



CONNECTIONS

Newsletter
for the



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ON LAKEWOOD'S DOORSTEP: 2015 U.S. OPEN



The community of Lakewood has a long and rich golfing history, one that dates back to the turn of the 20th Century, when the Tacoma Country & Golf Club - one of the oldest private clubs in the country - moved to the pristine shores of American Lake. Over the years, courses such as Ft. Steilacoom, Oakbrook and American Lake Veterans brought regional and national recognition.

In June, Lakewood will get attention of the global variety when the 2015 U.S. Open takes place at Pierce County's Chambers Bay Golf Course in neighboring University Place. For the first time, the Pacific Northwest will host a major professional golf championship. Some of the sport's biggest names - from Tiger Woods and Rory McIlroy to Phil Mickelson and Bubba Watson - are expected to draw nearly 235,000 fans to the region during the week of June 15-21.

Lakewood will play a direct role in helping the 2015 U.S. Open become a success. For instance, Fort Steilacoom Park has already been chosen as one of many sites where visitors

will be able to park and take a quick shuttle to the golf course. The USGA is working with the City to finalize its transportation plan and will release details as the championship nears.

Economic Development Manager Becky Newton says Lakewood will get one shot to make a first impression on the golfing world. The 2015 U.S. Open is a great opportunity to showcase Lakewood's businesses, people and potential on a global stage. "The best thing the region can do is be a gracious host," she says.

ONLINE:
WWW.CITYOF
LAKEWOOD.US

2015 U.S. Open By The Numbers

- Est. attendance: 235,000
- Avg. spending per Visitor: \$1,256
- Rooms needed for USGA: 4,300
- Rooms needed for spectators: 87,000

Source: Pierce County



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Council Adopts 2015-2016 Budget

Highlights

- Increases resources to preserve and maintain the City's road system
- Funding for several new park improvement projects
- Replenishes the General Fund reserves to meet its 12% policy objective by the end of 2016
- General Fund operating revenues are projected to grow 2.7% in 2015 and another 1.2% in 2016.
- General Fund operating expenditures are projected to grow 0.4% in 2015 followed by 2.2% in 2016.

In November, the Lakewood City Council adopted the 2015-2016 Biennial Budget.

It is a balanced budget that results in residents getting increases in services. One example: For the first time in a number of years, this budget increases resources to preserve and maintain the City's road system, which is a key priority identified by the Lakewood City Council. This budget reflects the City's commitment to providing quality services and amenities to residents while re-establishing Lakewood's short- and long-term financial viability.

For more information, visit the City's website at www.cityoflakewood.us.

Council Picture Book: Lakewood Salutes Its Veterans

On Nov. 3, the Lakewood City Council honored the heroes who have sacrificed so much to keep our country safe. As part of its annual Veterans Day Proclamation, the City Council recognized the valor and accomplishments of many of our local veterans. At the center of this group photo is Mayor Emeritus and U.S. Army Lt. Gen. (Ret.) William "Bill" Harrison, the City of Lakewood's first Mayor.





Employee Spotlight: Elizabeth Hidalgo-Linna

A little bit about myself: I work as a criminal court specialist 1. I currently clerk in-custody hearings for our Court. I am also in charge of scheduling all interpreters for defendants/victims that may have special language needs. I have worked in the legal field for over 20 years. I started by working for the Federal Public Defender's office as a legal assistant. Later, I took a clerical position with the State Court of Appeals Division II.

A bit more about myself: I initially went into this field because I thought it was interesting. I stayed because I love what I do.

Why I love my job: The best part of my job is working directly with the public. I enjoy communicating with the general public, explaining the processes involved with having matters heard in our Court. I love working with the co-workers of our department as we are all truly a family, and we all genuinely care about each other greatly.

More about me: My life outside of work involves mostly spending time with my family. I am married to a Lakewood Police Detective (Les Bunton), and between us we both have 8 children and two grandchildren. We spend a lot of time doing things with them. If I had to claim a dream it would be to be able to find more free time to paint. I enjoyed painting years before my children were born, and I would love to do that again someday. I would also like to travel to Cuba someday, as both my parents were immigrants from Cuba, and I would enjoy visiting.

March Highlights Lakewood's 12th Annual MLK Celebration

WHEN: 10 a.m. to noon, Saturday, Jan. 17.

WHERE: Sharon McGavick Conference Center, Clover Park Technical College, 4500 Steilacoom Blvd SW, Lakewood.

NEW THIS YEAR: A commemorative march representing the marches for equal voting rights during the 1960's will begin an hour before the event.

The City of Lakewood is proud to present the 12th Annual Dr. Martin Luther King Jr. Celebration.

In partnership with Clover Park Technical College, Harborstone Credit Union, Lakewood Arts Commission and Lakewood Officers Charity, the theme of this year's event is "The Dream in Action," marking the 50th anniversary of the 1965 Voting Rights Act.

A new feature this year is a commemorative march before the celebration that will pay tribute to the marches for equal voting rights during the 1960's, beginning and ending at the McGavick Center. Protest signs replicated from the 1960's will be used during the march.

Dr. Dexter Gordon will be the keynote speaker. He is the Director of African American Studies Program at the University of Puget Sound and Professor of Communication Studies and African American Studies. Featured performers will include:

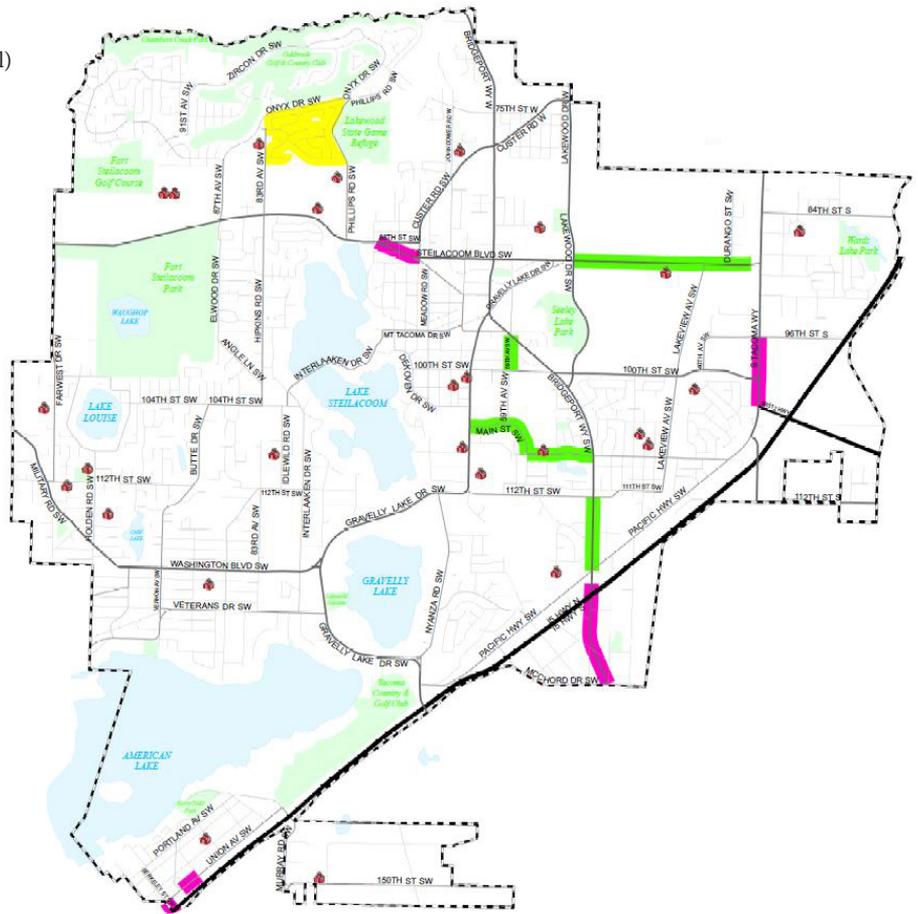
- Trumpeter Morris Northcutt
- The Fly Dance company from the YMCA
- The Clover Park High School Choir
- The Chang Hee Suk Korean Women Drummers



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LEGEND

- Pavement Preservation (Chip Seal)
- Pavement Preservation (Overlay)
- Street & Sidewalk Improvements
- Freeway/Highway
- Principal Arterial
- Minor Arterial
- Collector
- Local Access
- S School
- City Limit



Source:
Lakewood
Public Works
Department

2015 Transportation Projects

The City of Lakewood has almost \$19 million worth of transportation improvement projects planned this year. The work includes the following pavement preservation, street and sidewalk improvements:

Pavement Preservation (Chip Seal Program)

- Local streets within the Oakbrook 3rd Addition

Pavement Preservation (Asphalt Overlay)

- Bridgeport Way (Pacific Highway to 112th Street)
- Steilacoom Boulevard (Lakewood Drive to 300 feet west of South Tacoma Way)
- Main Street (Gravelly Lake Drive to 108th Street)
- 59th Avenue (100th Street to Bridgeport Way)
- 108th Street (Main Street to Bridgeport Way)

Street & Sidewalk Improvements

- South Tacoma Way (State Route 512 to 96th Street)
- Steilacoom Boulevard (88th Street to Custer Road)
- Madigan Access Project (Union Avenue-Thorne Road to Orchard)
- Bridgeport Way Improvements (JBLM to I-5)

Lakewood Police Department Named "Agency of the Year"

It's official: Lakewood has one of the best police departments in the land.

The Lakewood Police Department was recently named "Agency of the Year" in the RISE Awards, sponsored by TASER and PoliceOne. The LPD was up against more than 150 different agencies and officers nominated nationwide across three categories. Judges noted the department's remarkable policing efforts that led to a 12-percent drop in person, property and society crimes in the last year. This success is the result of a much larger initiative to make the community a safer place – a goal the department set out to tackle a decade ago, when Lakewood Police first became a department in 2004.



-5.29 %
The percentage drop in Person, Property and Society crimes, year-to-date, between October 2013 and this year in Lakewood

Judges also recognized the impact of the 2009 tragedy of the four Lakewood officers who were gunned down in a coffee shop. The LPD managed to not only overcome the tragedy, but pushed forward to where it is are today.

LPD was awarded TASER Axon-Flex body cameras with a year subscription to the video management site Evidence.com, a year subscription to the certified online training site PoliceOne Academy.

"Winning 'Agency of the Year;' is a tremendous honor and a reflection of the hard work from everyone in our department," Chief Bret Farrar said. "That's everyone – officers, detectives, technicians, assistants - everyone."

"We started out 10 years ago with the goal of making our community safer," he added. "We have suffered and endured through the worst of tragedies. Yet, we never lost sight of our goal. We will always be committed to keeping our city safe."



The City of Lakewood would like to thank everyone who donated or contributed to the success of the 5th Annual Fallen Officers Food Drive on Nov. 26. The event benefited the Emergency Food Network.





Boo Han Market: Nearly 40 Years of Authentic Asian Foods and Goods

These days, Boo Han Market’s aisles are lined with authentic Asian foods and goods.

From soft tofu to spicy kimchee to cuts of beef and fresh seafood, the specialty grocery store’s selection has attracted shoppers from throughout the South Sound and beyond for nearly four decades. After years of expanding and adapting to meet the needs of customers, Boo Han Market continues to thrive in Lakewood’s International District – a remarkable feat given its humble beginnings as a rice cake and tofu factory in owner Boo Han’s garage.

That success and commitment to Lakewood is also the reason Boo Han Market was recognized recently as the City of Lakewood’s Business Showcase.

The market’s story begins with Han, whose father ran a grocery store in Korea. The younger Han emigrated from Korea to the U.S. with his family in 1973 and bought a 400-square-foot home in Lakewood near his sister-in-law’s. He and his wife worked for five years and saved up enough money to start a rice cake and tofu factory in their garage—a garage that Boo Han himself built. The family devoted countless hours of work to their dream. Jae Han, Boo Han’s son, says his father slept about three hours a night during the early years.



The main reason behind the store’s staying power is its authentic Korean and Asian goods. Boo Han Market offers departments for produce, meat, dairy and seafood – all of which are popular with Asian and non-Asian customers alike. Yes, shoppers of all ethnicities frequent Boo Han Market for produce because many of the same items are cheaper than in mainstream grocery stores. It sells some produce, such as green onions and cabbage, practically at cost to offer the best deals.

Want to learn the rest of the story behind Boo Han Market? Go online and visit the City of Lakewood’s website: www.cityoflakewood.us.



Picture Book: Annual Christmas Tree Lighting

On Dec. 5, the City of Lakewood held its Annual Tree Lighting, welcoming hundreds of visitors who enjoyed some holiday fun. Children, as well as children at heart, participated in “Minute To Win It” games, took pictures with Santa Claus, enjoyed performances and, of course, watched the annual lighting of the Christmas Tree in front of Lakewood City Hall. To view a photo gallery and video of the event, visit the City of Lakewood’s Facebook page #IamLakewood



New Smoking Rules at Parks

Thinking about lighting up a cigarette at a Lakewood park facility? Make sure you know the rules.

In 2014, the Lakewood City Council enacted a policy of a 50-foot “No Smoking” buffer zone around all City parks shelters, playgrounds, athletic facilities and in open park spaces where people gather.

Users of City parks will be reminded of the policy through park signage, educational cards and bookmarks that Parks and Recreation employees or volunteers will distribute.

The City Council voted for the 50-foot buffer zone to help protect park users from direct contact with second-hand smoke. The City Council is anxious to share this information throughout the community.

Smoking is prohibited within 50 feet of:

- Covered picnic shelters
- Swimming beaches
- Playgrounds
- Athletic fields
- Spectator areas during athletic events
- Concession areas
- Smoking is also prohibited inside of City park restrooms

Source: Lakewood Municipal Code 08.76.168





Did You Know?

- Results from 2013-14 end of course (EOC) tests for students taking algebra and geometry show:
 - 99 percent of 7th graders and 96.4 percent of 8th graders passed the algebra EOC
 - 98.4 percent of 8th graders who took the geometry EOC passed.
- In CPSD, the number of dual credit courses offered and earned has doubled in the last six years (from 29 courses and 1,559 college credits earned in 2008 to 60 courses and 3,109 college credits earned in 2014).
- CPSD has International Baccalaureate programs in place at Idlewild Elementary (Primary Years Program) and Harrison Preparatory (Middle Years Program). The district anticipates receiving confirmation of the Diploma Program (also at Harrison Preparatory) in the coming months.



CPR/First Aid Courses

West Pierce Fire and Rescue is offering a CPR and first aid course throughout 2015.

Lessons include CPR and airway management for one person (adult, child and infant), how to control bleeding, splinting, bandaging, first aid for burns, sprains, strains, poison control, and more. This course meets Labor and Industries and Department of Social and Health Services Standards and earns a first aid and CPR certification card recognized for two years.

This class is held from 9 a.m. to 5 p.m., at Station 20, located at 10928 Pacific Highway SW in Lakewood. Pre-registration and pre-payment are required. Cost is \$40 per person. To register, contact the main office at 253-564-1623 for more information.

Class Schedule

Jan. 10	July 11
Feb. 14	Aug. 8
March 14	Sept. 12
April 11	Oct. 10
May 9	Nov. 14
June 13	Dec. 12

Own a pet? You might need a license from the City

The City of Lakewood requires a license for all dogs and cats over the age of 8 weeks. All licenses, no matter what time of year that they're initially purchased, expire on Dec. 31 and must be renewed by Feb. 28 each year. Renewal notices are sent out during January each year.

When your pet is lost, a license is the best way to get the animal home. A license can save the inconvenience and cost of retrieving your pet from a shelter, not to mention lessening the trauma experienced by the animal. A license also serves as a reminder to owners to vaccinate their pets against rabies. Licensing helps cover many of the expenses incurred by foster families and temporary shelter locations in caring for lost or homeless animals. These include medical expenses of sick or injured animals, spay/neuter programs to control the homeless pet population and investigations in animal cruelty and neglect.

If you have any questions regarding Animal Licensing or want to replace a lost tag at no charge, please call 253-512-2269.



Winter 2015 Recreation Guide

City of Lakewood's

**"You're the one
that I want..."**



13th Annual Father/Daughter Dance

Saturday, March 14 • 6 - 8 pm

Lakes High School

10320 Farwest Drive SW



Pre-Registration:

\$35/Couple

\$10/Additional Daughter

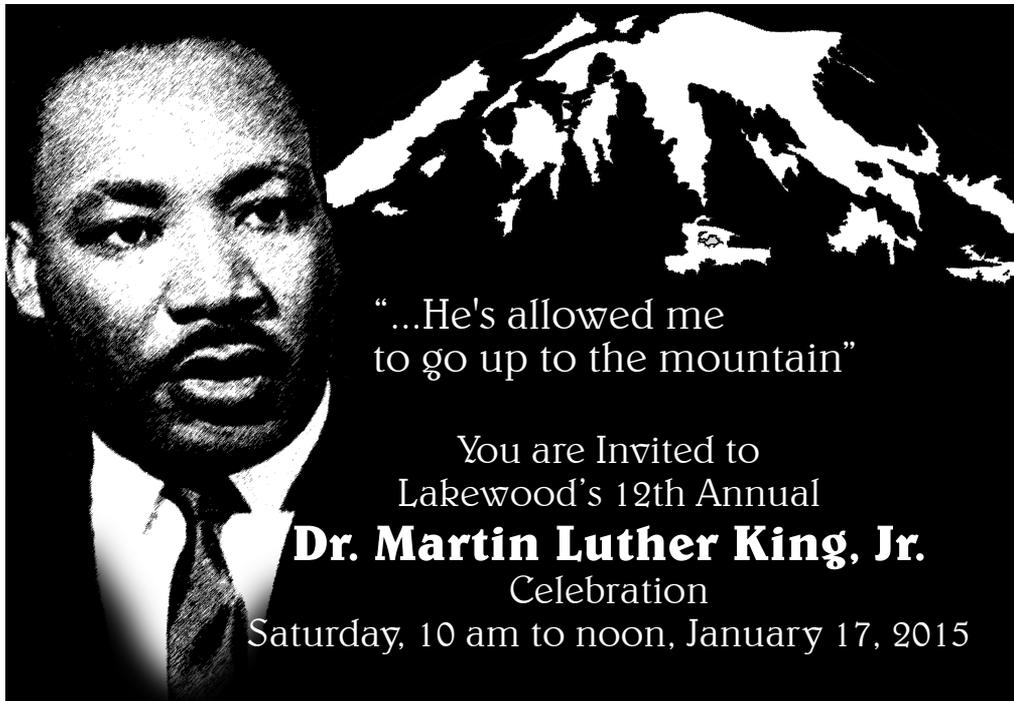
At the Door:

\$45/Couple

\$15/Additional Daughter

13th Annual Father/Daughter Dance

253.983.7887



“...He's allowed me to go up to the mountain”

You are Invited to Lakewood's 12th Annual **Dr. Martin Luther King, Jr. Celebration**

Saturday, 10 am to noon, January 17, 2015

“The Dream in Action”

Celebrating the 50th anniversary of the 1965 Voting Rights Act

This year's celebration will feature a commemorative Civil Rights march beginning and ending at the Sharon McGavick Conference Center. March is open to all and participants should gather in front of the Conference Center at 8:30 a.m. March will begin at 9 a.m. Celebration program will begin at 10 a. m. and will feature the wonderful Prairie Bells, the Clover Park High School Choir, singer Curley Evans, the YMCA Fly Dance Company, trumpeter Morris Northcutt and many more exciting performers. The Ceremony will also feature a reading by the winner of the Clover Park School District MLK essay contest plus special exhibits by the famous Buffalo Soldiers Museum and the renown Philippine Scouts.

Featured Speaker

Dr. Dexter B. Gordon, Professor of Communications Studies and Director of African American Studies at the University of Puget Sound.

Welcoming Remarks by the Mayor of Lakewood

Don't miss this outstanding event of music, song, dancing, history and more!

Admission and Parking are Free

For more information contact Jo Ethel Smith at 253-584-4673 or Dennis Higashiyama at 253-983-7835

Sharon McGavick Conference Center

Clover Park Technical College, 4500 Steilacoom Blvd. SW, Lakewood

Proudly sponsored by: Harborstone Credit Union, City of Lakewood, Clover Park Technical College, Lakewood Arts Commission and Lakewood Officer's Charity.

WRPA HotSpot Competition

The W.R.P.A. HotSpot is a fun opportunity for kids ages 7- 14 from our community to compete as individuals in a basketball shooting skills contest. It's an opportunity for them to test their ability, accept the challenge of competition and learn the value of goal-setting, practicing and personal achievement.

This event is **FREE!**

Saturday, January 17 • 12pm

Pierce College

(9401 Farwest Dr. SW)

5 or more fruits & vegetables



2 hours or less recreational screen time*



1 hour or more of physical activity

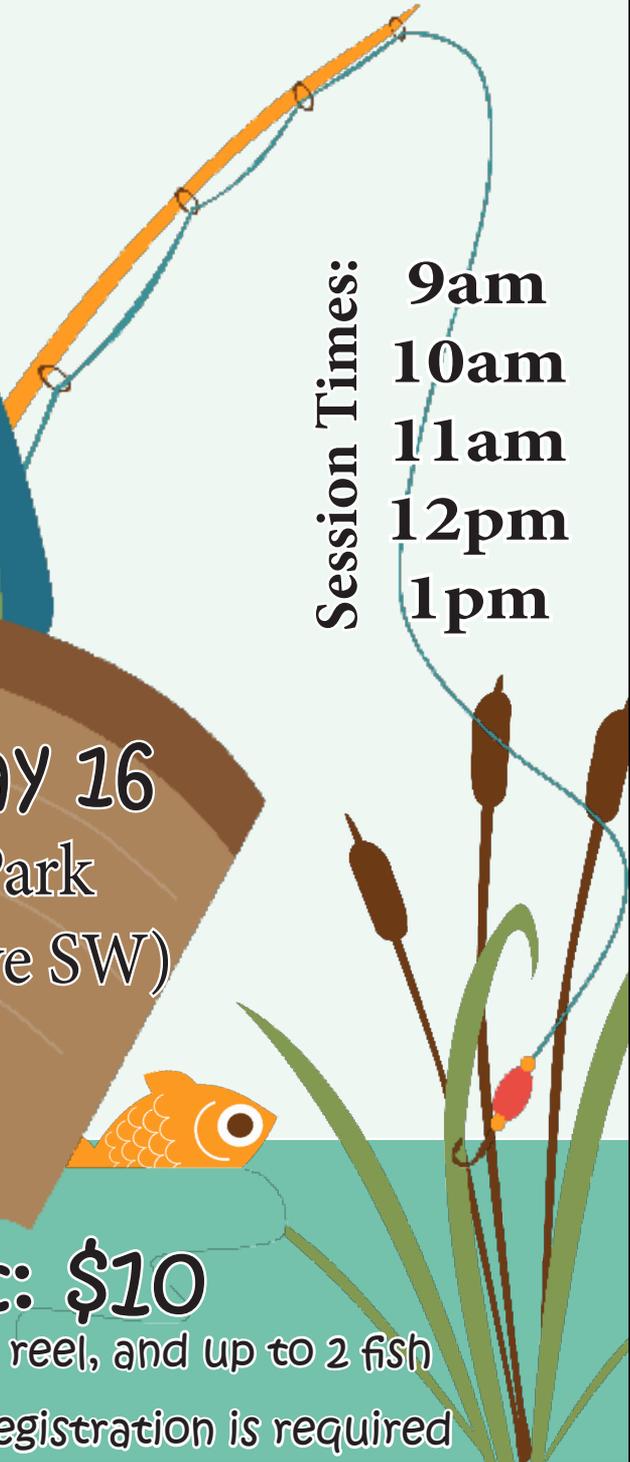


0 sugary drinks, more water & low fat milk



*New TV Computer use of the children. No screen time under the age of 2.

Ray Evans Memorial Fishing Event



Session Times:
9am
10am
11am
12pm
1pm

Saturday, May 16
American Lake Park
(9222 Veterans Drive SW)

Ages 5-14

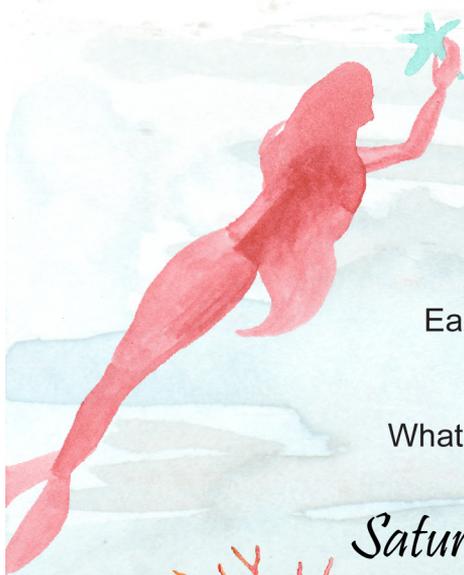
Cost: \$10

Includes t-shirt, rod, reel, and up to 2 fish

Space is limited - Pre-registration is required



Ray Evans Memorial Fishing Event



City of Lakewood's

Tea Under the Sea!

Each Mermaid and King Triton in attendance will enjoy light refreshments, make a craft in the seaweed forest, and float away with fabulous memories. What treasures will you discover at this tea party under the sea?

Saturday, April 11 • \$10 per child • 10am- Noon

Lakewood Activity Center (9112 Lakewood Dr. SW)

All ages welcome with parent supervision

Pre-registration required



Snowshoeing Basics

Have you been thinking about trying something new? Do you love outdoor adventures? Then join us for Snowshoeing basics at Mardee Lake at Snoqualmie Pass!** We'll even provide the snowshoes and poles! Bundle yourself up in your warm winter clothes, pack yourself a delicious sack lunch and don't forget your camera! There will be plenty of opportunities for gorgeous scenery shots and a few selfies too!

Session A: Saturday, February 21

Session B: Saturday, March 21

Time: 8am – 5pm

Ages: Adult

Cost: \$45/session

Departs from and returns to: Lakewood City Hall
(6000 Main Street SW)

Equipment provided: Snowshoes & Poles

Equipment needs: Wear comfortable clothes as you would for a walk but with an extra layer for winter warmth. A knit hat and gloves are very helpful. Footwear should be light hiking boots if possible and bring an extra pair of dry socks to leave in the van for the trip home. Pack a sack lunch, bring water and of course, your camera.

** (Location may change due to snow or weather conditions. It may also change if a number of participants have already been to the location)



Lakewood Community Garden



January 1-23: Returning Gardener Registration
January 24: New Gardener Registration

The Lakewood Community Garden is entering the fourth year of operation. Our gardeners have done a fantastic job growing a wide assortment of fruits, vegetables and flowers in their raised beds. A bulletin board has been installed on the shed as well as a new gate and artwork from the Lakewood Arts Commission. If you like to get your hands dirty, enjoy fresh air and watch your vegetables grow, a garden plot is in your future.

Plots are 4' x 8' and are available for only \$20/year.
Please call 253-983-7887 or visit us online at
www.lakewoodparksandrec.com for more information.

253.983.7887



Parks Appreciation Day



Join us on April 25, 2015 for Parks Appreciation Day and celebrate Earth Day, Arbor Day, National Parks Week and your local parks in one fun event. It's gratifying to know you are part of a major county-wide effort with nearly 2,000 other people working in their local parks at the same time.

We will be working in locations throughout Lakewood. If you, your family or group would like to volunteer at this event, please contact the Parks and Recreation Department at: (253) 983-7887 or email parks@cityoflakewood.us.



MAY Fest

MAY 1 - 10

LAKEWOLD GARDENS
(12317 GRAVELLY LAKE DR SW)

Visit: lakewoldgardens.org or call 253.584.4106 for more information!



American Lake Park
9222 Veterans Drive SW

This popular 5-acre park is located on the north shore of American Lake. It offers a seasonal restroom, picnic shelter, picnic tables, a swimming beach, playground and public boat launch. Boat launch fees apply.

Edgewater Park
9102 Edgewater Drive SW

This 1-acre park provides public boat launch access to Lake Steilacoom and is a nice site for picnicking. Boat launching is free of charge. Access and parking are limited.

Fort Steilacoom Park
8714 87th Ave. SW

At 340 acres, Ft. Steilacoom Park is the largest park in Lakewood and provides a diverse mix of active and passive recreation. It features an expansive trail system, baseball, soccer and softball fields, a state-of-the-art playground, an off-leash dog park, picnic shelters and year round open restrooms.

Kiwanis Park
6002 Fairlawn Drive SW

This 3-acre park is home to Lakewood's largest skatepark. The 12,000 sq. ft., in-ground, concrete skate park has proved extremely popular with youth from around the region. The park also has play equipment, seasonal restroom and a walking path.

Wards Lake Park
2716 84th Street S

This 22-acre natural area includes two fishing piers, playground, picnic shelter, trail system and seasonal restroom.

Active Park
10506 Russell Rd SW

This 2-acre park features a large open grass play area, picnic shelter, playground equipment and a basketball court.

Harry Todd Park
8928 North Thorne Lane SW

This 17-acre park contains play equipment, two baseball fields, four basketball courts, a tennis court, two picnic shelters, picnic tables, swimming beach access, skate park and seasonal restrooms. Harry Todd Park is also home to the Commencement Bay Rowing Club.

Oakbrook 7th Addition Park
9701 Onyx Drive SW

This small neighborhood park offers picnic areas, open space and playground equipment.

Springbrook Park
12601 Addison Street SW

This 3.5 acre park features a youth baseball field, play equipment, two half-court basketball courts and a picnic shelter.

Washington Park
11528 Military Rd. SW

This 3.5 acre park features a youth soccer field, a walking trail, playground equipment, picnic tables and off-street parking.

Lakewood Senior Activity Center
9112 Lakewood Drive SW

We would like to welcome you to our center. We offer great programs for those 55+. For more information, call us at (253) 798-4090.

Lakewood Senior Activity Center

Membership

Explore new adventures with us! Sign up for 2015 membership at the Lakewood Activity Center and enjoy all the benefits from January through December. Membership includes discounts on classes, activities and our award winning programs. You will also receive the delivery of our monthly newsletter to your home. Can't imagine us without you!

Individual: \$30/year Couple: \$40/year

Volunteer Opportunities

We have many volunteer opportunities at the Lakewood Senior Activity Center. Our volunteers help us build a strong sense of community by donating their time, services and expertise. It develops new skills and abilities, increases self-esteem, and builds new friendships. We are looking for volunteer instructors for a variety of classes including art, exercise, computers and more. We are also looking for special event hosts, van drivers and "Senior Ambassadors" to help in the office. **If you are interested in growing and getting connected, call Elizabeth Scheid at 798-4090.**

Valentine Friendship Luncheon

Grab your friends and join us for lunch and an afternoon of heart warming fun. The best time shared is with our best friends. Come celebrate with us and have a sweet time. Wear your red, white and pink and don't forget to RSVP.

Session A: Thursday, February 12th, 1pm
Cost: Member: Free Non-Member: \$3.28

St. Patrick's Day Festival

Calling all lads and lassies! Where you go, and whatever you do, may the luck of the Irish, be there with you. A four leaf clover will bring luck your way... especially if you join us on St. Patrick's Day. Please RSVP and bring a healthy snack to share!

Session A: Tuesday, March 17th, 12pm
Cost: Member: Free Non-Member: \$3.28

New Member Mingle

Are you a brand new member this year? This special party is to welcome those who are new to our Center in 2015. Enjoy treats, meet new friends and pick up a personalized goodie bag. Explore new adventures with us!

Session A: Tuesday, March 31st, 1pm
Cost: Member: Free
Non-Member: New Members Only

Memory Social Hour

Join us for food, activities, fun and enjoyment. This is a support group for people with early stage memory loss and serves people with Alzheimer's or dementia, their caregivers and families. It gives everyone an opportunity to be themselves in a safe, supportive and non-judgmental environment while enjoying activities and entertainment.

For more information, call Elizabeth at (253)798-4090.

Snowman Social: The weather outside is frightful but a snowman social is delightful. Come in from the cold and warm up and enjoy some fun.

Session A: Thursday, January 22nd, 2pm

Sweets & Treats: Celebrate Valentine's Day! Join us for a treat that will be sweet and meet new friends!

Session B: Thursday, February 26th, 2pm

St. Patrick's Day: It's your lucky day! Join us for some luck and shamrock fun! Wear something green!

Session C: Thursday, March 26th, 2pm

When Pigs Fly: Come celebrate National Pigs in a Blanket Day with us!

Session D: Thursday, April 23rd, 2pm



Welcome Wednesdays

“Sometimes you want to go where everybody knows your name and they’re always glad you came.” Let the Lakewood Senior Activity Center be that place for you! **Join us on the 2nd Wednesday of each month at 11 am** for a tour and introduction to our programs. Dessert of the Month takes place at the same time. Don’t miss it!

- Session A:** Wednesday, January 14th
- Session B:** Wednesday, February 11th
- Session C:** Wednesday, March 11th
- Session D:** Wednesday, April 8th
- Cost:** Member: Free Non-Member: Free

Dessert of the Month

You are invited to join us for a mouth watering delicious treat. Each month there is a new delightful surprise. Sponsored by Narrows Glen.

- Session A:** Wednesday, January 14th
- Session B:** Wednesday, February 11th
- Session C:** Wednesday, March 11th
- Session D:** Wednesday, April 8th
- Cost:** Member: Free Non-Member: Free

Men’s Coffee Hour

Enjoy conversation and a great cup of coffee. This is a fellowship time for men that happens on the 2nd & 3rd Tuesday of the month.

- Session A:** Tuesday, January 13th & 20th
- Session B:** Tuesday, February 10th & 17th
- Session C:** Tuesday, March 10th & 17th
- Session D:** Tuesday, April 14th & 21st
- Cost:** Free

Cake Day

You are the guest of honor! Celebrate your birthday the first Tuesday of the Month. You are more than welcome to join us for cake, even if it’s not your birthday. Everyone is invited! Sponsored by the Weatherly Inn. 1st Tuesday of the month.

- Session A:** Tuesday, January 6th, 10am-12pm
- Session B:** Tuesday, February 3rd
- Session C:** Tuesday, March 3rd
- Session D:** Tuesday, April 7th

Cost: Member: Free Non-Member: Free

Red Hat Chapter- Ruby & Amethyst Divas

Welcome to “where there is fun after fifty (and before) for all women”. Silliness is the comedy relief of life, so we join red gloved hands and go for the gusto together. We share a bond of affection and an enthusiasm for wherever life takes us. **Call (253)798-4090 for more information.**

Happy Bookers Book Club

Do you love to read? Do you enjoy meeting others who love good books? Escape the everyday, read a great book and make new friends. Happy Bookers meet once a month to discuss the current book from Pierce County libraries’ Book Club Collection (both fiction and non-fiction award-winning books).

- Session A:** Thursday, January 8th, 10:30am
- Session B:** Thursday, February 12th, 10:30am
- Session C:** Thursday, March 12th, 10:30am
- Session D:** Thursday, April 9th, 10:30am

Creative Writing Workshop 101

Do you have memoirs, poems, or a story you have always wanted to write? Discover how to express yourself and join this group of writers for the encouragement to get started and to sharpen your writing skills. The class also offers suggestions and evaluation of your writing projects.

- Session A:** Mondays, January 5th-March 23rd, 9:30am-11:30am
- Session B:** Mondays, April 6th-June 15th, 9:30am-11:30am
- Cost:** Member: \$42 Non-Member: \$47.00

Card & Board Games

Mah Jongg: Tuesdays, 1:30pm
Cribbage: Thursdays. 10:30am



AARP Smart Driver Course

Drivers who are older than 55 can qualify for a reduction in their auto insurance rates by attending the AARP Driver Safety Program. We are a host site for the AARP Driving Class and offer one session every month. Space is limited. You must attend both days on the two-day classes. (Class length totals eight hours).

- Session A:** Wednesday, January 14th, 9am-5pm
Session B: Tuesday & Wednesday, February 17th & 18th, 12:30-4:40pm
Session C: Tuesday & Wednesday, March 10th & 11th, 9am-1pm
Session D: Wednesday, April 15th, 9am-5pm
Cost: \$15.00 AARP members
 \$20.00 Non AARP members

Do you Suffer from Neuropathy?

Are you suffering from the pain of neuropathy: tingling, numbness, burning feet, can't feel your feet and falling over? Learn about treatments from the latest research on neuropathy. Over 20 million people are suffering from this serious condition that damages the nerves in the body. It can affect everything from your quality of life, work, play and relationships. There is hope for you. Come hear how you can get your life back! Presented by Dr. Richard Waling from Lakewood Family Medicine and Chiropractic.

- Session A:** Thursday, February 26th, 1pm
Cost: Free Please RSVP



The Wise of Wound Care

Learn how chronic wounds can affect your life and those you love. Topics include; how to avoid chronic wounds and minimize complications, as well as learn more about some specific wound types, such as venous stasis, arterial and diabetic foot ulcers. In addition, the presentation will include treatment of chronic wounds and advances in healing techniques and strategies. Presented by St. Joseph's Wound Center.

- Session B:** Thursday, March 12th, 1pm

Cost: Free, Please RSVP
Pierce County's Military History: 1849-Present
 Becky Huber, President of Lakewood Historical Society, will share the fascinating military history of Lakewood and Pierce County. Even though Ft. Steilacoom was opened in 1849 because of the Indian Wars and military maneuvers were held starting in 1904 around American Lake, it wasn't until the United States entered "The Great War" in 1917 that Camp Lewis, today known as Joint Base Lewis-McChord (JBLM), was built. Thus began the strong partnership of JBLM and the surrounding Pierce County communities that is evident today.

- Session C:** Thursday, March 19th, 1pm
Cost: Free, Please RSVP

Humpty Dumpty and You:

If you had a fall, who would put you back together again, better yet learn what you can do to prevent falls! Presented by HeartWarming Care.

- Session D:** Thursday, April 9th, 1pm
Cost: Free, Please RSVP

Open Computer Lab

This computer lab is open for use by older adults who would like to practice what they have learned in classes, work on special projects and get hands-on experience using a computer. Volunteers are available each month to share information and answer questions.

- Time:** Fridays, 10 am-12 pm
Cost: Free

Thursday Open Computer Lab

Learn about general concepts, components and applications such as browsers, navigating and the internet, Google, Cloud Suites and more. Join us every 3rd Thursday of the month. Come check it out!

- Session A:** Thursday, January 15th, 3pm
Session B: Thursday, February 19th, 3pm
Session C: Thursday, March 19th, 3pm
Session D: Thursday, April 16th, 3pm

I Have an iPad, iPhone, iPod...Now What?

Learn how to set up and personalize your device. This class will cover internet, maps and driving directions, calendar, camera and photos, texting, music, and more! Learn how to share your calendar with all your apple devices, how to download and use "apps", and learn all about the amazing "Siri," who will listen to your voice commands!

- Session A:** Mondays, Jan 26th-Feb 23rd, 10am-12pm
Session B: Mondays, April 13th-May 4th, 10am-12pm
Cost: Member: \$40 Non-Member: \$45

Sumi Painting

Experience the simple pleasure of Asian ink painting. With practice, a few brush strokes evoke images of bamboo, birds, boats, flowers and Mt. Rainier. Beginners are welcome. Call for supply list.

- Session A:** Wednesdays, Jan 7th-Feb 11th, 9:30am-11:30am
- Session B:** Feb 25th-April 1st, 9:30am-11:30am
- Session C:** April 15th-May 20th, 9:30-11:30am
- Cost:** Member: \$56 Non-Member: \$62

Oil Painting for Fun

Beginners to experienced artists will find Carol's class to be a relaxed non-structured classroom environment. All skill levels welcome! Experience the creativity!

- Session A:** Mondays, March 9th-June 1st, 9:00am-12:00pm
- Session B:** Mondays, March 9th-June 1st, 12:30pm-3:30pm
- Cost:** Member: \$56 Non-Member: \$62

Woodcarving

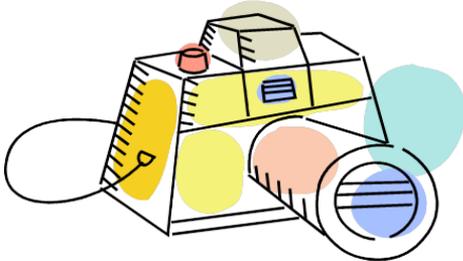
This class is dedicated to the art and skill of woodcarving. It will give the beginner carving enthusiast a solid foundation in the art. It will also help you develop the skills to add a personal and creative touch to your projects. Bring your projects, tools and enthusiasm.

- Session A:** Fridays, January 9th-March 13th, 9am-12pm
- Session B:** Fridays, March 27th-May 29th, 9am-12pm
- Cost:** Member: \$48 Non-Member: \$53

Principles of Photography

This course is designed to give the experienced, as well as the beginner photographer additional insight into the art, science and craft of photography. Learn photographic basics including, composition, light, color, electronic flash, filters and lenses.

- Session A:** Thursdays, January 8th-March 12th, 9am-11am
- Session B:** Thursdays, March 26th-May 28th, 9am-11am
- Cost:** Member: \$34 Non-Member: \$37



Sketching and Colored Pencil Combo

Have you always wanted to try your hand at drawing? This is your chance to explore sketching. Learn about tones and values, texture and pencil methods. We will use both colored pencils and a sketching pencil. Call for supply list.

- Session A:** Thursdays, Jan 15th-Feb 26th, 1:30pm-3:30pm
- Session B:** Thursday, March 5th-April 9th, 1:30pm-3:30pm
- Session C:** Thursdays, April 23rd-May 28th, 1:30pm-3:30pm
- Cost:** Member: \$32 Non-Member: \$37

Collage with Asian Papers

Explore the world of collage. We will play with Asian papers, treasures from the recycling bin and more. Be prepared to cut and paste! **Additional material fee: \$8.**

- Session A:** Fridays, February 13th-March 20th, 1pm-3pm
- Cost:** Member: \$50 Non-Member: \$55



Knotty Knitters

Meet, mingle and knit! If you have a passion for knitting, join this group of beginners and seasoned knitters. Drop in and learn the basics or share your talent and techniques. Grab your yarn and be knotty for a day! Beginners welcome! 1st & 3rd Wednesday of the Month, 1pm.

- Session A:** January 7th & 21st, 1pm-3pm
- Session B:** February 4th & 18th, 1pm-3pm
- Session C:** March 4th & 18th, 1pm-3pm
- Session D:** April 1st & 15th, 1pm-3pm
- Cost:** Free

Sassy Scrappers

Grab your photos and supplies and join your friends for an afternoon of scrapbooking. Expand your horizons, explore new techniques, try something new and meet new friends. Join us the first Thursday of the month from 1pm-3pm. Bring a snack and your creativity!

- Session A:** January 8th, 1pm-3pm
- Session B:** February 5th, 1pm-3pm
- Session C:** March 5th, 1pm-3pm
- Session D:** April 2nd, 1pm-3pm

Cost: Free
Drop-in Line Dancing

Grab your friends and exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Drop-in for a swingin' good time.

Session A: Tuesdays, 3pm
Cost: Free

Zumba Gold

Want to jump on the latest fitness trend? Jump on the Zumba Gold bandwagon. It is a combination of Latin dance and low-impact aerobic exercise for older adults with a little cha cha cha. Try it!

Session A: Tues & Thurs, Jan 6th-Feb 12th, 9am-9:45am
Session B: Tues & Thurs, Feb 17th-March 26th, 9am-9:45am
Session C: Tues & Thurs, March 31st-May 7th, 9am-9:45am
Cost: Member: \$32 Non-Member: \$37

Stretch & Strengthen

Improve your core strength, balance and improve your posture. Class includes warm-up, muscle-specific and abdominal exercises and stretching. Join us for the brand new class!

Session A: Tues & Thurs, Jan 6th-Feb 12th, 10am-10:55am
Session B: Tues & Thurs, Feb 17th-March 26th, 10am-10:55am
Session C: Tues & Thurs, March 31st-May 7th, 10am-10:55am
Cost: Member: \$32 Non-Member: \$37



Beginning & Intermediate Ballroom Dance

Learn basic and advanced steps, techniques and choreography. From Waltz to Swing, Cha Cha to Tango-your instructor will teach you how to identify music and be confident to dance at most social events. Partner suggested, but not required.

Session A: Mondays, January, 12th-March 2nd, 4pm-5pm
Session B: Mondays, March 9th-April 13th, 4pm-5pm
Session C: Mondays, April 20th-June 1st, 4pm-5pm

Cost: Member: \$32 Non-Member: \$37
Yoga Stretch Concepts

Traditional yoga poses with a mix of Tai Chi and Pilates will be taught with alternatives to accommodate mobility issues. Our goal is to create a supportive environment that encourages health benefits and psychological wellness. This class is for beginners and for the more experienced. Yoga mat suggested, but not required.

Session A: Mondays, January, 12th-March 2nd, 5:15pm-6:15pm
Session B: Mondays, March 9th-April 13th, 5:15pm-6:15pm
Session C: Mondays, April 20th-June 1st, 5:15pm-6:15pm

Cost: Member: \$31



Fit Happens

Instructor, Judi Floyd incorporates fun choreography with low-impact aerobics, uses light weights for muscle strength and concentrates on endurance, flexibility, balance and core strength.

Session A: M/W/F, January 5th-February 13th, 8am-9am
Session B: M/W/F, February 18th-March 27th, 8am-9am
Session C: M/W/F, March 30th-May 8th, 8am-9am
Cost: Member: \$32 Non-Member: \$37

Fitness & Fun

Enjoy this total body conditioning class that will help strengthen both your cardiovascular and muscular fitness. Balance exercises and stretching help round out this total body workout. Join the fun and meet new friends!

Session A: M/W/F, January 5th-February 13th, 9:30am-10:30am
Session B: M/W/F, February 18th-March 27th, 9:30am-10:30am
Session C: M/W/F, March 30th-May 8th, 9:30am-10:30am
Cost: Member: \$32 Non-Member: \$37

SAIL Class (Stay Active & Independent for Life)

Join us for a fun hour of exercise that includes light aerobics and strength training while focusing on balance, coordination, and falls prevention.

Session A: M/W/F, January 5th-February 13th, 10:35am-11:35am
Session B: M/W/F, February 18th-March 27th, 10:35am-11:35am
Session C: M/W/F, March 30th-May 8th, 10:35am-11:35am
Cost: Member: \$32 Non-Member: \$37

Registration/Payment Options	
In Person	Lakewood City Hall, 1st Floor M - F 8:30am - 5pm Cash/Check/Credit Card
By Phone	253.983.7887 M - F 8:30am - 5pm Visa/MasterCard Only
By Fax	253.589.3774 24 hour convenience Complete form on page 22. (Please Print Clearly)
By Mail	Send completed registration form (pg. 22) & payment to: Parks, Recreation & Community Services 6000 Main Street SW, Lakewood, WA 98499
Online	lakewoodparkandrec.com 24 hour convenience Visa/MasterCard only
Lakewood Senior Activity Center Programs	To register for any of the older adult programs, please contact the Lakewood Senior Activity Center - 253.798.4090 9112 Lakewood Drive SW #121 Lakewood, WA 98499

Registration

Most programs have a minimum and a maximum enrollment to ensure a quality experience for all participants. Please register at least five (5) business days in advance (payment must be received at the time of registration.) Programs may be cancelled (or combined) if minimum enrollments are not met at least five (5) business days prior to the start date of a program.

Gender Equity Statement

The City of Lakewood does not discriminate against any person on the basis of gender in the operation, conduct or administration of community athletic programs or sports facilities.

Any citizen who feels he/she has been the victim of discriminatory treatment in violation of this policy should report the concern to Parks, Recreation and Community Services Department staff at (253) 983-7887.

Inclement Weather

Lakewood Parks, Recreation and Community Services will follow the Clover Park School District's Weather Advisory. If the school district is closed, all recreation programs will be cancelled. If children have already arrived, parents will be notified to pick up their children immediately. If school opening is delayed, programs will operate as normally scheduled, unless special circumstances exist. Please call (253) 983-7887 or (253)798-4090 for the Lakewood Senior Activity Center for up-to-date program information. Inclement weather can also affect park use and trail conditions. Please use caution when visiting parks and trails during poor weather.

Recreation is for everyone!

Everyone in the Lakewood community will have the opportunity to equally participate in, benefit from and enjoy parks and recreation programs and facilities. We are dedicated to enriching the lives of all people participating in Lakewood Parks, Recreation and Community Services programs. If you are interested in a class or program, but hesitate to register because of a developmental or physical limitation, please contact the Parks, Recreation and Community Services Department at (253) 983-7887 or by e-mail at parks@cityoflakewood.us for assistance. Reasonable accommodations for special needs require a minimum of three weeks notice in advance of the program start date. Participants needing individual assistance in programs, including toileting, transferring, eating, dressing or behavior intervention, must bring an attendant/companion to the program.

Refunds

A \$10 administrative fee will be charged on all refund requests. Refund requests must be made in writing at least one week before the start date of a program, and sent to the Parks, Recreation and Community Services Department by mail, fax or e-mail. Refund requests will not be accepted beyond one week prior to the start of a program. Full refunds will be issued if we cancel a program due to insufficient registration. No refunds will be issued once an activity has begun. All refunds will be made in the form of a check. Trip/tour refund requests must be made 15 days in advance of the scheduled trip/tour date. No reservation refunds are granted due to poor weather conditions.



Parks, Recreation & Community Services

We see Lakewood as a healthy and vibrant community where opportunities abound.

6000 Main Street SW, Lakewood, WA 98499 • Phone: (253) 983-7887 • Fax: (253) 589-3774

Adult Last Name	First	Date of Birth
Street Address	City/State/Zip	Would like to receive e-mails about upcoming programs and events from Lakewood Parks, Recreation and Community Services? <input type="checkbox"/> Yes <input type="checkbox"/> No
E-mail Address		
Phone, daytime	Phone, evening	
Emergency Contact, Name	Emergency Contact, Phone	
How did you hear about the program(s)?		

Participant Name	M/F	Birthdate	Activity Name	Session	Day/Time	Fee
TOTAL						

PAYMENT DETAILS	
(Payment is due in full at time of registration)	
Total Fee: \$	
<input type="checkbox"/>	Cash
<input type="checkbox"/>	Check - #
<input type="checkbox"/>	Credit Card (indicate below):
<input type="checkbox"/>	Mastercard
<input type="checkbox"/>	Visa
Card #	
Exp. Date:	3-Digit Sec. #

Participants and parents/guardians of all participants are required to sign the following release. I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Lakewood, City of Lakewood Parks and Recreation Department, staff, instructors, coaches and volunteers for any claim arising from injury to my/our child. Furthermore, in case of an emergency, if my child or I should require medical attention, I give permission for a City of Lakewood representative, or the representatives designee, to secure the emergency medical attention required. Any direction to the contrary should be noted on the backside of this form and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

Signature (of participant, or parent/guardian of child participant)

Date:

Registration is NOT VALID without signed waiver and release.

Thank you Sponsors & Community Partners!

St. Clare Hospital
Narrows Glen
WSECU
Waste Connections
Drangsholt Orthodontics
The Weatherly Inn
Lakewood First Lions
Pierce County
Port of Tacoma
West Pierce Fire and Rescue
Kiwanis Club of Clover Park
House of Donuts
Franciscan WIC Clinic
Point Defiance Village
Harborstone Credit Union
Diabetes Association of
Washington
Alaska Gardens
Ace Van & Storage
Partners for Parks
Panorama
HeartWarming Care
Lakewood Mattress Ranch
PC Aging and Disability Services
South Sound Outreach Services
Lakewood YMCA
Tacoma South Sound
Sports Commission
Carlile Transportation
Pierce Transit
Manke Lumber
Smith Brothers Farms
Army Strong - JBLM
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- City Hall.....589-2489
- Abandoned Vehicles.....830-5080
- Animal Control.....830-5010
- Animal Licensing.....512-2269
- Building Inspectors.....512-2261
- Building Permits.....512-2261
- Business Licenses.....512-2261
- City Council.....589-2489
- City Manager589-2489
- Code Enforcement.....512-2261
- Community Development
Department.....512-2261
- Economic Development.....589-2489
- Housing Programs.....983-7785
- Human Services.....983-7756
- Information Line
(automated).....512-2264
- Garage Sale Permits.....512-2261
- Municipal Court.....512-2258
- Noise Complaints.....798-4721
- Parks & Recreation.....983-7887
- Rain Out Line.....983-7794
- Police Department
Main Desk.....830-5000
- Non-emergency only.....798-4721
- Drug Tip Hotline.....830-5049
- Sex Offender Info.....830-5095
- Public Works Department
Main Desk.....983-7795
- Potholes/Street lights.....267-1628
- Street signage.....531-6990
- Senior Activity Center.....798-4090
- Traffic Complaints.....830-5072
- Traffic Infractions.....512-2258
- Vehicle Licensing.....588-7786
- Zoning.....512-2261

Contact the



Lakewood City Hall

589-2489
589-3774 (fax)
6000 Main Street SW
Lakewood WA 98499

Lakewood Police Dept.

830-5000
830-5069 (fax)
9401 Lakewood Drive SW
Lakewood, WA 98499
policefrontdesk@cityoflakewood.us

Lakewood Senior Activity Center

798-4090
9112 Lakewood Drive SW
Lakewood, WA 98499
escheid@cityoflakewood.us

Municipal Court

512-2258
512-2267 (fax)
6000 Main Street SW
Lakewood, WA 98499
CityCourt@cityoflakewood.us

Other Phone Numbers

- Burn Ban800-595-4341
- Cable TV
(Comcast).....877-824-2288
- Clover Park
School District.....583-5000
- Domestic Violence Helpline
.....798-4166 or 800-764-2420
- Earthquake/Floods798-7470
- Electric Companies
Lakeview Light584-6060
- Puget Sound Energy.....888-225-5773
- Gas Leaks888-225-5773
- Humane Society383-2733
- Lakewood Chamber582-9400
- Lakewood Historical Society682--3480
- Lakewood Library582-6040
- Lakewood Refuse588-1705
- Lakewood Water District.....588-4423
- Marriage Licenses798-7435
- PetData866-594-1283
- Pierce County Sewer565-3440
- CenturyLink
Communications800-244-1111
- Safe Streets584-0404
- Tacoma Public Utilities.....383-2471
- Tillicum Library588-1014
- West Pierce Fire & Rescue.....564-1623

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