



# CONNECTIONS

Newsletter  
for the



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*"It has been my honor and sincere privilege to serve the citizens of Pierce County and Lakewood for the last 27 years" - Lakewood Police Chief Bret Farrar*

In his last official act as Lakewood Police Chief, Bret Farrar joined his department as it carried the ceremonial U.S. flag at the Seattle Mariners home opener April 6, 2015. The team recognized him on the Safeco Field big screen



## Farrar Retires After Years of Serving Lakewood

After nearly three decades of serving and protecting the Lakewood community, Police Chief Bret Farrar retired from law enforcement in April.

One of the most recognizable faces and personalities in the community, Chief Farrar began as a Patrol Deputy in Lakewood for the Pierce County Sheriff's Department in 1988, before the City's incorporation.

He rose through the ranks, elevating from Patrol Deputy to Detective, then Detective Sergeant to Lieutenant. In 2006, two years after Lakewood officially formed its own department, Chief Farrar was promoted to Assistant Chief. In February 2008, he was appointed Chief of the Lakewood Police Department.

Under Chief Farrar's leadership, crime has fallen across the board in Lakewood. Both tangibly and intangibly, Lakewood has become a safer community

because of its police department and its leadership.

Chief Farrar was also leading the department when it suffered its worst tragedy on Nov. 29, 2009, when Lakewood Police Sgt. Mark Renninger, Officer Tina Griswold, Officer Ronald Owens and Officer Greg Richards were murdered at a coffee shop as they filled out paperwork.

Chief Farrar's leadership in the days, weeks and months after the tragedy helped unite and reaffirm the conviction of his department to serve and protect Lakewood.

He bids farewell to a decorated career. Aside from numerous individual recognitions and achievements, the Lakewood Police Department received the 2014 RISE Agency of the Year Award from TASER International and Policeone.com, as well as its accreditation through WASPC.

"Chief Farrar has been an outstanding leader who has nurtured the professionalism of the department and guided it to ever-increasing credibility and national recognition," Mayor Don Anderson said.



Spring-Summer 2015

Recreation Guide p. 14

The Lakewood City Council, from left to right: Councilmember Mike Brandstetter, Councilmember John Simpson, Councilmember Mary Moss, Mayor Don Anderson, Councilmember Marie Barth, Councilmember Paul Bocchi, Deputy Mayor Jason Whalen.



# Lakewood Righting Financial Ship

Nine months ago, the City of Lakewood was one of 57 local governments that the Washington State Auditor's Office determined were showing signs of declining financial condition.

What a difference good leadership and a commitment to prudent fiscal management can make.

In February, the Auditor's Office published a case study that focuses on the City of Lakewood's immediate and positive steps to improve its financial standing titled "Becoming fiscally fit – The City of Lakewood makes a bold commitment."

The case study outlines how, starting in September 2014, the Lakewood City Council "demonstrated a strong commitment to prudent fiscal management by adopting a set of comprehensive financial policies that provide an essential foundation and framework for the City's recovery to a more sustainable financial future."

It's a far cry from how the State Auditor's Office identified Lakewood in August, when Lakewood was one of three Pierce County cities included in the report. The City showed declining or negative fund balances in 2011 and 2012, and it had been drawing down its reserve fund balances to maintain its operating expenses.

After the audit was released, the City Council adopted policies in the following areas: operating budget, fund balance, revenue, expenditures, inter-fund loans, debt management, capital improvement, cash management and investments and financial reporting.

The case study offered several examples of how Lakewood made a commitment to adhere to rigorous financial policies. These recommended polices began with the City's Finance Division, which is under the leadership of Assistant City Manager of Administrative Services Tho Kraus.

### Improved Areas:

- Long-range forecast
- Excess cash balances
- Quarterly financial reports
- Enterprise fund balance
- Use of one-time funds/unpredicatble revenues
- Inter-fund loans

### Council Picture Book: Chili Cook-Off Glory



On Feb. 5, the Lakewood Chamber of Commerce hosted its Annual Chili Cook-Off at Clover Park Technical College's Sharon McGavick Conference Center.

It was a real party. Competitors from all over Lakewood brought their unique chili recipes to be sampled by a huge crowd. At the end of the day, the City of Lakewood's chili recipe won the People's Choice Award! (You like us. You really do)

Pictured are Lakewood Mayor Don Anderson, who sported his stylish cowboy hat, and City Councilmember Marie Barth.



## Cathi Short

**A little bit about myself:** My current job is Accounting Tech III/Payroll.

My main function is managing payroll for 230 employees and paying benefits and taxes. Among many other duties, I help with the cash balancing of the city's bank accounts, verify daily deposits and upload the information to our accounting software, back up account information and prepare refunds for license fees or permits when needed.

I enjoy coming to work every day. As in all jobs, some days are better than others, but I wouldn't trade what I do for anything. I love the staff I work with. Everyone is always willing to help each other.

**A little more about myself:** Before I came to Lakewood, I worked for the City of Milton for 17 years. I started as a receptionist/cashier and worked my way up to being the Finance Tech II by the time I left. The transition from Milton to Lakewood was a very good one for me. It was pretty seamless since I was doing some of the same work I did in Milton.

**Even more about me:** I have been married to my husband, Mark, for 15 years. We have a 15-year-old son named Joseph. All of my immediate family lives in Yakima, so I get over there several times a year. We enjoy camping, fishing and checking out flea markets. I have collected cups, saucers, and thimbles for 20+ years and have quite a big collection.

**What dream I would like to fulfill:** One of my dreams is to have a cabin in the woods by a river, to use now or to retire too. I have also always wanted to go to Italy. I have had these dreams for years, and I am working on getting them to come true.



On Thursday, March 25, several Park Lodge Elementary School students visited Lakewood City Hall to learn about the City. They spoke to a number of guests, including Lakewood Deputy Mayor Jason Whalen, City Councilmember Paul Bocchi, City Councilmember Marie Barth, Lakewood Municipal Court Judge Grant Blinn and members of the Police Department. The speakers touched on everything from what it's like to be a City official to making good decisions to safety. The City would like to thank the students for visiting. Come back soon!

## #IamLakewood: Community Converges To Build Kaboom Playground

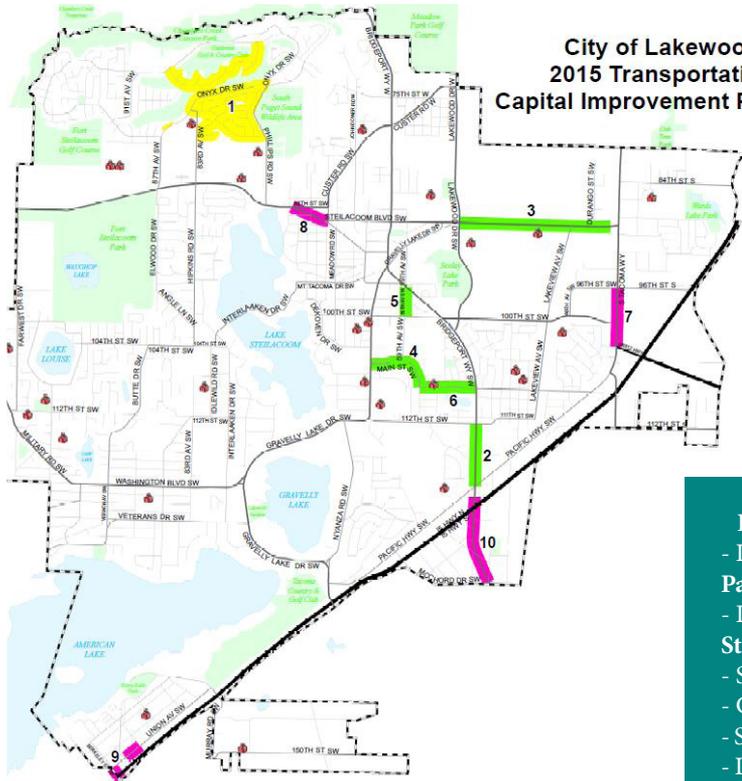
In an amazing effort, some 200 volunteers - including many City of Lakewood employees - endured bouts of whipping rains and wind to help build a community playground March 21 at the Lakewood Family YMCA, courtesy of KaBOOM! and Club Penguin Disney. Construction was complete in six hours. Absolutely amazing work by the volunteers, who came in all ages and backgrounds. Great work, everyone!



# Road Work Happening in Lakewood



**Desiree Winkler**  
Transportation Division Manager



**City of Lakewood  
2015 Transportation  
Capital Improvement Projects**

- 2015**
- Pavement Preservation (Chip Seal Program)**
    - Local streets within the Oakbrook 3rd Addition
  - Pavement Preservation (Asphalt Overlay)**
    - Bridgeport Way (Pacific Highway to 112th Street)
    - Steilacoom Boulevard (Lakewood Drive to 300 feet west of South Tacoma Way)
    - Main Street (Gravelly Lake Drive to 108th Street)
    - 59th Avenue (100th Street to Bridgeport Way)
    - 108th Street (Main Street to Bridgeport Way)
  - Sewer Projects**
    - Woodbrook Sewer Project
- Total worth: \$14.9 million**

- 2016**
- Pavement Preservation (Chip Seal Program)**
    - Local streets within the Oakbrook 3rd Addition Phase II
  - Pavement Preservation (Asphalt Overlay)**
    - Lakewood Drive (100th Street to Steilacoom Boulevard)
  - Street and Sidewalk Improvements**
    - South Tacoma Way (Steilacoom Boulevard to 88th Street)
    - Gravelly Lake Drive (100th Street to Bridgeport Way)
    - Steilacoom Boulevard (Western State Hospital to Lakeview Avenue)
    - Design for Steilacoom Boulevard (Farwest Drive to Phillips Road)
- Total worth: \$8 million**

Notice a bit of road work taking place throughout Lakewood? It's not a coincidence if you answered "yes."

In 2015-16, the City is conducting an unprecedented amount of transportation improvement projects that will make Lakewood safer and easier to navigate, whether you're behind the wheel, on a bike or on foot.

Lakewood is making \$23 million worth of improvements on some of its busiest thoroughfares.

"Lakewood is going to see the biggest amount of construction in the next two years that it has ever seen since incorporation," said Desiree Winkler, Transportation Division Manager with the City.

Given the Northwest's weather, much of the work will take place over the spring and summer months.

Winkler said she understands that the periodic delays and lane closures can cause headaches for some drivers and residents. But she said she hopes that residents remember the headaches are temporary, and the benefit to the Lakewood community will be worth it. "We just ask that people pack their patience," Winkler said. "Slow down and give 'em a brake. They're doing some great work for the community."

To learn more about Lakewood's transportation projects, check out the City's Public Works video on YouTube or visit [cityoflakewood.us](http://cityoflakewood.us).

# 2015 U.S. Open Arrives on Lakewood's Doorstep

The 115th U.S. Open takes place June 15-21, and for many, the road to Chambers Bay Golf Course will run right through Lakewood.

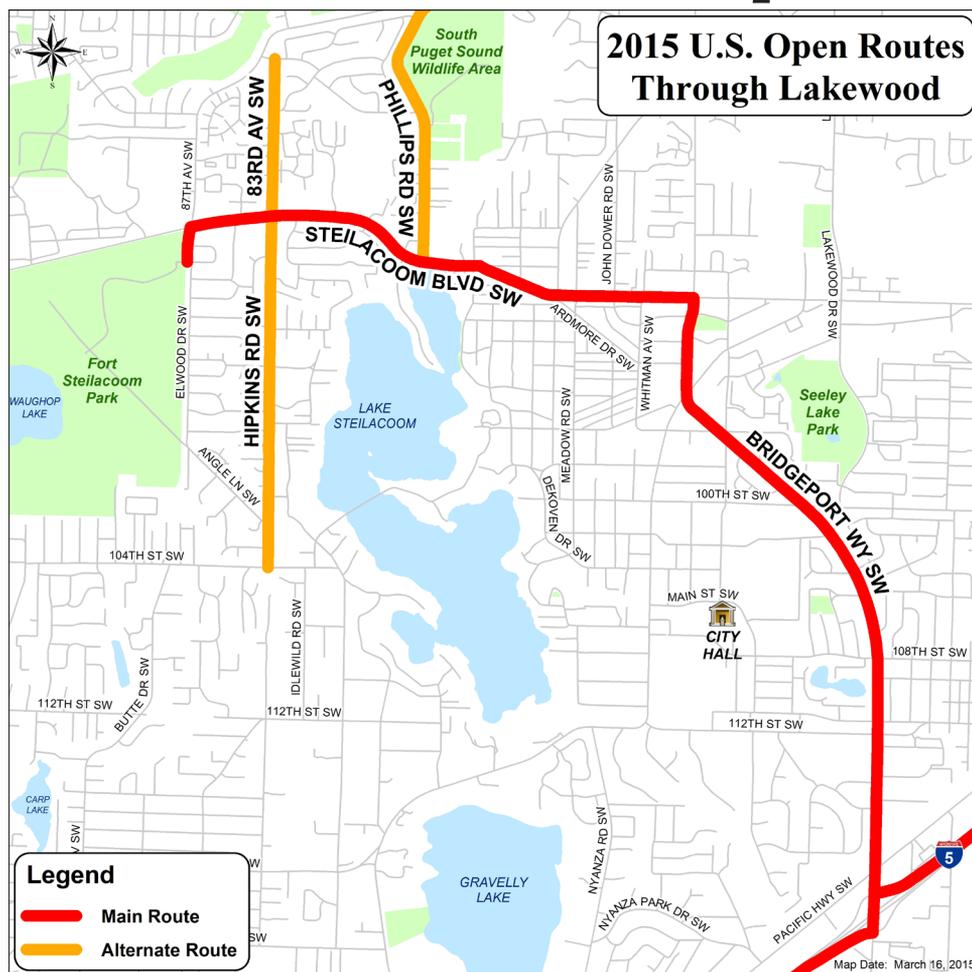
In April, the USGA announced its transportation plan for the event, part of which calls for attendees to park at Fort Steilacoom Park and take a shuttle to University Place. The route some ticketholders are being told to use when driving to the park is, from Interstate 5, taking the Bridgeport Way exit, then following the route onto Steilacoom Boulevard to the park.

Multiple law enforcement agencies will work with the City to provide traffic control at several intersections along the route.

The good news for park users is the championship isn't expected to alter their routines and plans, according to the USGA. Here are some helpful details:

- The park will remain open throughout the championship. Popular amenities such as the dog park, playground and trail around Waughop Lake will be open to the public.
- Park guests will access the park from different areas based on parking capacity. Look for signs and traffic monitors who will be showing visitors where to park.
- U.S. Open attendees are expected to spend the majority of each day at Chambers Bay. We anticipate two peak traffic times during the U.S. Open week: the first from about 8 a.m. to 10 a.m., and the second between 4 p.m. and 6 p.m., shortly after the last golfers have completed their rounds for the day.
- The practice rounds are June 15-17. Championship play begins Thursday with the final round on Father's Day, Sunday. This means the majority of traffic coinciding with commuters will be Thursday and Friday.
- Tee times: Monday-Friday, 7 a.m.; Saturday-Sunday, 8:30 a.m. Peak attendance course arrival times: 9 a.m. to 11 a.m.; Departure: 3 p.m. to 5 p.m., with last ones out around 8 p.m.
- If locals would like to avoid U.S. Open-related traffic entirely, they can use alternative roads to reach Lakewood Towne Center, I-5, etc. That includes Hipkins Road, Phillips Road and 83rd Avenue Southwest.

The good news is although one of golf's biggest events is in Lakewood's back yard, the daily routines of residents shouldn't change all that much. Locals can also take pride in the fact that the beauty of their community – along with the rest of the South Sound's – will be on display to the world. Some may shop and dine while in town, although most are simply there for the show. More will want to come back to golf, play and stay if we simply welcome the world with extraordinary hospitality. For more information about Lakewood's role in the 2015 U.S. Open, visit [cityoflakewood.us](http://cityoflakewood.us).





# Key for 2015: Jobs, jobs and more jobs

In Lakewood, the majority of jobs created in early 2014 were in the retail sector, in line with national job creation. As lending and the economy brightened in the first half of 2014, entrepreneurs across many sectors ventured out on their own. Businesses started popping up to support the construction industry, including HVAC, plumbing and engineering. Lakewood saw an increase in the number of new businesses with one and two employees, primarily business and professional services. The industry realizing the highest level of growth was niche manufacturing, many doubling in size in 2014. A number of businesses have moved to or are looking at Lakewood for their industrial and manufacturing businesses. Lakewood Industrial Park, the fourth-largest, for-profit employer in Pierce County, is adding a second 268,300-square-foot building, opening early 2016 to accommodate the increased demand.

## Lakewood’s Economic Development At A Glance

- Overall, 2015 will see a steady increase in home sales and prices over 2014. The demand among all buyers continues to be newer housing. Younger buyers are looking for new homes, townhomes, and condos that are more affordable, near public transportation and services, including shops, theaters, restaurants and entertainment.
- Total residential sales rose 14 percent between 2013 and 2014; Median price rose 4 percent
- Total sales volume increased nearly 12 percent
- Since 2012, retail sales tax generated has grown nearly 3 percent annually
- Short sales dropped nearly 60 percent in 2014
- Since 2012, the City has issued nearly 553 new business licenses
- Net new jobs created in 2014 = 414
- Retailers looking to locate in Lakewood: Restaurants, both fast food and family sit-down
  - As of April 2015, Habitat for Humanity has completed 15 new homes in Tillicum. A total of 40 homes are planned
  - Lakewood Ford is planning an expansion on Pacific Highway
  - Harrison Prep opened its doors on the Clover Park Technical College Campus

Source: Economic Development





## Business Showcase: Allen Realtors

*Lakewood institution celebrates 75 years of building relationships in the South Sound*

The “History Room” of Allen Realtors’ office in Lakewood is stocked with mementos and reminders of the company’s deep roots in the South Sound.

There’s the black-and-white photo of its original location in Downtown Tacoma, where Harold Allen Sr., established the company on Oct. 1, 1940 under the banner of “Allen’s Finer Homes.” In another picture – the small Lakewood branch the company opened eight years later. Patterned among the pictures are recognitions from groups like the Washington Association of Realtors, “thank-you” letters and other reminders that Allen Realtors has been in Lakewood since shortly after the end of World War II.

One face sticks out more than others in the company’s historical exhibit – that of Harold Allen Jr. After attending Stanford University, enlisting in the Navy and serving in the war, Allen Jr., joined the company in 1946 and took over management duties three years later. It was Allen Jr., who recognized the future of Lakewood and suburban Tacoma.

“Harold Allen Jr., was the face of the company for seven different decades,” explains President/Designated Broker Mike Larson, who’s also Allen Jr.’s son-in-law.

Over the years, Allen Realtors became one of the most successful and longest-running realty companies in the South Sound. On Oct. 1, 2015, Allen Realtors will celebrate its 75th anniversary. It has created a legacy built on its strong relationships – both with customers and the company’s employees who cater to them.

“We have had people who said, ‘My grandparents bought a home from you, my parents bought a home from you, and they said I should buy a home from you,’” Larson said. “People appreciate and share with their family and friends, hopefully, when they feel they’ve been treated right. If there’s any doubt with what way we should go, I’m always leaning toward helping the person.”

Another ingredient to its success is its team of 30 brokers and four full-time employees that work for customers. “Clearly, the underlying ingredient the past 75 years is the people who work here. We are one big family. There is no pretense. If you’re new, people will jump in and help.”

Come Oct. 1, Allen Realtors will celebrate 75 years’ worth of success with past, present and most likely future friends, colleagues and customers during a community open house. The best part? They’ll be celebrating in Lakewood, where almost all of its history took place.

“Lakewood is where we’ve been almost all of our 75 years, and that’s not by coincidence,” Larson said. “We love it here. Our headquarters are always going to be in Lakewood.”



READ THE FULL  
BUSINESS SHOWCASE  
AT  
CITYOFLAKEWOOD.US



# Mark Your Calendars: SummerFEST 2015

Join us Saturday, July 11 at Fort Steilacoom Park for SummerFEST 2015, one of the best days in Lakewood. This annual event brings our community and guests together to celebrate Lakewood. Everyone will be there! The park will be humming with excitement. A few reasons why:

- Stop by early and enjoy the final leg of the Sprint Triathlon (swim, bike and run) presented by St. Clare Hospital. Come watch these amazing athletes cross the finish line around 10 a.m.
- Beginning at 11 a.m., more than 75 public market vendors and 20 food vendors will offer a variety of goods to eat, browse and buy.
- Families can enjoy two stages of FREE entertainment, a soccer tournament, as well as Police, Fire and Army Strong vehicles, as well as other community displays.
- West Pierce Fire and Rescue will be on site to provide safety information as well as sell life vests and bike helmets.
- For a small fee, children can enjoy inflatables and other activities.
- Come see the classic cars displayed at the Partners for Parks car show.
- Stay all day and into the night for our outdoor movie in the park – starting at dusk.

Visit the SummerFEST 2015 ad on page 14 or [cityoflakewood.us](http://cityoflakewood.us) for more information.



### Adopt-A-Street

The City of Lakewood is proud to announce the new and improved Adopt-A-Street program. Our new format makes it much easier for all groups, families, and organizations to participate and better our community as a whole. Look for our updated program materials and registration forms on our new and improved website. Thanks for helping to make our streets and community sparkle!

For information on scheduling a clean-up team, please contact June Aguon at (253) 983-1851 or [JAguon@cityoflakewood.us](mailto:JAguon@cityoflakewood.us).

## Responsible Pet Owners Avoid a \$125 Fine



The sun is shining. The birds are chirping. It's a glorious day in Fort Steilacoom Park and you're enjoying a brisk walk through Lakewood's crown jewel.

Then it happens. Your brand new sneaker lands smack dab in the middle of doggy waste. Your serenity shattered, you must now figure out what you can use in your car to clean off this mess. What makes you even more mad is that you are a responsible pet owner who would NEVER leave your dog's waste in the park or anywhere else.

LAKEWOOD MUNICIPAL CODE (LMC) 08.76.330 references Pets in City Park Facilities. Pets are not permitted off-leash on any swimming beach, picnic area, play areas or other park areas except in those areas specifically identified as an off-leash area. Also, anyone with a dog in any park area shall be responsible for the conduct of the animal and for removing any animal "waste". It's an infraction, and failure to keep your dog on a leash or if you don't pick up their waste could cost you \$125. Let's keep our parks safe and clean!



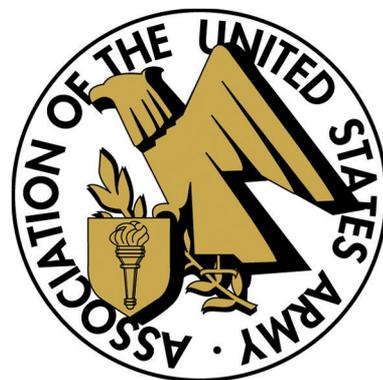
**On May 15, the City of Lakewood and the AUSA Lakewood Subchapter will host a “Military Appreciation Day” for the 2nd Stryker Brigade Combat Team.**

**WHAT: “Military Appreciation Day” for the 2-2 Stryker Brigade Combat Team**  
**WHEN: 10 a.m. to 2 p.m., Friday May 15**  
**WHERE: Fort Steilacoom Park, Lakewood**  
**COST: Free**

**The Lancer Brigade is Lakewood’s “Community Connector” to Joint Base Lewis-McChord. As such, this celebration will offer a SummerFEST-like atmosphere.**

**An estimated 3,500 to 4,000 soldiers with families and children are expected to attend. Admission and parking to the event is free, and all are welcome to attend.**

**Entertainment will consist of a public market, food vendors, a car display, “kids zone” play area, live music and fitness competitions.**



# Didn't Qualify for the Championship? Lakewood Still Offers Golfing Options

If you weren't lucky enough to qualify for the 115th U.S. Open, don't fret. You can still play close to home.

Lakewood is home to a number of courses that cater to golfers of all skills and income levels.

It even has golf courses designed for past and present members of the military.

## Here are a few of the golfing options in Lakewood:

- **RMG Club at Oakbrook:** 8102 Zircon Dr. SW; Lakewood, WA. Phone: (253) 584-8770: Owned and managed by Pro Ryan Moore and his family's company. It's open to the public. This 18-hole, 6,700-plus-yard championship course is accessible for players of all skill levels. Famous for having the best greens around, it is sure to be a treat for anyone who appreciates firm, smooth, and fast greens.
- **American Lake Veterans Golf Course:** 9600 Veterans Drive; Lakewood, WA. Phone: (253) 583-1058: The nation's only golf course designed specifically with veterans in mind, this course is dedicated to providing, teaching and promoting the benefits of golf to veterans. The American Lake Veterans Golf Course is committed to providing a therapeutic environment where accommodation is welcome, and all golfers can enjoy the benefits of golf, such as exercise and relaxation, in a positive and accepting social environment. It is a nine-hole golf course with front nine/back nine T-Boxes. A back nine, designed by golf icon Jack Nicklaus, is under construction.
- **The Tacoma Country and Golf Club:** 13204 Country Club Drive SW; Lakewood, WA. Phone: (253) 588-2161: Billed as the oldest private golf club west of the Mississippi River, this member-only course is known as one of the most beautiful in the Northwest. Its centerpiece is an 18-hole, 6,900-plus-yard course.
- **Fort Steilacoom Golf Course:** 8202 87th Ave. SW; Lakewood, WA. Phone: (253) 588-0613: A nine-hole that features dual tees for an 18-hole round that is popular among locals. Owned and operated by Pierce County, this is located near Western State Hospital.



## Here are some nearby golf courses

- **Eagles Pride Golf Course:** I-5, Exit 116; Joint Base Lewis-McChord. Phone: (253) 967-6522: Located near Joint Base Lewis-McChord, this is one of the best courses in Western Washington and is open to the general public.



With its impressive design and perfectly groomed layout, this 27-hole championship course features exceptional greens, manicured fairways and forgiving rough with tee boxes designed for all levels of golfers.

- **Whispering Firs Golf Course:** Bldg. 895, Lincoln Blvd. JBLM, McChord Field. Phone: (253) 982-2124: This course is well-manicured with tree-lined fairways, tough rough and small greens. In addition, water hazards come into play on several holes. Whispering Firs features 18 holes and 6,646 yards of golf from the longest tees for a par of 72. The course rating is 71.8 and it has a slope rating of 122 on Blue grass. Overall, the golf course is a challenging, yet fair course.



## #IamLakewood Photo Album: Scouts Help Build Community Garden Gate

Lakewood has celebrated Parks Appreciation Day for 14 years. The improvements and beautification projects completed by volunteers annually are too numerous to list, but among this year's festivities was the dedication of the Lakewood Community Garden's new gate.

The construction of the gate was Levi Ott's community project for his rise to Eagle Scout. He only has two more badges to go now.

Ott, a 15-year-old freshman at Lakes High School and member of Boy Scout Troop 436, reached out to the Lakewood Parks and Recreation Advisory Board in September about building the gate. Ott was perusing the City of Lakewood's website for recommended projects to complete his Eagle Scout requirement when he saw a suggestion to build a gate for the Lakewood Community Garden.

Ott brought in the rest of Troop 436 to help build the gate, and they were joined by a Boy Scout from another group and two other scout leaders. Ott's father and grandfather also joined the effort.

Weston Ott, Levi's father and Associate Civil Engineer II for the City, said the team assembled the gate on site using lumber provided by Mike Manke, owner of Pinnacle Lumber & Plywood.

From planning to completion, the project took about 15 volunteers and more than two months to finish. To learn more about this effort, visit [cityoflakewood.us](http://cityoflakewood.us).

**Does your house need a paint job?  
We can help!**



**Free exterior house painting** for eligible homeowners.



**Before...**

**... After!**



**Qualifications**

- Homes that are owner-occupied (no rentals)
- Located in the City of Tacoma or City of Lakewood
- Not in foreclosure
- Household meets HUD low-income guidelines (see chart below left)

Family Size	Maximum Income Limit (up to 80% of Area Median Income)
1	\$39,700
2	\$45,400
3	\$51,050
4	\$56,700
5	\$61,250
6	\$65,800
7	\$70,350
8	\$74,850

**To apply:**

- Download an application at [www.PaintBeautiful.org](http://www.PaintBeautiful.org)
- Or contact Amy Allison at (253) 426-1516 or [amya@associatedministries.org](mailto:amya@associatedministries.org)

# Harrison Preparatory School Honors Lakewood's First Mayor

On Thursday, March 26, the Clover Park School District celebrated the grand opening of the new Harrison Preparatory School.

Hundreds of students, parents, staff and supporters turned out for the event at the school at 9103 Lakewood Dr. SW.

The guest of honor was, of course, Mayor Emeritus and Lt. Gen. (Ret.) William H. Harrison, Lakewood's first mayor and former commander of Fort Lewis. Mayor Emeritus Harrison thanked those in the Lakewood community who helped support the effort to build new schools. He also said he was "honored and humbled" that a building bearing his name will be located next to the future Four Heroes Elementary School, which honors the Lakewood Police Department's Fallen Four.

Several representatives from the City of Lakewood attended the celebration, including Deputy Mayor Jason Whalen, City Councilmember Marie Barth, City Councilmember Paul Bocchi, City Councilmember Mike Brandstetter, City Councilmember Mary Moss, City Manager John Caulfield and Judge Grant Blinn.



## West Pierce Fire & Rescue Smoke Alarm Grants

West Pierce Fire & Rescue received a grant that provides funding for the installation of smoke alarms in residences within Lakewood and University Place. Installations will be done by appointment and installed by WPFR personnel. This program funds smoke alarms with a 10-year battery. The battery doesn't need to be changed each year like a typical 9-volt, but it will need to be tested monthly to ensure it is working properly. Appointments are based on this criteria:

- Smoke alarm is older than 10 years
- No smoke alarms inside and outside each sleeping area
- Unsure what kind of alarm you have

For more information, call (253) 983-4583.

## West Pierce Fire & Rescue Open House

On Saturday, June 6, West Pierce Fire & Rescue will hold an Open House at its headquarters, Station 31, 3631 Drexler Dr. W., in University Place.

The event begins at 10 a.m., (at the conclusion of the University Place Duck Daze Festival) and ends at 2 p.m.

WPFR will serve hot dogs, chips, cake, and juice. It will also feature police demonstrations, vendors from South Sound 911, the West Pierce C.E.R.T. Team, face painting, life jackets and bike helmets for sale, engine and medic unit tours for the kids and fire safety talks. For more information, visit [westpierce.org](http://westpierce.org).





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9540 Bridgeport Way SW  
Lakewood, WA 98499

WSECU

wsecu.org | 800.562.0999



## Fort Steilacoom Park Bird Walk

The Tahoma Audubon Society is hosting a guided bird walk the **1st Tuesday of each month at 8am** in Fort Steilacoom Park.

Bring binoculars and a field guide (if you have one) to this free monthly activity!

Birders of all ages and skill levels are welcome at this rain or shine activity! The Group meets at the gravel parking lot between the Fort Steilacoom Park Barns and Waughon Lake.



Contact Russ at [wrsmith@msn.com](mailto:wrsmith@msn.com) or visit [tahomaaudubon.org](http://tahomaaudubon.org) for more information!

Coordinated by the  
Tahoma Audubon Society

### Pierce County Presents: Edible Garden Workshop Series

Explore the basics of vegetable gardening in the Pacific Northwest – from seed to table. Classes are taught by educators from Pierce County Public Works and Utilities, Harvest Pierce County, Tacoma Public Utilities and Divine Earth Gardening Project.

Call (253) 798 - 4133 to register or for more information.

**When:** 6pm-8pm, 2nd Wednesday of each month (Feb - Nov, no workshop in August)

**Where:** Lakewood Community Center (9112 Lakewood Drive SW)



# CAMP CREATE

**Create • Re-Create • Recreate**

Ready for a summer full of exciting adventures, amazing arts & crafts projects, unbelievable games and much, much more? Each week our campers will enjoy a different theme that will shape the activities, games and crafts for the week. Come one day or come every day! Free lunches will be provided to campers Monday-Friday by St. Leo' Food Connection. There is only room for 60 kids each day, pre-registration is recommended.

**Age:** 6-12 years  
**Days:** Monday - Friday  
**Time:** 8:30am - 5:00pm  
**Fee:** \$5/day, \$3/half-day (noon – 4:00pm)  
**Location:** Tye Park Elementary  
11920 Seminole Road SW

**Week 1: Where in the World • June 22 - 26**

Explore other countries and learn about the customs, dress and foods that they eat during this first week of camp.

**Week 2: Mad Scientist • June 29 - July 3**

Why do some things float and others sink? How do birds and airplanes fly? Why does soda geyser into the air when mentos are added to it? We'll conduct our own mad scientist experiments to get to the root of these questions.

**Week 3: Hero Week • July 6 - 10**

Celebrate our local heroes: Firemen, Policemen, Soldiers and everyone who helps keep us safe and how they do it.

**Week 4: Myths & Legends • July 13 - 17**

Learn about ancient myths and legends and how they are still believed today. Do you know how Friday the 13th became a bad luck day? You will if you go to camp this week.

**Week 5: Foodie • July 20 - 24**

Do you like food? This is the week for you. Try some new and unusual foods as we concoct our own recipes and try them out on each other.

**Week 6: Sports, Sports, Sports! • July 27 - 31**

Find the sport that is perfect for you! This week is the opportunity to try an old sport or a new one. Everyone is different and sometimes it's hard to find a sport that you like. Basketball, tennis, baseball, track, and other sports will be played during this active week.

**Week 7: How Things Work • August 3 - 7**

Have you ever wondered how a car works, or even something as simple as light bulb? This week we will look at different things that we use every day and learn how they work to make our lives better and easier.

**Week 8: Summer Fun • August 10 - 14**

This is it! The last week of summer camp! This is the time to soak up the sun, relax at the end of summer and to find fun new ways to keep cool during the dog days of summer. Our mini-spray park will be on-site for daily use.

**A La Carte Field Trips**

Our summer camp is jammed packed and full of fun, but you can add a little extra excitement by adding a field trip to your day at camp. **Extra fees apply and pre-registration is required. Must be registered for that day of camp.**

**MOVIE DAY:** \$6/each Tuesday

Each Tuesday, campers can go to see a movie on the "Big Screen." Movie choices will vary based on availability. Movie Day trips will leave at 9am sharp and return by 12:30pm - lunch will be provided at camp.

**FIELD TRIPS:**

Each Thursday, unless otherwise noted, your camper can partake in a fun field trip based on that weeks theme. Each child will have a blast and learn fun new facts. Prices, departure times and lunch availability vary. See staff for details.

<b>WEEK 1:</b>	Museum of Flight	\$15
<b>WEEK 2:</b>	Titlow Beach and Spray Park	\$15
<b>WEEK 3:</b>	Fire & Police Station Tour	\$15
<b>WEEK 4:</b>	Point Defiance Zoo & Aquarium	\$15
<b>WEEK 5:</b>	Domino's Pizza	\$15
<b>WEEK 6:</b>	Tacoma Rainier's Game	\$15
	<b>(Monday, July 27)</b>	
<b>WEEK 7:</b>	Raft Building & Boat Races	\$15
	<b>(Harry Todd Park)</b>	
<b>WEEK 8:</b>	Wild Waves	\$25





**Healthy Start** is an after-school program that provides kids with physical activity and nutritious snacks. The program starts when the school day ends, with a snack that includes unusual fruits and vegetables.

After the snack, the children do a few minutes of journaling followed by warm-up exercises, large group games and nutrition lessons. Tye Park and Tillicum Elementary schools host the program. Funding for student transportation is necessary to keep the program running.

**Date:** Saturday, May 9, 2015  
**Time:** Check in @ 9:00 a.m.  
**Location:** Starts and ends at Studio Fitness  
 11112 Gravelly Lake Dr. SW  
**Cost:** \$40 registration fee

**Post-Race Refreshments & Raffles!**

Register at: [Active.com](http://Active.com)  
 (Search Studio Fitness Lakewood WA)



**Registration Deadline: April 25, 2015**

Visit our website for more fundraising options or to become a corporate sponsor. All proceeds go to the City of Lakewood Healthy Start Program.

253.589.4780

**Lifeguard Program**

Lifeguards will be on duty at Harry Todd Park and American Lake Park beginning June 27 and will conclude the summer swim season on Labor Day, September 7. They will be on duty from **noon until 7:30pm** everyday unless weather conditions dictate otherwise. All lifeguards are certified with both their lifeguard and water safety instructor certification. They are there for your safety and require your cooperation for a safe swimming environment. **Please remember that lifeguards are not a substitute for parental supervision.**

**Top Cat Tennis**

Learn basic skills by having fun. Top Cat Tennis has a simple philosophy.....Make it Fun! Great instructors create a positive learning environment where students will gain a sound foundation of the game. For the younger students, special equipment will be provided. Sessions will be divided by age: **5-9 yr olds will have the earlier session (9:00 -10:30am)** and **the older players will have the later session (10:30am – Noon)**. Make-up lessons due to weather will be held on Fridays.

- Session A:** June 15 - 18
- Session B:** June 22 - 25
- Session C:** June 29 - July 2
- Session D:** July 6 - 9
- Session E:** July 13 - 16
- Session F:** July 20 - 23
- Session G:** July 27 - 30
- Session H:** Aug 3 - 6
- Session I:** Aug 10 - 13
- Session J:** Aug 17 - 20
- Session K:** June 15 - 18
- Session L:** June 22 - 25
- Session M:** June 29 - July 2
- Session N:** July 6 - 9
- Session O:** July 13 - 16
- Session P:** July 20 - 23
- Session Q:** July 27 - 30
- Session R:** Aug 3 - 6
- Session S:** Aug 10 - 13
- Session T:** Aug 17 - 20



**Location:** Clover Park High School Tennis Courts  
**Time:** Session A-J, 9 - 10:30am, (9 years old and younger)  
 Session K-T, 10:30am - Noon (10 - 14 years old)  
**Cost:** \$40/Child

## Track & Field

This fun, low-cost program is designed to provide your child a healthy activity that requires only a good attitude, the clothes on their back & the shoes on their feet. Our first goal is to improve their fitness levels and to help them gauge their success by personal improvement. Moms & Dads can walk the track while we work with your children. Come out and join the fun!

**Session A:** Practices: July 1, 8, 15 & Aug 5  
Track Meets: July 29 & Aug 12

**Location:** Harry Lang Stadium

**Time:** 6 - 7:30pm

**Cost:** \$25 + Tax = \$27.33

**Ages:** Kindergarten - 6th Grade

## Adventures in Boating

As of January 1, 2014, anyone 59 & under is required to complete a boaters education course to operate motorboats with 15 or greater horsepower. Sign-up today for one of these courses and learn the basics of boating safety!

### Bring a lunch!

**Session A:** Saturday, April 18, 9am-5pm

**Session B:** Saturday, May 9, 9am-5pm

**Session C:** Saturday, June 6, 9am-5pm

**Location:** Lakewood Police Department  
(9401 Lakewood Dr. SW)

**Cost:** FREE!\*

\*\$10 Fee to be paid to Washington State Parks upon completion for Boaters Education card.



## Climb Mount St. Helens

Scale an active volcano and checkout the lava dome and new glaciers growing inside the crater! We'll start the trip by exploring Ape Cave, the third longest lava tube in North America that was formed about 2,000 years ago. We'll be hefting our packs and heading to high camp after we stop for lunch. If weather permits, the Perseid meteor showers will be visible from high camp. An early morning start and a 3 mile trek will get us to the crater rim. Climbers should be in good physical shape able to carry a 45 pound pack at least 2 miles.

**Days of the Week:** Sun & Mon

**Time:** Leave 9am, Aug. 9,  
Return 6pm, Aug. 10

**Dates:** Aug. 9 through Aug. 10

**Location:** Depart & return to City Hall

**Cost:** \$85.00 + tax \$7.99 = \$92.99

**Ages:** 18 & older



# Ray Evans Memorial Fishing Event



Session Times:  
9am  
10am  
11am  
12pm  
1pm

Saturday, May 16  
American Lake Park  
(9222 Veterans Drive SW)

Ages 5-14

**Cost: \$10**

Includes t-shirt, rod, reel, and up to 2 fish

Space is limited - Pre-registration is required





*Say hi to  
your best  
health.*

St. Clare Hospital

## St. Clare is your partner for a healthy lifestyle.

When you need medical attention, it's reassuring to know that one of the area's leading hospitals is here in Lakewood.

We take great pride in our staff, whose exceptional care has made St. Clare Hospital one of the top hospitals in the nation in patient satisfaction. Our nurses consistently rate high for their skill, compassion and caring.

You'll also find our family of primary and specialty care physicians close by to care for you and your family.



*Our best care. Your best health.™*

Presenting Sponsor  
Lakewood  
Farmers Market &  
SummerFEST Sprint  
Triathlon!

To find a doctor, call our free  
physician referral line at  
1 (888) 825-3227.

[chifranciscan.org/stclare](http://chifranciscan.org/stclare)



Lakewood Summerfest

# TRIATHLON

presented by St. Clare Hospital

Saturday, July 11, 2015

American Lake • Ft. Steilacoom Park

[www.lakewoodsummerfest.com](http://www.lakewoodsummerfest.com)



held by On The Run Events



The Black Hills Triathlon in Lacey, the Lakewood SummerFEST Triathlon & JBLM's Deuces' Wild Triathlon are teaming up to bring athletes the **TRIPLE THREAT Triathlon Series**.

Black Hills Triathlon	June 28, 2015
SummerFEST Triathlon	July 11, 2015
Deuces' Wild Triathlon	August 23, 2015

Sign up & complete all three triathlons & you'll receive a special TRIPLE THREAT t-shirt, medal & access to amazing prizes!!

Individual: \$165

Team: \$310

(Registration fee covers entry to all three Triathlons)

[Register at Active.com](http://Active.com) - search:  
Triple Threat Series

## Partners for Parks

Presents

### The Waughop Lake Summer Lawn Party!

Lawn games, dancing, live music, BBQ, and more!

All funds raised will be used to repair the trail around Waughop Lake

Tickets can be purchased by visiting:

[www.partnersforparks.net](http://www.partnersforparks.net)



July 25 • 6pm • Fort Steilacoom Park • \$50/person

# Fort Steilacoom Dog Park Reservations!



Have you always wanted to celebrate Fido's birthday in style and invite all his furry friends to join the fun but weren't sure where to host this important event? The City of Lakewood is now reserving a small fenced in area at the Fort Steilacoom Park dog park for your doggy events. It's the perfect space for small wedding ceremonies, dog birthday parties, memorial services and any other event idea you can imagine!

This small enclosed space will allow you, your pup, and all his friends the freedom to run to their hearts content, off-leash in a safe environment. Reservations are \$100 for a two-hour time block and can be made by calling the Parks & Recreation Department at: (253) 983-7887

[American Lake Park](#)  
9222 Veterans Drive SW

This popular 5-acre park is located on the north shore of American Lake. It offers a seasonal restroom, picnic shelter, picnic tables, a swimming beach, playground and public boat launch. Boat launch fees apply.

[Edgewater Park](#)  
9102 Edgewater Drive SW

This 1-acre park provides public boat launch access to Lake Steilacoom and is a nice site for picnicking. Boat launching is free of charge. Access and parking are limited.

[Fort Steilacoom Park](#)  
8714 87th Ave. SW

At 340 acres, Ft. Steilacoom Park is the largest park in Lakewood and provides a diverse mix of active and passive recreation. It features an expansive trail system, baseball, soccer and softball fields, a state-of-the-art playground, an off-leash dog park, picnic shelters and year round open restrooms.

[Kiwanis Park](#)  
6002 Fairlawn Drive SW

This 3-acre park is home to Lakewood's largest skatepark. The 12,000 sq. ft., in-ground, concrete skate park has proved extremely popular with youth from around the region. The park also has play equipment, seasonal restroom and a walking path.

[Wards Lake Park](#)  
2716 84th Street S

This 22-acre natural area includes two fishing piers, playground, picnic shelter, trail system and seasonal restroom.

[Active Park](#)  
10506 Russell Rd SW

This 2-acre park features a large open grass play area, picnic shelter, playground equipment & basketball court.

[Harry Todd Park](#)  
8928 North Thorne Lane SW

This 17-acre park contains play equipment, two baseball fields, four basketball courts, a tennis court, two picnic shelters, picnic tables, swimming beach access, skate park and seasonal restrooms. Harry Todd Park is also home to the Commencement Bay Rowing Club.

[Oakbrook 7th Addition Park](#)  
9701 Onyx Drive SW

This small neighborhood park offers picnic areas, open space and playground equipment.

[Springbrook Park](#)  
12601 Addison Street SW

This 3.5 acre park features a youth baseball field, play equipment, two half-court basketball courts and a picnic shelter.

[Washington Park](#)  
11528 Military Rd. SW

This 3.5 acre park features a youth soccer field, a walking trail, playground equipment, picnic tables and off-street parking.

[Lakewood Senior Activity Center](#)  
9112 Lakewood Drive SW

We would like to welcome you to our center. We offer great programs for those 55+. For more information, call us at (253) 798-4090.

# Lakewood Senior Activity Center

**Membership**

Explore new adventures with us! Sign up for 2015 membership at the Lakewood Activity Center and enjoy all the benefits from January through December. Membership includes discounts on classes, activities and our award winning programs. You will also receive the delivery of our monthly newsletter to your home. Can't imagine us without you!

**Individual:** \$30/year      **Couple:** \$40/year

**Volunteers**

We have many volunteer opportunities at the Lakewood Senior Activity Center. Our volunteers help us build a strong sense of community by donating their time, services and expertise. We are looking for volunteer instructors for a variety of classes including art, exercise, computers and more! If you are interested in growing and getting connected, call Elizabeth Scheid at 798-4090.

**Cinco De Mayo Spring Fling**

It's fiesta time. The Lakewood Senior Activity Center along with Pierce County Parks and Recreation is pleased to be hosting the first ever Cinco De Mayo Spring Fling. Join us for music, games, Nacho bar, a scavenger hunt and more. Each participant will get a special souvenir to take home.

**Session A:** Saturday, May 2nd, 5pm-7pm  
**Cost:** \$12



**Mother's Day Celebration: You are my sunshine!**

You are my sunshine, my only sunshine. We will make you happy when skies are grey. Come and find out just how much we love you! Celebrate Mother's Day with us .... full of sunshine. **RSVP by May 4th!**

**Session A:** Thursday, May 7th, 1pm  
**Cost:** Member: Free    Non-Member: \$4.36

**Memory Social Hour**

Join us for food, activities, fun and enjoyment. This is a support group for people with early stage memory loss and serves people with Alzheimer's or dementia, their caregivers and families. It gives everyone an opportunity to be themselves in a safe supportive environment while enjoying activities and entertainment. For more information, call Elizabeth at 798-4090.

**May Spring Fling:**  
 Celebrate spring and join us for a sweet afternoon.  
**Session A:** Thursday, May 28th, 2pm

**Summer Sunshine:**  
 Celebrate the start of summer with fellowship and treats on a sunny afternoon!  
**Session B:** Thursday, June 25th, 2pm

**July Jamboree:**  
 Join us for an red, white and blue afternoon  
**Session C:** Thursday, July 23rd, 2pm

**Awesome August:**  
 Enjoy the last splash of summer with social time, snacks and some entertainment!  
**Session D:** Thursday, August 27th, 2pm

**Open House: Surf's Up!**

Surf's Up! Cowabunga! Catch a wave, hang ten and drop in and check out the numerous programs offered by our Center and learn about our community partners and their services available to Older Adults. Join the party for some reef-freshments and epic entertainment! Don't miss it!

For more information, call 253-798-4090.



**Thursday, June 4, 10:00am - 1:00pm**



**Father's Day Festivity**

Celebrate your special day with a hot dog bar, popcorn and apple pie. Join us for food, fellowship and fun!

**Please RSVP**

**When:** Wednesday, June 17th, 1pm  
**Cost:** Member: Free Non-member: \$3.28

**Summer Smoothies**

Help celebrate the arrival of summer and stop by the social room for a summer smoothie and some sunshine. Sponsored by Family Resource HomeCare.

**When:** Friday, June 19th, 10am-noon  
**Cost:** Free!

**Berry Bash BBQ**

Join us for a berrylicious BBQ. Join us for a very berry sunny afternoon. It is a perfect sweet recipe for berries and a BBQ. Don't miss this delicious day.

**RSVP by August 7th.** This event fills quickly!

**When:** Wednesday, August 12th, 1pm  
**Cost:** Member: Free Non-Member: \$4.36



**Cake Day**

It's your birthday, let's have a party! The Center has a monthly birthday party to celebrate its member's special day. You are more than welcome to join us even if it's not your birthday! **Join us the first Tuesday of the month from 10am-12pm.** Sponsored by The Weatherly Inn.

**Welcome Wednesdays**

"Sometimes you want to go where everybody knows your name and they're always glad you came." Let the Lakewood Senior Activity Center be that place for you! Join us on the 2nd Wednesday of each month at 11 am for a tour and introduction to our programs. Dessert of the Month takes place at the same time. Don't miss it!

**Session A:** Wednesday, May 13th, 11am  
**Session B:** Wednesday, June 10th, 11am  
**Session C:** Wednesday, July 8th, 11am  
**Session D:** Wednesday, August 12th, 11am  
**Cost:** Free

**Dessert of the Month**

You are invited to join us for a mouth watering delicious treat. Each month there is a new delightful surprise. Sponsored by Narrows Glen.

**Session A:** Wednesday, May 13th, 10am-12pm  
**Session B:** Wednesday, June 10th, 10am-12pm  
**Session C:** Wednesday, July 8th, 10am-12pm  
**Session D:** Wednesday, August 12th, 10am-12pm  
**Cost:** Free

**Red Hat Chapter- Ruby & Amethyst Divas**

Welcome to "where there is fun after fifty (and before) for all women". Silliness is the comedy relief of life, so we join red gloved hands and go for the gusto together. We share a bond of affection and an enthusiasm for wherever life takes us.

**Men's Coffee Hour**

Enjoy conversation and a great cup of coffee. This is a fellowship time for men.

**When:** 2nd, 3rd & 4th Tuesday at 10am

**Creative Writing Workshop 101**

Do you have memoirs, poems, or a story you have always wanted to write? Discover how to express yourself and join this group of writers for the encouragement to get started and to sharpen your writing skills. The class also offers suggestions and evaluation of your writing projects.

**Session A:** Mondays, June 29th-August 31st, 9:30am-11:30am  
**Cost:** Member: \$42 Non-Member: \$47



**"Let's Enjoy History Together"**

"Playgrounds of the Lakes District" presented by Becky Huber, President of the Lakewood Historical Society. We will take a closer look at the history of the Tacoma Country and Golf Club founded in 1894 and the Woodbrook Hunt Club in 1926. What is astounding is that both clubs were the first of their kind established West of the Mississippi and are still in operation.

**Session C:** Tuesday, August 11th, 1 pm  
**Cost:** Free! Please RSVP

## Happy Bookers Book Club

Do you love to read? Do you enjoy meeting others who love good books? Escape the everyday, read a great book and make new friends. Happy Bookers meet once a month to discuss the current book from Pierce County Libraries' Book Club Collection (both fiction and non-fiction award-winning books).

- Session A:** Thursday, May 14th, 10:30am
- Session B:** Thursday, June 11th, 10:30am
- Session C:** Thursday, July 9th, 10:30am
- Session D:** Thursday, August 13th, 10:30am

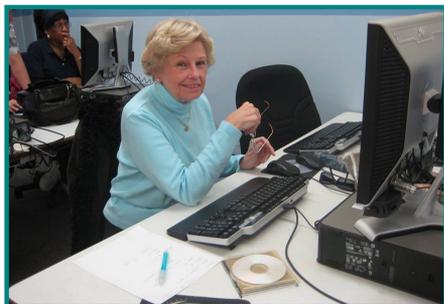
## Card & Board Games

- Mah Jongg:** Tuesdays, 1:00pm
- Cribbage:** Thursdays. 10:30am

## AARP Smart Driver Course

Drivers who are older than 55 can qualify for a reduction in their auto insurance rates by attending the AARP Driver Safety Program. We are a host site for the AARP Driving Class and offer one session every month. Space is limited. You must attend both days on the two-day classes (Class length totals eight hours).

- Session A:** Tues & Wed, May 12th & 13th, 9am-1pm
- Session B:** Tuesday, June 9th, 9am-5pm,
- Session C:** Tuesday & Wednesday, July 14th & 15th, 12:30-4:30pm
- Session D:** Tuesday, August 11th, 9am-5pm
- Cost:** \$15.00 AARP members  
\$20.00 Non AARP members



## Facebook Fundamentals

Have you heard about Facebook? Connect securely with your grandkids, friends, colleagues and other family members. You will learn the basics of opening a Facebook account, posting messages and uploading pictures. Jump on the bandwagon and get connected! If you own a laptop, please bring it to class.

- Session A:** Wednesdays, June 3rd-June 17th, 1pm-2pm
- Session B:** Wednesdays, July 22nd-August 5th, 1pm-2pm
- Cost:** Member: \$25 Non-member: \$28

## Open Computer Lab

This computer lab is open for use by older adults who would like to practice what they have learned in classes, work on special projects and get hands-on experience using a computer. Volunteers are available each month to share information and answer questions.

- When:** Fridays, 10 am-12 pm
- Cost:** Free!

## Thursday Open Computer Lab

Learn about general concepts, components and applications such as browsers, navigating and the internet, Google, Cloud Suites and more.

**When:** Join us every Thursday of the month at 3pm!

## Computer Concepts

Learn to use your keyboard more efficiently and also discover some tips and tricks to use your computer. This class is a great opportunity to explore and hone your computer skills!

- Session A:** Mondays, June 1st-June 22nd, 10:00am-12:00pm
- Cost:** Member: \$40 Non-Member: \$45

## I Have an iPad, iPhone, iPod...Now What?

Learn how to set up and personalize your device. This class will cover internet, maps and driving directions, calendar, camera and photos, texting, music, and more! Learn how to share your calendar with all your Apple devices, how to download and use "apps", and learn all about the amazing "Siri," who will listen to your voice commands!

- Session A:** Mondays, July 6th-July 27th, 10am-12pm
- Cost:** Member: \$40 Non-Member: \$45

## Open Art Time!

Calling all artists! Woodcarvers, oil painters, mixed media and other artists, do you need a place to be creative? This no-frills, no instructor session is just for you. Bring your projects and take advantage of this open classroom time.

- When:** Mondays, June 22nd - August 31st 9:30am-4:30pm
- Cost:** Member: \$3/session  
Non-member: \$5/session



**Workshop Wednesdays**

Please register by Friday prior to workshop so that instructor has ample supplies! Thank you! Please stop by the office to check out examples of projects!

**Happy Summer Star Canvas**

**Session A:** Wednesday, June 24th, 1pm  
**Cost:** Member: \$8 Non-member: \$11

**Count your Blessings Board**

**Session B:** Wednesday, July 8th, 1pm  
**Cost:** Member: \$10 Non-member: \$13

**Creative Mugs**

**Session C:** Wednesday, July 22nd, 1pm  
**Cost:** Member: \$5 Non-member: \$8

**Autumn Leaf Candle Holder**

**Session D:** Wednesday, August 5th, 1pm  
**Cost:** Member: \$5 Non-member: \$8

**Sumi Painting**

Experience the simple pleasure of Asian ink painting. With practice, a few brush strokes evoke images of bamboo, birds, boats, flowers and Mt. Rainier. Beginners are welcome. **Call for supply list.**

**Session A:** Wednesdays, Jan. 7th-Feb. 11th, 9:30am-11:30am  
**Session B:** Wednesdays, May 27th-July 8th, 9:30am-11:30am (no class June 17th)  
**Session C:** Wednesdays, July 15th-August 19th, 9:30-11:30am  
**Cost:** Member: \$56 Non-Member: \$62

**Woodcarving**

This class is dedicated to the art and skill of woodcarving. It will give the beginner carving enthusiast a solid foundation in the art. It will also help you develop the skills to add a personal and creative touch to your projects. Bring your projects, tools and enthusiasm.

**Session A:** Fridays, June 12th-August 14th, 9am-12pm  
**Cost:** Member: \$48 Non-Member: \$53

**Sketching and Colored Pencil Combo**

Have you always wanted to try your hand at drawing? This is your chance to explore sketching. Learn about tones and values, texture and pencil methods. We will use both colored pencils and a sketching pencil. Call for supply list.

**Session A:** Thursdays, June 11th-July 23rd, 1:30pm-3:30pm (no class July 16th)  
**Session B:** Thursdays, August 6th-September 10th, 1:30pm-3:30pm  
**Cost:** Member: \$32 Non-Member: \$37

**Knotty Knitters**

Meet, mingle and knit! If you have a passion for knitting, join this group of beginners and seasoned knitters. Drop in and learn the basics or share your talent and techniques. Grab your yarn and be knotty for a day! Beginners welcome!

**When:** Every Wednesday at 1pm!  
**Cost:** Free!

**Sassy Scrappers**

Grab your photos and supplies and join your friends for an afternoon of scrapbooking. Expand your horizons, explore new techniques, try something new and meet new friends. Join us the first Thursday of the month from 1pm-3pm. Bring a snack and your creativity!

**Session A:** Thursday, May 7th, 1pm-3pm  
**Session B:** Thursday, June 4th, 1pm-3pm  
**Session C:** Thursday, July 2nd, 1pm-3pm  
**Session D:** Thursday, August 6th, 1pm-3pm  
**Cost:** Free!



**Introduction to Yoga**



Empower your mind and strengthen your body as you move through poses. Build strength, increase flexibility and find focus. Poses may also be modified by doing chair yoga which is a unique style that adapts yoga positions and poses through creative use of a chair either by sitting or using chair for support.

**Session A:** Tues & Thurs, May 12th-June 18th, 11am-11:45am  
**Session B:** Tues & Thurs, June 23rd-July 23rd, 11am-11:45am  
**Session C:** Tues & Thurs, July 28th-September 1st, 11am-11:45am  
**Cost:** Member \$32 Non-Member \$37

**Drop-in Line Dancing**

Grab your friends and exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Drop-in for a swingin' good time!

**Session A:** Tuesdays, 2:30pm  
**Cost:** Free

## Zumba Gold

Want to jump on the latest fitness trend? Jump on the Zumba Gold bandwagon. It is a combination of Latin dance and low-impact aerobic exercise for older adults with a little cha cha cha. Try it!

- Session A:** Tues & Thurs, May 12th-June 18th, 9am-9:55am  
**Session B:** Tues & Thurs, June 23rd-July 23rd, 9am-9:55am  
**Session C:** Tues & Thurs, July 28th-September 1st, 9am-9:55am  
**Cost:** Member: \$32 Non-Member: \$37



## Stretch & Strengthen

Improve your core strength, balance and improve your posture. Class includes warm-up, muscle-specific and abdominal exercises and stretching. Join us for the brand new class!

- Session A:** Tues & Thurs, May 12th-June 18th, 10am-10:45am  
**Session B:** Tues & Thurs, June 23rd-July 23rd, 10am-10:45am  
**Session C:** Tues & Thurs, July 28th-September 1st, 10am-10:45am  
**Cost:** Member: \$32 Non-Member: \$37

## Beginning & Intermediate Ballroom Dance

Learn basic and advanced steps, techniques and choreography. From Waltz to Swing, Cha Cha to Tango-your instructor will teach you how to identify music and be confident to dance at most social events. Partner suggested, but not required.

- Session A:** Mondays, June 8th-July 6th, 4pm-5pm  
**Session B:** Mondays, July 13th-August 10th, 4pm-5pm  
**Session C:** Mondays, August 17th-September 21st, 4pm-5pm  
**Cost:** Member: \$32 Non-Member: \$37

## Fit Happens

Instructor, Judi Floyd incorporates fun choreography with low-impact aerobics, uses light weights for muscle strength and concentrates on endurance, flexibility, balance and core strength.

- Session A:** M/W/F, May 11th-June 19th, 8am-9am  
**Session B:** M/W/F, June 22nd-July 24th, 8am-9am  
**Session C:** M/W/F, July 27th-Sept. 4th, 8am-9am  
**Cost:** Member: \$32 Non-Member: \$37

## Yoga Stretch Concepts

Traditional yoga poses with a mix of Tai Chi and Pilates will be taught with alternatives to accommodate mobility issues. Our goal is to create a supportive environment that encourages health benefits and psychological wellness. This class is for beginners and for the more experienced. Yoga mat suggested, but not required.

- Session A:** Mondays, June 8th-July 6th, 5:15pm-6:15pm  
**Session B:** Mondays, July 13th-August 10th, 5:15pm-6:15pm  
**Session C:** Mondays, August 17th-September 21st, 5:15pm-6:15pm  
**Cost:** Member \$28 Non-Member \$31

## Fitness & Fun

Enjoy this total body conditioning class that will help strengthen both your cardiovascular and muscular fitness. Balance exercises and stretching help round out this total body workout. Join the fun and meet new friends!

- Session A:** M/W/F, May 11th-June 19th, 9:30am-10:30am  
**Session B:** M/W/F, June 22nd-July 24th, 9:30am-10:30am  
**Session C:** M/W/F, July 27th-September 4th, 9:30am-10:30am  
**Cost:** Member: \$32 Non-Member: \$37

## SAIL Class (Stay Active & Independent for Life)

Join us for a fun hour of exercise that includes light aerobics and strength training while focusing on balance, coordination, and falls prevention.

- Session A:** M/W/F, May 11th-June 19th, 10:35am-11:35am  
**Session B:** M/W/F, June 22nd-July 24th, 10:35am-11:35am  
**Session C:** M/W/F, July 27th-September 4th, 10:35am-11:35am  
**Cost:** Member: \$32 Non-Member: \$37



## Registration/Payment Options

In Person	Lakewood City Hall, 1st Floor M - F 8:30am - 5pm Cash/Check/Credit Card
By Phone	253.983.7887 M - F 8:30am - 5pm Credit/Debit Only
By Fax	253.589.3774 24 hour convenience Complete form on page 26. (Please Print Clearly)
By Mail	Send completed registration form & payment to: Parks, Recreation & Community Services 6000 Main Street SW, Lakewood, WA 98499
Online	lakewoodparkandrec.com 24 hour convenience Credit/Debit Only
Lakewood Senior Activity Center Programs	To register for any of the older adult programs, please contact the Lakewood Senior Activity Center - 253.798.4090 9112 Lakewood Drive SW #121 Lakewood, WA 98499

### Registration

Most programs have a minimum and a maximum enrollment to ensure a quality experience for all participants. Please register at least five (5) business days in advance (payment must be received at the time of registration.) Programs may be cancelled (or combined) if minimum enrollments are not met at least five (5) business days prior to the start date of a program.

### Gender Equity Statement

The City of Lakewood does not discriminate against any person on the basis of gender in the operation, conduct or administration of community athletic programs or sports facilities.

Any citizen who feels he/she has been the victim of discriminatory treatment in violation of this policy should report the concern to Parks, Recreation and Community Services Department staff at (253) 983-7887.

### Inclement Weather

Lakewood Parks, Recreation and Community Services will follow the Clover Park School District's Weather Advisory. If the school district is closed, all recreation programs will be cancelled. If children have already arrived, parents will be notified to pick up their children immediately. If school opening is delayed, programs will operate as normally scheduled, unless special circumstances exist. Please call (253) 983-7887 or (253)798-4090 for the Lakewood Senior Activity Center for up-to-date program information. Inclement weather can also affect park use and trail conditions. Please use caution when visiting parks and trails during poor weather.

### Refunds

A \$10 administrative fee will be charged on all refund requests. Refund requests must be made in writing at least one week before the start date of a program, and sent to the Parks, Recreation and Community Services Department by mail, fax or e-mail. Refund requests will not be accepted beyond one week prior to the start of a program. Full refunds will be issued if we cancel a program due to insufficient registration. No refunds will be issued once an activity has begun. All refunds will be made in the form of a check. Trip/tour refund requests must be made 15 days in advance of the scheduled trip/tour date. No reservation refunds are granted due to poor weather conditions.

### Recreation is for everyone!

Everyone in the Lakewood community will have the opportunity to equally participate in, benefit from and enjoy parks and recreation programs and facilities. We are dedicated to enriching the lives of all people participating in Lakewood Parks, Recreation and Community Services programs. If you are interested in a class or program, but hesitate to register because of a developmental or physical limitation, please contact the Parks, Recreation and Community Services Department at (253) 983-7887 or by e-mail at parks@cityoflakewood.us for assistance. Reasonable accommodations for special needs require a minimum of three weeks notice in advance of the program start date. Participants needing individual assistance in programs, including toileting, transferring, eating, dressing or behavior intervention, must bring an attendant/companion to the program.



# Parks, Recreation & Community Services

We see Lakewood as a healthy and vibrant community where opportunities abound.

6000 Main Street SW, Lakewood, WA 98499 • Phone: (253) 983-7887 • Fax: (253) 589-3774

Adult Last Name	First	Date of Birth
Street Address	City/State/Zip	Would like to receive e-mails about upcoming programs and events from Lakewood Parks, Recreation and Community Services?  <input type="checkbox"/> Yes <input type="checkbox"/> No
E-mail Address		
Phone, daytime	Phone, evening	
Emergency Contact, Name	Emergency Contact, Phone	
How did you hear about the program(s)?		

Participant Name	M/F	Birthdate	Activity Name	Session	Day/Time	Fee
TOTAL						

PAYMENT DETAILS	
(Payment is due in full at time of registration)	
Total Fee: \$	
<input type="checkbox"/>	Cash
<input type="checkbox"/>	Check - #
<input type="checkbox"/>	Credit Card (indicate below):
<input type="checkbox"/>	Mastercard
<input type="checkbox"/>	Visa
Card #	
Exp. Date:	3-Digit Sec. #

Participants and parents/guardians of all participants are required to sign the following release. I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Lakewood, City of Lakewood Parks and Recreation Department, staff, instructors, coaches and volunteers for any claim arising from injury to my/our child. Furthermore, in case of an emergency, if my child or I should require medical attention, I give permission for a City of Lakewood representative, or the representatives designee, to secure the emergency medical attention required. Any direction to the contrary should be noted on the backside of this form and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

Signature (of participant, or parent/guardian of child participant)

Date:

Registration is NOT VALID without signed waiver and release.

## Thank you Sponsors & Community Partners!

St. Clare Hospital  
CHI Franciscan Health  
Franciscan WIC Clinic:  
Lakewood & Parkland Locations  
Narrows Glen  
WSECU  
LeMay Waste Connections  
Cascade Regional Blood Services  
Navy Federal Credit Union  
Drangsholt Orthodontics  
Senior Care Alliance  
The Weatherly inn  
Lakewood First Lions  
Pierce County  
Planning and Land Use  
Port of Tacoma  
West Pierce Fire and Rescue  
Kiwanis Club of Clover Park  
House of Donuts  
CHI Franciscan WIC Clinic  
Point Defiance Village  
Diabetes Association of WA  
Alaska Gardens  
Ace Van and Storage  
Partners for Parks  
Panorama  
HeartWarming Care  
PC Aging and Disability Services  
South Sound Outreach Services  
Lakewood YMCA  
Lakewood Rotary  
Tacoma South Sound  
Sports Commission  
Clover Park School District  
Nisqually Tribe  
The Footwear Place  
AARP  
Visiting Angels  
Senior Housing Assistance Group  
Communities in Schools  
Keep Lakewood Beautiful  
Tacoma Maritime Institute



## #IamLakewood



# Volunteers!

Do you love visiting the Lakewood Farmers Market and want to be a part of the festivities each Tuesday? It takes a village to coordinate the Market each week. We need volunteers to help with set-up, clean-up, crosswalk monitoring, parking assistance, manning our information booth and no less than a million other fun tasks!

For more information or to sign up as a volunteer, email the Parks and Recreation Department at [parcs@cityoflakewood.us](mailto:parcs@cityoflakewood.us) or call us at: 253.983.7887

# We Love Our Community Partners!

Address:  
6000 Main Street SW  
Lakewood, WA 98499-5027



Phone/Email:  
(253) 589-2489  
info@cityoflakewood.us



### Other Frequently Used Phone Numbers/Email Addresses:

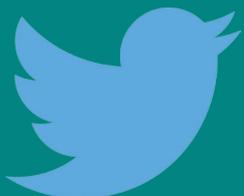
- Police non-emergency: (253) 798-4721/policefrontdesk@cityoflakewood.us
- Animal Control: (253) 830-5010
- Criminal Investigations Tip: (253) 830-5064
- Report eyesores: eyesore@cityoflakewood.us
- Report stray shopping carts: shoppingcarts@cityoflakewood.us
- Public Works general: publicworks@cityoflakewood.us



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