individual assistance in programs, including toileting, transferring, eating, dressing or behavior intervention, must bring an attendant/ companion to the program.

**REGISTRATION**

Most programs have a minimum and a maximum enrollment to ensure a quality experience for all participants. Please register at least five (5) business days in advance (payment must be received at the time of registration.) Programs may be cancelled (or combined) if minimum enrollments are not met at least five (5) business days prior to the start date of a program.

**GENDER EQUITY STATEMENT**

The City of Lakewood does not discriminate against any person on the basis of gender in the operation, conduct or administration of community athletic programs or sports facilities.

Any citizen who feels he/she has been the victim of discriminatory treatment in violation of this policy should report the concern to Parks,

REGISTRATION/PAYMENT OPTIONS	
In Person	Lakewood City Hall, 1st Floor M - F 8:30am - 5pm Cash/Check/Credit Card
By Phone	253.983.7887 M - F 8:30am - 5pm Visa/MasterCard Only
By Fax	253.983.7895 24 hour convenience Complete form on page 26. (Please Print Clearly)
By Mail	Send completed registration form (pg. 26) & payment to: Parks, Recreation & Community Services 6000 Main Street SW, Lakewood, WA 98499
Online	<a href="https://www.cityoflakewood.us/parks-and-recreation/program-registration">https://www.cityoflakewood.us/parks-and-recreation/program-registration</a> 24 hour convenience Visa/MasterCard only
Lakewood Senior Activity Center Programs	To register for any of the older adult programs, please contact the Lakewood Senior Activity Center - 253.798.4090 9112 Lakewood Drive SW #121 Lakewood, WA 98499

Recreation and Community Services Department staff at (253) 983-7887.

**INCLEMENT WEATHER**

Lakewood Parks, Recreation and Community Services will follow the Clover Park School District's Weather Advisory. If the school district is closed, all recreation programs will be cancelled. If children have already arrived, parents will be notified to pick up their children immediately. If school opening is delayed, programs will operate as normally scheduled, unless special circumstances exist. Please call (253) 983-7887 or (253)798-4090 for the Lakewood Senior Activity Center for up-to-date program information. Inclement weather can also affect park use and trail conditions. Please use caution

when visiting parks and trails during poor weather.

**REFUNDS**

A \$10 administrative fee will be charged on all refund requests. Refund requests must be made in writing at least one week before the start date of a program, and sent to the Parks, Recreation and Community Services Department by mail, fax or e-mail. Refund requests will not be accepted beyond one week prior to the start of a program. Full refunds will be issued if we cancel a program due to insufficient registration. No refunds will be issued once an activity has begun. All refunds will be made in the form of a check. Trip/tour refund requests must be made 15 days in advance of the scheduled trip/tour date.

# PARKS & RECREATION GUIDE



## Parks, Recreation & Community Services

Creating community through people, parks and programs.

6000 Main Street SW, Lakewood, WA 98499 • Phone: 253.983.7887 • Fax: 253.983.7895

Adult First Name		Last Name		Would you like to receive e-mails about upcoming programs and events from Lakewood Parks, Recreation and Community Services?  <input type="checkbox"/> Yes  <input type="checkbox"/> No
Street Address		City/State/Zip		
Phone, Home		Phone, Work		
Email				
Role in Family		Gender	Birthdate	
Emergency Contact Name (other than parent)		Emergency Contact, Relation		Emergency Contact, Phone

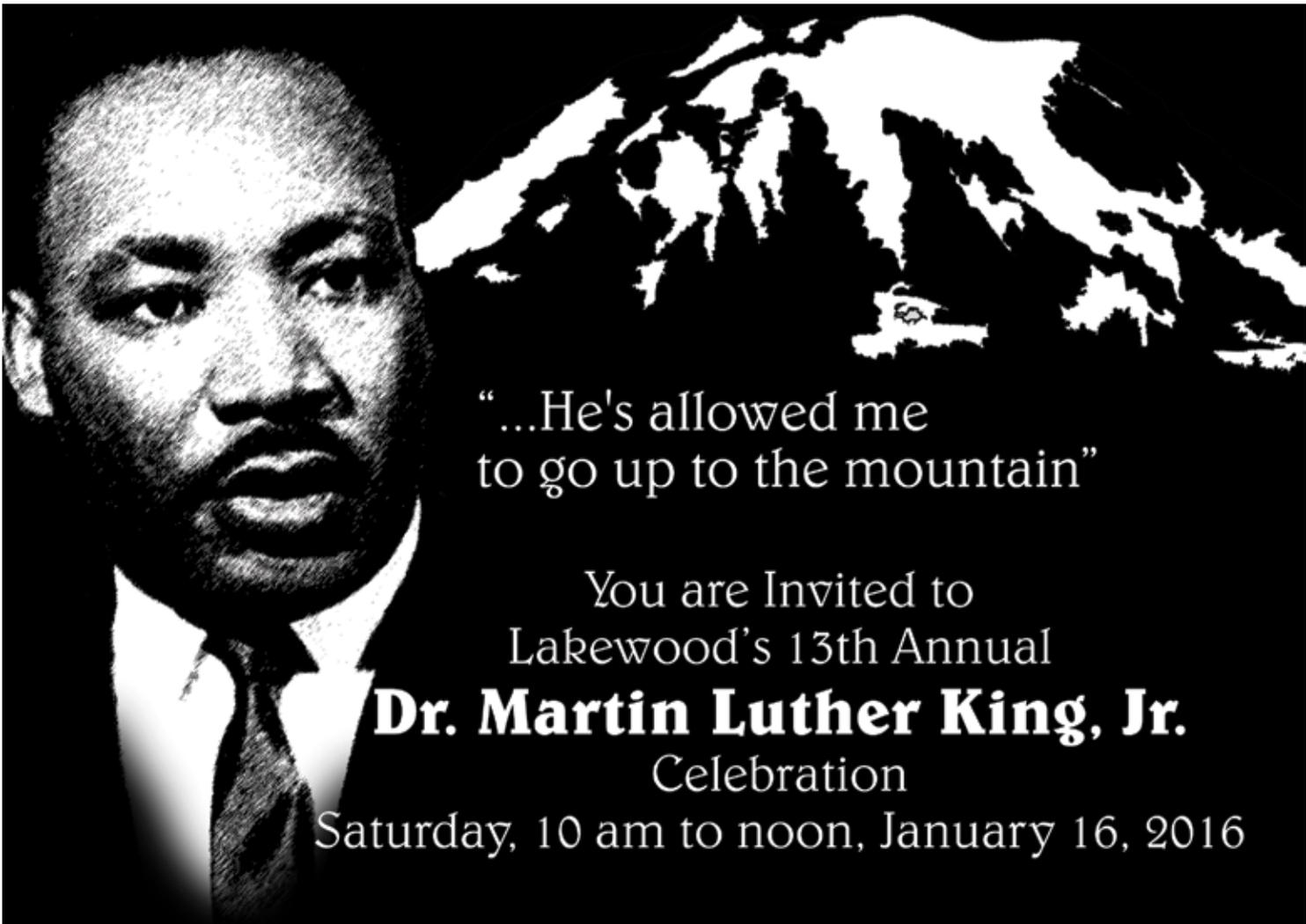
PARTICIPANT NAME	M/F	BIRTHDATE	ACTIVITY NAME	SESSION	DAY/TIME	FEE

<b>PAYMENT DETAILS</b> (Payment is due in full at time of registration)	
Total Fee: \$	
<input type="checkbox"/>	Cash
<input type="checkbox"/>	Check #
<input type="checkbox"/>	Credit Card
<input type="checkbox"/>	Mastercard
<input type="checkbox"/>	Visa
Card #	
Expiration Date:	

Participants and parents/guardians of all participants are required to sign the following release. I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Lakewood, City of Lakewood Parks and Recreation Department, staff, instructors, coaches and volunteers for any claim arising from injury to my/our child. Furthermore, in case of emergency, if my child or I require medical attention, I give, permission for a City of Lakewood representative, or the representatives designee, to secure the emergency medical attention required. Any direction to the contrary should be noted on the backside of this form and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

Signature (of participant, or parent/guardian of child participant)
Date:

Registration is **NOT VALID** without signed waiver and release.



“...He's allowed me  
to go up to the mountain”

You are Invited to  
Lakewood's 13th Annual  
**Dr. Martin Luther King, Jr.**  
Celebration  
Saturday, 10 am to noon, January 16, 2016

## **Legacy of the Dream**

### **How Far Have We Come!**

Celebration program begins at 10 a. m. and features the wonderful Prairie Bells, the Lakes High School Choir, singer Curley Evans, trumpeter Morris Northcutt, Okinawa Kenjin Kai Taiko Drum and Dance Group, Manitou Children's Choir, New Beginnings Gospel Group and many more exciting performers. The Ceremony will also feature announcement of the Clover Park School District MLK essay contest winners plus special exhibits by the famous Buffalo Soldiers Museum and the renown Philippine Scouts.

### **Featured Speaker**

**Dr. Lonnie Howard, President, Clover Park Technical College**

**Welcoming Remarks by the Mayor of Lakewood**

**Don't miss this outstanding event of music, song, dancing, history and more!**

**Admission and Parking are Free**

For more information contact Jo Ethel Smith at 253-584-4673 or Dennis Higashiyama at 253-983-7835

### **Sharon McGavick Conference Center**

Clover Park Technical College, 4500 Steilacoom Blvd. SW, Lakewood

Proudly sponsored by: Harborstone Credit Union, City of Lakewood, Clover Park Technical College,  
Lakewood Arts Commission and Lakewood Officer's Charity.