

CASCADE ORIENTEERING CLUB



How well do you know Fort Steilacoom Park?

You have a map, a compass, and a mission: To find all of the checkpoints (control markers) on your map in the least amount of time, relying on your own wits. Go solo or with a group: run, walk, it's up to you! A perfect activity to get the whole family outdoors, finding checkpoints is like a treasure hunt. This activity also helps Scouts fulfill badge requirements. Cascade Orienteering Club is teaming up with Lakewood

Parks and Rec to provide special newcomer instruction and training; followed by your choice of the beginner or intermediate course. Please bring your own compass if you would like to use it, compasses are optional and beginner and intermediate courses may be completed easily without a compass.

Fort Steilacoom Park

Saturday January 7, 2017

Training: 10:30, 11:00, 11:30, 12:00

Beginner course between 1-2.5K

Intermediate course between 2-3K

Pre-Register: <http://cascadeoc.org/event/winter-series-wiol-5/>

\$20 standard pre-registration entry (group/family/team/solo same price) includes training. Sign up for the "Lakewood Parks and Rec Training and Orienteering Course". Limited Number of spots; this activity may sell out! Registration closes the Monday before the event.

Participation by pre-registration only, this event will take place on a public course during a regular meet. Come participate in your own course while watching local elementary through high school teams compete.