WHAT ITEMS ARE NEEDED MOST TO PROVIDE FOR HUNGRY INDIVIDUALS IN OUR COMMUNITY?

FUND DONATIONS
$1 donation can provide a full day of nutritious meals for a hungry individual

Gifts can be made in cash, check or credit card using our donation envelopes or through our secure website, www.foodlifeline.org.

HIGH PROTEIN FOODS
- Canned tuna/salmon
- Beef stew/chili
- Peanut butter/nuts
- Beans/legumes

BABY ITEMS
- Infant formula
- Diapers
- Baby food
  (boxes or plastic tubs only; no glass jar due to safety issues)

CANNED & DRY GOODS
- Rice & Pasta
- Breakfast Cereal
- Oatmeal
- Sauces & spices
- Macaroni & cheese
- Canned fruits & vegetables

PERSONAL CARE ITEMS
- Toothpaste & toothbrushes
- Toilet Paper & facial tissues
- Shampoo & conditioner
- Feminine hygiene products
- Deodorant
- Soap

In keeping with food safety guidelines we are not able to accept:
- Homemade foods
- Non-commercially packaged items
- Open or partially used items

ALL FOOD STAYS IN OUR LOCAL COMMUNITY

Please don’t let 1 in 6 FAMILIES GO HUNGRY

DONATE HERE
or online at Q13FOX.com